

RETRouvaille™

... A LIFELINE FOR MARRIAGES™

A program to Help Couples Heal and Renew their Marriages.

Do you feel lost, alone or bored in your marriage?  
Are you frustrated, hurt or angry with your spouse?  
Are you constantly fighting? Or, do you simply shut down?  
Have you thought about separation or divorce?  
Does talking about it only make it worse?

... Retrouvaille provides marriage help!

What is a Retrouvaille Program?

The word Retrouvaille™ (pronounced re-tro-vi with a long i.) is a French word meaning rediscovery. The program offers tools needed to rediscover a loving marriage relationship. Thousands of couples headed for cold, unloving relationships or divorce have successfully overcome their marriage problems by attending the program.

The Retrouvaille Program consists of a weekend experience combined with a series of 6-12 post-weekend sessions over 3 months. It provides the tools to help put your marriage in order again. The main emphasis of the program is on communication in marriage between husband and wife. It will give you the opportunity to rediscover each other and examine your lives together in a new and positive way.

What the Program is not.

It is not a retreat, marriage counseling, or a sensitivity group. There are neither group dynamics nor group discussions on the weekend. It is not a time for hurting; it is a time for healing.

Who is it for?

It is for couples with marital problems including those who are considering marriage separation and those who are already separated or divorced that want marriage help.

Some couples come to Retrouvaille during the initial signs of a marriage problem. Other couples are in a state of despair and hopelessness when they attend the program. These latter couples often consider the Retrouvaille program their final option.

Many lawyers and judges send couples to Retrouvaille as a prerequisite to filing for a divorce or rendering final decisions. Many marriage counselors send their clients to Retrouvaille as a prerequisite to marriage counseling. These professionals know that the tools of communication in marriage taught in the program are often what couples need.

The Retrouvaille program is not designed nor intended for couples in a co-habiting relationship.

### What Happens During a Retrouvaille Program?

During the weekend phase, a team of three couples and a priest or three couples and a Christian minister & spouse give a series of presentations. The weekend is not a spiritual retreat, not a marriage encounter or marriage seminar although it does have characteristics of each of these and much more. You will, however, be encouraged to put the past behind you and start rediscovering each other.

The team presents a technique of communication that enables you to take a good look at most areas of your relationship. The team does not provide marriage advice. The team provides practical tools for improving your marriage. They will share how they were able to benefit from these techniques themselves. After each presentation you will have a chance to reflect on it by yourself, then discuss it in complete privacy with your spouse.

The weekend is not a 'miracle cure'; therefore, the post-weekend sessions have been designed to continue the marriage renewal begun on the weekend. The post-weekend phase is as crucial, maybe more critical, to the healing of marriage problems. During the post-weekend sessions, the technique learned on the weekend is further developed and is used to explore additional areas of the marriage relationship.

### When and Where?

The program is offered on scheduled weekends beginning Friday evening, and closing with Mass or devotional service late Sunday afternoon. The post-weekend sessions last a minimum of two hours and often longer depending on the configuration presented in your local community. The post-weekend sessions are scheduled at various times of the week in each community.

The volunteers in your local Retrouvaille Community schedule facilities for both the weekend and the post-weekend phases of the program. Contact the Retrouvaille community closest to you for specific information about the location of the program. All contacts are held in the strictest confidence.

### Do I have to be Catholic?

Retrouvaille is Catholic in origin. Couples of all faiths and those with no faith tradition are welcome and encouraged to attend. Christian Multi-Denomination (CMD) weekends may also be available in some areas. On CMD weekends, a Christian minister and spouse take the place of the priest on the presenting team.

Will someone try to convert me?

The program is not designed to promote a specific religion. Atheists, agnostics and those of various religions are respected for their beliefs and encouraged to attend for the benefit of their marriage.

No attempt is made to convert anyone to a religion. Saving a marriage is our focus. The ultimate goal of Retrouvaille is solely to help save marriages.

What does the Program Cost?

Each couple is asked to make a donation to help cover the cost of the program. This one donation covers all the expenses of the weekend and the post-weekend sessions. Weekend lodging, meals and materials are all covered by this single donation.

Costs vary from location to location. Contact the Retrouvaille community closest to you for specific information about the amount of donation they request. A registration fee is required when you register for the program to confirm your accommodations. Space is limited so early registration is encouraged.

No couple is ever denied the chance to heal and renew their marriage because of lack of funds.

How do I learn more?

Details about the program, including the cost, vary from location to location. Contact the Retrouvaille community closest to you or call 800-470-2230 in the United States. Or, press the "Get Help Now" button at the bottom of any page. All contacts are held in the strictest confidence.

Or call 1-800-470-2230 in the United States

© 2014 Retrouvaille.

<http://www.retrouvaille.org/>