

## READING RESOURCES on ABUSE

### **Healing the Wounds of Emotional Abuse**

By: Nancy Benvenga

This book addresses the subject of emotional child abuse clearly and objectively. It provides valuable information to those who have been victims of abuse as well as those who wish to learn more about this important subject. **21.BENV**

### **Sober Spring**

By: Robert Bollendorf

This book is witness to the human tragedies, the pain, the sorrow of chemical dependency. It is also witness to the joy and the hope that comes with treatment. **21.BOLL**

### **Breach of Trust/Breach of Faith**

By: CCCB

The general objectives of the five study sessions in this booklet are to increase awareness of the nature of abuse and to promote actions that will purge this evil from society and the Church. **21.CCCB -2**

### **From Pain to Hope**

By: CCCB

Report from the Ad Hoc Committee on Child Sexual Abuse. **21.CCCB**

### **Child Sexual Abuse**

Health and Welfare Canada

Guidelines for Community Workers. A report of the Federal Working Group. **21.HEAL**

### **Divine Therapy & Addiction: Centering Prayer and the Twelve Steps**

Thomas Keating

Lantern Books, 2009

Father Keating reflects on the wisdom and legacy of the Alcoholic Anonymous Twelve Step Method and its connections to, and similarities with, the Christian mystical traditions of centering prayer and Lectio Divina. **21.KEAT**

### **Not My Kid!**

By: Earnest Larsen, C. ss.R.

Revealing letters from kids who were asked about their attitude toward alcohol, sex and drugs, and how much pressure they are under to confirm to the postures of their peers. **21.LARS**

### **Together We Heal**

Sylvain Lavoie, OMI

Novalis, 2014

A practical resource for those working with survivors of sexual abuse who are ready to move towards healing. Outlined in an easy-to-understand, straightforward manner, each of the 12 steps has been adapted to address the different phases of the healing process. The book includes helpful information on how to establish a relationship of trust, hear and validate people's stories, create emotional bridges and provide a safe environment. **21.LAVO**

### **Sexual Abuse in the Church**

By: Rev. John Allan Loftus, S.J.

A quest for understanding. **21.LOFT**

### **Breakthrough: Alcoholism & Chemical Dependency**

By: Ruth Maxwell

A series of tested techniques designed to help you break down the addicted person's resistance to treatment and break free of the tyranny of chemical dependence *before* the problems become too devastating to handle. **21.MAXW**

### **Reaching for Solutions**

By: Rix Rogers

A report of the Special Advisor to the Minister of National Health and Welfare on Child Sexual Abuse in

Canada. **21.MINI**

**Retarded Children: God's Children** By: Sigurd D. Petersen

The author approaches the subject of mental illness from the point of view of the patient's family. He explains that although mental illness sometimes makes people rebellious and brooding, it can serve as a challenge to seek deeper and more meaningful ways of living. **21.PETE**

**The Twelve Steps: A Spiritual Journey** Recovery Publications

*The Twelve Steps* is a guide for recovery based on Bible truths, self-understanding and the unchanging love of God for all his children. It contains explicit, detailed writing exercises for each step on the road to recovery. **21.RECO**

**Sometimes God Has a Kid's Face** By: Bruce Ritter

The story of America's exploited street kids. **21.RITT**

**Man and Woman He Made Them** By: Jean Vanier

Drawing on over 20 years' experience of Christian community life with people who are mentally handicapped and their assistants the author explores the implications of the relationship of man and woman from a Christian and a community standpoint. **21.VANI**

**Take and Make Holy**

Mari West Zimmerman

**PUBLISHER:** Lit. Training Pub.

Recovery from abuse - sexual, physical or ritual - is a long process of mental, emotional and spiritual healing. Prayer along and with a supportive community is an important element in that healing. The prayer services in this book honour the mystery of God's presence in a survivor's experience of healing. They follow approximately the sequence of milestones in the recovery process and are meant to accompany, not replace, professional therapy. Counsellors, therapists, spiritual directors, pastors and, of course, abuse survivors will find this a helpful resource for both individual and group prayer. **LENGTH:** 198 pages **BOOK #** 21.ZIMM

## **VIDEO RESOURCES**