

May 31, 2020

ST SAINT HENRY Church

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PENTECOST SUNDAY

Jesus said to them again,
“Peace be with you. As the Father has sent me, so I send you.”
- John 20:21

Calendar for May 31 - June 7

Sunday May 31 Pentecost

Monday June 1

Tuesday June 2

St. Vincent de Paul Pantry 10am - 12noon

Wednesday June 3

Thursday June 4

Day Shelter 1:00pm

Friday June 5

Saturday June 6

St. Vincent de Paul Pantry 10am - 12noon

Sunday June 7

All Masses at this time are videoed Masses, please see our website. Also, links to the Catholic Sentinel, Facebook and so much more can be found on St. Henry website: sthenrygresham.org



After the live stream Masses, the faithful will be offered Holy Communion reverently in the parking lot. The faithful will remain in their cars, leaving a space from other cars. This will occur immediately following the Mass. The priest will approach the car with communion, maintaining physical distancing. Please receive on the outstretched, sanitized hand. An usher will follow with an offertory basket for those who wish to leave their gift. We will evaluate this practice week by week. Thank you for your support, understanding and patience during this time.

Administrative Council

Tom Barrie, Robert Ferek, Deacon Larry Loumena,
Raul Ramirez, Jesús Torres, Dan Troglin

Pastoral Council

Chair... Glenn Zmuda
Organizations... Sharon Williams
Vocations... Doug Klein
Outreach/Catholic Action... Don Schantz
Spanish Liaison... Guillermina Hernandez
Education... Terry Tygielska
Communications... Art Abbott
Board Membership... Marcy Marlow
Evangelization... Gerald McAfee

Mass Intentions June 1 - 7

M	-June Vining	(Vining Family)
T	+Greg Fuleki	(Margaret Fuleki)
W	+Lois Swofford	(Staff)
T	George Sullivan +Daniel Perez Apodaca	(Terese Allred & Family) (Staff)
F	+Leo Charles Volk	(Staff)
S	+Juliane Cordula Parish Family	(Staff) (Fr. Charles Zach)
S	+William Hunter	(Staff)

Prayer List

“What you ask in my name, I will do” John 14:13.

Please pray for...Janell Beaudry, Thomas Bourgo, Matthew Jude Branson, Imelda Broyles, Donald Caldwell, Pete Clark, Bryan Donnelly, Sonya Fellis, Brenda Finnerty, David Heitzman, Harold Heitzman, George Lee Held, Lisa Hills, Sindi Jackson, Janna Kelly, Mary Lafferty, Sarah Marek, Dawn Martian, Duane Martian, Jim Martin, Gladie Mederios, Dr. Richard H. Miller, Ayden Mills, Patricia Mulkey, David Nadeau, Kerri O’Leary, Connie Ostlund, Nicole Price, Gwen Ragnone, Norm Ragnone, Vickie Rizzo, Jerry Ruff, Lori Scienski, Lyn Stevens, Shay Van Smith, Rob Walsh, Zabloudil Family. **Please call the office if you would like to be included on this list.**

Out of respect for an individuals privacy, we print only the names of those who give their permission to have their names published.

Please pray for Lois Swofford, Jesus Ramirez and Daniel Perez who have recently died. May Lois, Jesus and Daniel and all the faithfully departed rest in peace.



Staff

Pastor... Fr. Charles Zach
Parochial Vicar / Habla Español... Fr. Julio Torres
Deacon... Larry Loumena
Deacon / Habla Español... Lou De Sitter
Business Manager... Claire Clow
Bookkeeper... Anita Weber
Administrative Assistant... Terri Heitzman
Parish Secretary... Veronikka Mayer
Maintenance / Grounds... Ed Kurtz
Liturgy / Sacraments... Sara Wise
Faith Formation... Jeanne Chambers
Youth Ministry... Emma Hoke
RCIA / Adult Education... Connie Ostlund
Music... Barbara Adams

Pastor's Note ~ Pentecost 2020 – Happy Birthday!

