

FIRST HOLY COMMUNION/EUCHARIST RESOURCES

The Ministry of Communion

Pastoral Guidelines for the ministry of communion and the appointment of special ministers of the Eucharist. Archdiocese of Kingston. **32.ARCH**

The Lord Invites Me to His Table

Albert Beaulac

Novalis, 1980

This book has been designed for the child who is receiving Communion for the first time. It will assist the young communicant to express the many Christian dimensions of the Eucharist. It has been carefully and beautifully prepared to encourage the child to communicate, through personal awareness, joy and love experienced during these special days. **32.BEAU**

We Share in the Eucharist

Berube, F. **32.BERU**

At Home with the Sacraments: Eucharist

Peg Bowman

Twenty Third Publications

This book is part of a series meant to help you feel “at home” with preparing your children to receive the sacraments. In each of these volumes, you will explore the history, meaning and ritual of the individual sacraments. A practical guide to help you extend the preparing and liturgical celebration of the sacraments into your home, through family activities and prayers. **32.BOWM**

Communion

CCCB

Prayers and ceremonies for the moments before communion that help all the members of the community get ready by words and gestures to express, deepen, and renew our faith in the gift God has given us in Jesus Christ our Lord. **32.CCCB**

The Eucharist: Mystery of Friendship

Bernard Cooke, S.J.

Identification in friendship is seen as the ultimate experience of eucharistic union. **32.COOK**

FEAST OF FAITH: The Transforming Power of the Eucharist

Marcellino D’Ambrosio, Ph.D.

In this enlightening four-part adult faith formation series, the author takes you on a journey of discovery, offering profound reflections on the nature of the Holy Eucharist – the “source and summit” of the Catholic faith. **WORKBOOK & DVD # 32.DAMB**

Jesus Comes to Me

Mary T. Donze, A.S.C.

Liguori, 1993

Sr. Donze offers a touching and tangible way for parents to actively participate in readying their child’s heart and mind for first holy Communion. Sr. Donze’s steadfast faith and love for God resonates through these pages as she simplifies the great central mystery of our faith in language that young first communicants will understand. **32.DONZE**

The Gift of Holy Communion

Kathleen Glavich

This book speaks to parents in terms they can understand and gives them the words to use when talking with their children. It enables parents to help children realize and remember the spiritual significance of

this most important event. This book explains the meaning of Mass and the Eucharist and offers suggestions for celebrating in a fitting manner. **32.GLAV**

Call to Celebrate: Reconciliation and Eucharist (Total Parish Program)

This program invites children, families and the entire parish community to fully participate in the celebration of the Sacraments. Based on a full, well-developed liturgical model, this program forms, informs, and empowers all participants – leading them to greater participation. Excellent support for catechists and DREs. Coaching plans for parents. Catechetical sessions for children. **31.KELLY**

Call to Celebrate Eucharist Family Guide 32.KELLY

Called to His Supper (+ Catechist/Parent Guide)

Jeannine Lechner

Our Sunday Visitor, Inc., 1991

An immediate preparation for First Holy Communion. It is primarily intended for children who were baptized as infants, who are now seven or eight years old and ready to take the next step in their initiation into the Catholic Church. Through a variety of activities, it captures the children's interest, engages their imaginations, memories and emotions and actively involves them in the learning process. **32.LEIC**

Come Join Us at the Table

Muriel Loftus, Lawrence DeMong, OSB

Novalis, 1993

Presents both "a new vision of children's sacramental preparation and an improved way of implementing it on a parish level and within the family." Filled with activities, discussion, prayer and celebrations, it's flexible and easy to use for large and small parish communities. **Leader's Guide. 32.LOFT**

Come Join Us at the Table - Revised Edition

Muriel Loftus, Lawrence DeMong, OSB

Novalis, 2000

Entire family is encouraged to learn, share, play and pray together as children prepare for Confirmation and First Communion. Stories, songs and puzzles are offered on virtually every page. Activities and simple family rituals support what is done in the parish community. **32.LOFT**

The Holy Eucharist

Father Lovasik, S.V.D.

A book for children illustrated in full colour and simply written that will help them to better understand the Holy Eucharist. **32.LOVA**

First Communion

Francine O'Connor

Liguori, 1998

Topics include: the Bread of Life - The Mass - Preparing to Receive the Eucharist - The Story of Jesus - The Lord's Prayer - The Church Family. **32.OCON**

My First Holy Communion: Sunday Mass and Daily Prayers

AUTHOR: Lucien Deiss

PUBLISHER: Liturgy Train. Pub.

This book can help a child prepare for first Communion day. The child can carry the book to Sunday Mass and use it over and over at home to learn about the Mass, to learn by heart the prayers and acclamations of the Mass and on the final pages, the child can begin to learn the other prayers that Christians pray.

32.NUSS

The Eucharist

Schillebeeckx, E.