Brothers and Sisters, the Gospel of John doesn't mention how long the disciples and Mary were there in the Upper Room. But it also points out that the disciples were in a safe place. It was locked. Safe, until the Lord called them out of their safety. In John's Gospel He breathed on them. He gave them life just as His Father had breathed on Adam and gave him life. "As the Father has sent me, so I send you," Jesus said. And in those words they were called out of comfort, out of safety and into the dangerous life of proclaiming Jesus Christ.



In the Acts of the Apostles, the apostles received the Holy Spirit in the symbols of fire and wind, and immediately left the safety of the Upper Room to proclaim the Good News. The apostles were doing exactly what Jesus did before He was put to death. They were risking their lives, losing their lives, for the Kingdom of God. They gave up their safe place, for the safety of the Kingdom.

We too are called out of our "safe" zones. Blessed Mother Theresa of Calcutta said, "If you want to give God a good laugh, tell Him your plans." That is because He has plans for each of us beyond our imaginations, plans, ways, that we can bring His love to others.

The strength that the young couple has to care for their special needs child is an empowerment of the Spirit. The strength that the elderly husband or wife has to care for their sick spouse is an empowerment of the Spirit. The strength that we have to step away from relationships that are stifling our growth is an empowerment of the Spirit. The strength of the Holy Spirit is given to us so that our lives might be proclamations of the Gospel. **Today we celebrate** the Spirit that empowers us to leave our comfort zone, to leave our places of safety, to leave our security, and to leap into the challenge of the Gospel. Today we pray that we might have the courage of our convictions. **Today we pray** that we will be people of Pentecost. Jesus' last words in the gospel of John, "Follow me." Means to continue coming, seeing, believing. For we are the sequel to the never ending story of which John refers, "If we were to write down everything that Jesus did, there would not be enough space in all the earth to contain the words!"

As the many tomb stones are reminders from Normandy to Portland Willamette National cemeteries, from Gresham Forest Lawn to Calvary and Gethsemani cemeteries, memorials to be remembered, so this weekend of Pentecost, we are encouraged to look backward at the "signs" of our times, so we can follow Him forward into His times. To communicate something profound, it is best said **in your own tongue**. Thus the speaking in tongues! And it is in the symbols of wind and fire and the noise of thunder that the Spirit is revealed, ever growing and uncontained power! All about Enthusiasm!

What would our acts of Pentecost look like? Daring ways? Like when we stand up for someone who is being bullied...risking ridicule ourselves!...risking losing friends! daily acts of fearlessness that takes us through the most frightening and rugged terrain to a place of peace and joy, yes even abandon.

Pentecost extends Christmas and Easter into time and space. Yes, today's birthday of the Church extends the continuing message of Jesus, and this continues to be the staging area. Let the parish of St Henry be filled with breath, fire and energy as we take the Spirit into our world as the Body of Christ.

May all of you stay healthy, optimistic and joyful in the Lord Jesus Christ!

Lovingly in Jesus Name, **Fr. Charles**

Justice and Peace ~ Pope Francis The Joy of the Gospel 205

"I beg the Lord to grant us more politicians who are genuinely disturbed by the state of society, the people, the lives of the poor! It is vital that government leaders and financial leaders take heed and broaden their horizons, working to ensure that all citizens have dignified work, education, and healthcare. Why not turn to God and ask him to inspire their plans? I am firmly convinced that openness to the transcendent can bring about a new political and economic mindset which would help to break down the wall of separation between the economy and the common good of society."

Respect Life ~ Spiritual Adoption / Fourth Month, May

Your baby has now completed 4 months of life and is entering the second trimester. As he/she gets bigger, moving around is happening more, but Mom doesn't feel it yet. Just wait. Besides moving, there are many other changes happening, like an increased production of nerve cells (increasing sensitivity to pain), nostrils and toenails are visible, sucking its thumb and grabbing with its hand, and developing sleeping habits. The ovaries of a girl now contain the beginnings of eggs. The baby has a strong heart beat and active muscles. Our baby's size is about 6 1/2 inches long and weighs 4 ounces.

Did you know that a "woman's first full-term pregnancy reduces her risk of breast cancer. Aborting a first pregnancy before 32 weeks eliminates the protective affect against breast cancer for that woman". (American Association of Pro-life Obstetricians and Gynecologists (AAPLOG), Induced Abortion and Subsequent Breast Cancer Risk: An Overview (2008))

The threat of abortion at this time in our baby's life is still real. Keep praying for your baby's continued growth, and for their mothers. Prayer: Jesus, protect and save the unborn.

Pentecost Sequence

Come, Holy Spirit, come!
And from your celestial home
Shed a ray of light divine!
Come, Father of the poor!
Come, source of all our store!
Come, within our bosoms shine.
You, of comforters the best;
You, the soul's most welcome guest;
Sweet refreshment here below;
In our labor, rest most sweet;
Grateful coolness in the heat;
Solace in the midst of woe.
O most blessed Light divine,
Shine within these hearts of yours,
And our inmost being fill!
Where you are not, we have naught,

Nothing good in deed or thought,
Nothing free from taint of ill.
Heal our wounds, our strength renew;
On our dryness pour your dew;
Wash the stains of guilt away:
Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.
On the faithful, who adore
And confess you, evermore
In your sevenfold gift descend;
Give them virtue's sure reward;
Give them your salvation, Lord;
Give them joys that never end. Amen.
Alleluia.

Recognize God in Your Ordinary Moments ~ We Are Never Alone

My children want my help sometimes, and other times, not so much. I remember being a teenager and young adult myself. At times, I thought I knew everything. I didn't need help because I was just so darn smart. Truth is, I needed to find my own way. I needed to stretch my wings and prove to myself and my family I could fly. I assume that is what is happening with my own children as well. It just seems so different now that I'm the parent.

Human beings need help. We need community, and we need to rely on one another. At Pentecost, we reflect on Jesus sending to the Church a helper, the Holy Spirit. God interacting with us in this manner means we are never truly alone. We focus most of the time on the Spirit of God as the assistance we need, and we do need Him for sure. However, since it is that very same Spirit that turned us into "Church" from a band of people looking to carry on after Jesus' ascension, at Pentecost we gained more than divine help: we gained each other.

Today, the Church needs help in a profound way. We need to lean on the Holy Spirit to blow through the Church with a profound renewal. But we cannot forget that we have been given each other to lean on as well. We are a gift to each other, and together with the Spirit's help, we are the Body of Christ here on earth. We must be strong and stand for one another. If we do that, this Pentecost will bear fruit that will be with us for many Pentecosts to come. —Tracy Earl Welliver, MTS

Did You Know ~ Tithing vs. Stewardship



Question:

What is the difference between tithing and stewardship?

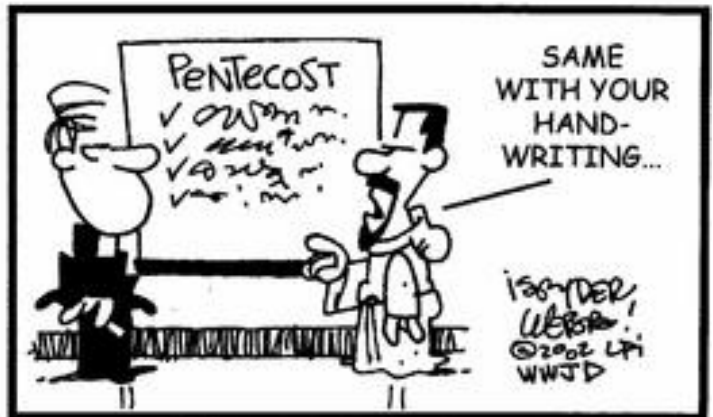
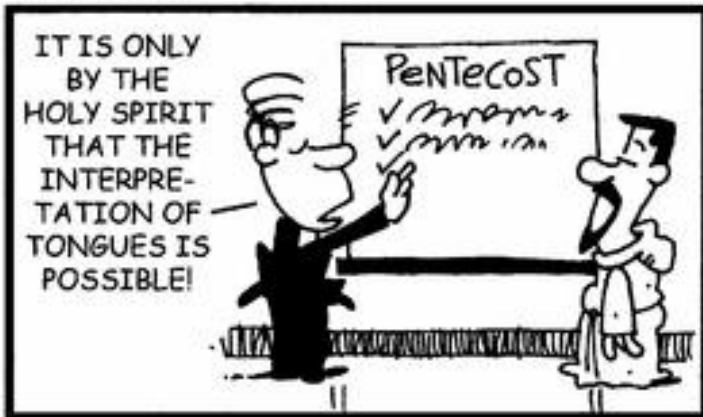
Answer:

Both tithing and stewardship are part of a spiritual way of life that calls us to use all of our resources for the service of the Gospel. Everything we are and everything we have comes from God. Offering back to God what He has given us is part of how we worship and give thanks to God.

Tithing is the practice of giving back 10 percent of what we earn. It comes from the Old English word for "ten." The first Scriptural example of tithing came from Abraham who gave a tenth of his possessions to the priest Melchizedek. He did so as an act of thanksgiving to God.

Stewardship as a way of life calls us to use well all that we have and all that we are, placing all things in service of others and God. Stewardship helps us see the good we can accomplish by making God and our spiritual life the most important values in our life. Whatever we accumulate in this life stays here. We can't take it with us! Both tithing and stewardship help us remember that nothing is mine or even ours ... all belongs to God. ©LPI

PENTECOST

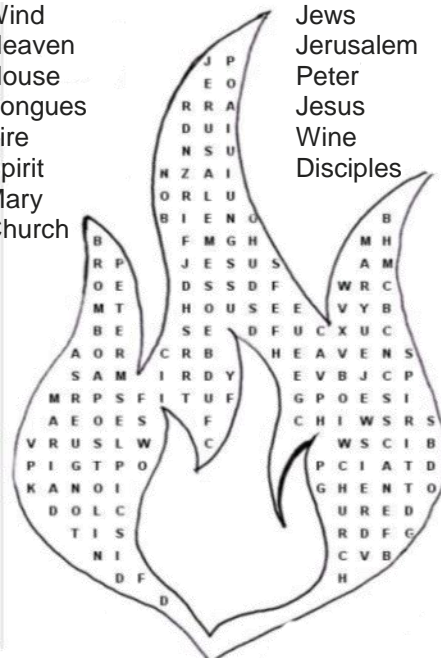


Read the Gospel and Color



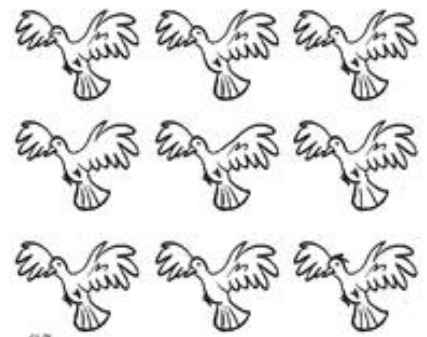
Wind
Heaven
House
Tongues
Fire
Spirit
Mary
Church

Jews
Jerusalem
Peter
Jesus
Wine
Disciples



Puzzle

Circle the two identical doves!



Mission for the Week

Ask the Holy Spirit to help you forgive others.

Weekly Readings and Observances for the Week of May 31

SUN	5/31	Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39. Extended Vigil: Gn 11:1-9/Ps 33:10-11, 12-13, 14-15/Ex 19:3-8a, 16-20b/Dn 3:52, 53, 55, 56 [52b] or Ps 19:8, 9, 10, 11/Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9 [1]/Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39. Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 [cf. 30]/1 Cor 12:3b-7, 12-13/Jn 20:19-23
MON	6/1	Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 5, 6-7/Jn 19:25-34
TUE	6/2	2 Pt 3:12-15a, 17-18/Ps 90:2, 3-4, 10, 14 and 16 [1]/Mk 12:13-17
WED	6/3	2 Tm 1:1-3, 6-12/Ps 123:1b-2ab, 2cdef [1b]/Mk 12:18-27
THU	6/4	2 Tm 2:8-15/Ps 4-5ab, 8-9, 10 and 14 [4]/Mk 12:28-34
FRI	6/5	2 Tm 3:10-17/Ps 119:157, 160, 161, 165, 166, 168 [165a]/Mk 12:35-37
SAT	6/6	2 Tm 4:1-8/Ps 71:8-9, 14-15ab, 16-17, 22 [cf. 15ab]/Mk 12:38-44
SUN	6/7	Ex 34:4b-6, 8-9/Dn 3:52, 53, 54, 55, 56 [52b]/2 Cor 13:11-13/Jn 3:16-18

Sunday: Pentecost Sunday

Monday: The Blessed Virgin Mary, Mother of the Church

Tuesday: Sts. Marcellinus and Peter, Martyrs

Wednesday: St. Charles Lwanga and Companions, Martyrs

Thursday:

Friday: St. Boniface, Bishop and Martyr

Saturday: St. Norbert, Bishop

Next Sunday: The Most Holy Trinity



Gospel Meditation ~ Pentecost Sunday

You can feel so small standing by the seashore. The vastness of all that is before you expands much farther than your eye can see. What is happening on the other side? As tides continue to ebb and flow, what occurs as they come and go remains largely a mystery and the effects of their presence unknown in your sight. Yet, things are moving and changing as you gaze upon the water, as the thumbprint of their presence is left behind. The greater the wind and wave, the greater the effect. But even a gentle breeze leaves its humble mark upon the seashore on which you stand. The smallest pebble still makes a ripple in the great blue expanse of ocean waters. It doesn't need to be big.

You never know the full impact of your smallest gesture or simplest of words. A yes or no, agree or disagree, here or there, this or that can influence time and history in ways you may never know. The Holy Spirit is like that: fierce and torrential, and then almost still and silent, creating and recreating nonetheless. Coming as a gentle breeze or a gusty wind, God's Holy Spirit continues to move over, around, and into the waters of our lives. The Spirit brings fruit and unknown possibilities to what we humbly bring with us and that same Spirit eventually brings all to fulfillment in Christ.

The first disciples didn't have much. They possessed simple faith and a willingness to go into uncharted territory with a love of their friend-God, humble offerings, and a knowledge that they were not alone. This allowed them to do amazing things with very little. Do you believe that you are being led and that you have a purposeful life? We often do not realize our value because we do not think that the little we have is good enough. How wrong we are! A little flour mixed with water and embraced by a prayer of blessing transforms simple offerings into the magnificent Eucharistic presence of God. If the Holy Spirit can do such amazing things with these humble gifts of the earth, even more can happen with you. Don't underestimate the value of the smile you gave a stranger, the door held open for an elderly widow, the listening ear offered to one who was lonely, the tolerance given to the wounded soul who is angry, and the loving shoulder you offered as a cradle under the head of someone in pain. Modest gifts offered with love can be transformed by the Spirit into

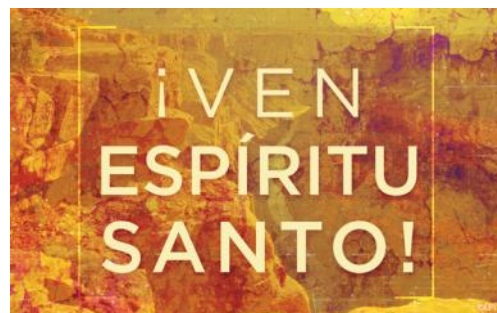
wondrous blessings you may never know. It's Pentecost. Trust. You are not alone. ©LPi

Las Lecturas de la Semana del 31 de Mayo de 2020

Domingo	Vigilia: Gn 11, 1-9 o Ex 19, 3-8. 16-20 o Ez 37, 1-14 o Jl 3, 1-5/Sal 104, 1-2. 24. 35. 27-28. 29. 30 [cfr. 30]/Rom 8, 22-27/Jn 7, 37-39. Vigilia extendida: Gn 11, 1-9/Sal 33, 10-11. 12-13. 14-15/Ex 19, 3-8. 16-20/Dn 3, 52. 53. 55. 56 [52] o Sal 19, 8. 9. 10. 11/Ez 37, 1-14/Sal 107, 2-3. 4-5. 6-7. 8-9 [1]/Jl 3, 1-5/Sal 104, 1-2. 24. 35. 27-28. 29. 30 [cfr. 30]/Rom 8, 22-27/Jn 7, 37-39. Día: Hch 2, 1-11/Sal 104, 1. 24. 29-30. 31. 34 [cfr. 30]/1 Cor 12, 3-7. 12-13/Jn 20, 19-23
Lunes	Gn 3, 9-15. 20 o Hch 1, 12-14/Sal 87, 1-2. 3 y 5. 6-7/Jn 19, 25-34
Martes	2 Pe 3, 12-15. 17-18/Sal 90, 2. 3-4. 10. 14 y 16 [1]/Mc 12, 13-17
Miércoles	2 Tim 1, 1-3. 6-12/Sal 123, 1-2. 2 [1]/Mc 12, 18-27
Jueves	2 Tim 2, 8-15/Sal 4-5. 8-9. 10 y 14 [4]/Mc 12, 28-34
Viernes	2 Tim 3, 10-17/Sal 119, 157. 160. 161. 165. 166. 168 [165]/Mc 12, 35-37
Sábado	2 Tim 4, 1-8/Sal 71, 8-9. 14-15. 16-17. 22 [cfr. 15]/Mc 12, 38-44
Domingo siguiente	Ex 34, 4-6. 8-9/Dn 3, 52. 53. 54. 55. 56 [52]/2 Cor 13, 11-13/Jn 3, 16-18

Las Conmemoraciones de la Semana del 31 de Mayo de 2020

Domingo: Domingo de Pentecostés
 Lunes: Santísima Virgen María, Madre de la Iglesia
 Martes: Santos Marcelino y Pedro, mártires
 Miércoles: San Carlos Lwanga y compañeros, mártires
 Jueves:
 Viernes: San Bonifacio, obispo y mártir
 Sábado: San Norberto, obispo
 Domingo siguiente: La Santísima Trinidad



Meditación del Evangelio ~ Domingo de Pentecostés

“Todos quedaron muy desconcertados porque cada uno los oía hablar en su propia lengua.” (Hechos 2:6). Pentecostés es un estallido del poder de Dios que toca el fondo del corazón de cada persona que está presente. Eso es lo que experimentaron los discípulos aquel día y es lo que la Iglesia experimenta ahora en cada persona que se deja guiar por el Espíritu. Jesús ha sido el portador del Espíritu Santo. La comunidad cristiana nace en este momento y tiene como modelo a Jesús.

El Espíritu Santo tiene el papel central de nuestra vida cristiana. Sin él, nada podemos hacer; la vida de fe sería solo vana ilusión. El Espíritu todo lo unifica; con él se terminan los desacuerdos todo se entiende, se habla el mismo idioma. Hoy celebramos la victoria Pascual de Jesucristo y esto llena de gozo la liturgia. ¡Ven Espíritu Santo y danos tus siete dones! Para llenarnos del fuego de tu amor en la familia, comunidad y en la sociedad en general. Para sanar nuestros corazones heridos de tanta violencia e injusticia. Para fortalecernos en nuestras debilidades. Para que seamos misioneros entregados al fuego de tu amor. La Pascua termina con esta celebración, pero el fuego en el corazón nunca debe de irse. “La historia de los discípulos, que parecía haber llegado a su final, es en definitiva renovada por la juventud del Espíritu: aquellos jóvenes que, poseídos por la incertidumbre pensaban que habían llegado al final, fueron transformados por una alegría que los hizo renacer. El Espíritu Santo hizo esto.” (Papa Francisco Homilía de Pentecostés). ¿Qué don en especial pides al Espíritu Santo en este día? ©LP