What does it mean to say that Christ is really present in the eucharist? The author argues that since the eucharist is first and foremost a personal communication of Christ to his church, we must indeed talk of a

change in the meaning and purpose of the bread and wine. **32.SCHI**

Believe, Celebrate, Live the Eucharist

World Library Publications, 2008

A complete, parish-tested and approved program in one convenient package. This study program will inspire your community to learn more about the Eucharist, source and summit of our Christian life. Each unit provides several types of materials for exploring the elements of the Eucharist. For each unit, there is a script for a spoken introduction at Mass, a reproducible bulletin insert or stand-alone article with questions for reflection and discussion, a table tent for reflection and discussion at small group gatherings, and expanded text materials for posting on your parish website. All of the material in the book and CD-ROM is presented in full color, for ease of duplication and distribution. **32.VARI**

God's Greatest Gift: Preparing for First Eucharist (Catechist Guide)

Bernadette Wilson

Treehaus Communications, 2002

This guide shows catechists how to teach children a life-time skill: how to reflect on their lives in light of the Gospel. It overflows with ideas and activities to stimulate creativity. Both new and experienced catechists find the sessions easy to adapt to each child's needs. Nine sessions focus on these gifts from God: Creation, My Life, Baptism, God's Word, Friendship, Forgiveness, Peace, Joy, and the Eucharist. One session on our gift to God follows the first communion celebration. The guide includes songs to help children remember and celebrate the message of each session. It also shows how to involve families at home and the entire assembly at Sunday Mass, including plans for an Inscription Mass and the First Communion Mass. **32.WILS**

VIDEOS on EUCHARIST in O.R.E.

VID#: 14.400

GRANDMA'S BREAD

SPEAKER: Tony Frangakis

PUBLISHED: Franciscan Communications (1985)

A few days before Easter, Mario is watching Grandma prepare a special recipe from the old country. Unexpectedly, Grandma dies. As Mario's First Communion day approaches, he is sad that she and her special bread won't be part of the family celebration. With help from Mario, his father and Grandma's recipe, Mario's mother makes the special bread. Level: primary - adult. **LENGTH:** 17 min. **VID#: 14.401**

VID#: 14.402

VID#: 14.404

A CHILD'S FIRST COMMUNION

PUBLISHED: Liguori Publications (1987)

This video is an aid to help children prepare for First Communion. It accomplishes this goal by using a variety of spoken dialogue and visual vignettes. **GUIDE. LENGTH:** 15 min. **DVD#: 14.405**

VID#: 14.406

MARIA'S FIRST COMMUNION

PUBLISHED: Twenty-Third Publications (1987)

Maria is a 7-year-old child who is about to receive her First Communion. She has prepared with her family for several months. In this video Maria shares with viewers some of the family and class projects that helped her prepare for, understand, and appreciate the Eucharist. **GUIDE. LENGTH:** 8 min.

VID#: 14.407

VID#: 14.408

VID#: 14.409

VID#: 14.410

EUCHARIST: CELEBRATING CHRIST PRESENT

Franciscan Communications

This video offers a key to understanding the Eucharist which Catholics celebrate each Sunday. The story segment features, Assunta, a devoted grandmother and parish sacristan, who is busy getting her church ready for Holy Week celebrations, and helping her daughters plan a traditional Italian Easter dinner. When she is suddenly hospitalized after an accident, Assunta and her family must face the question of who can carry on the traditions of faith and family. Their story mirrors how Christians remember Christ in the Celebration of Eucharist. Other segments: witness segment, teaching segment and music video reflection. **GUIDE. LENGTH:** 30 min. **VID#: 14.411**

WITH BURNING HEARTS

SPEAKER: Henri Nouwen

PUBLISHED: Orbis Video 1995

"What difference does it make if I go to church or not? What does liturgy have to do with life? These are age-old challenges to people of faith. Father Henri Nouwen answers these questions with depth, insight and passion in *With Burning Hearts*, which points us unerringly in the direction of the "Eucharistic life." *With Burning Hearts* shows us how the Eucharist is an intensely human event, revealing the deepest of human experience: sadness and loss, attentiveness and invitation, intimacy and engagement. It will

inspire the viewer with new appreciation for the Eucharist, and its power to touch the soul. Perfect for Eucharistic ministers, RCIA, sacramental prep classes, small Christian communities and for anyone looking for inspiration, *With Burning Hearts* provides "new food and drink on the journey to God." **GUIDE. LENGTH: 25 min. VID#: 14.412**

FIRST COMMUNION: TAKING A PLACE AT THE TABLE

PUBLISHED: Franciscan Communications

This video offers parents a basic foundation as they help their children approach the Eucharistic table for the first time. The *story segment* tells of a young First Communicant who learns that receiving the Eucharist means taking on more of a "grown-up" responsibility - to care for others as Jesus did. This segment can be viewed by parents with their child who is preparing for First Communion. In the *witness segment*, real-life parents reflect on how they prepared for their children's First Communion. The *teaching segment* explains how the Eucharist calls us to live our lives as a sign that we will "do in memory" what Jesus did for us. The program concludes with a *music video reflection* that captures the warmth, joy and sense of family with which the Hispanic community celebrates the Eucharist - in the song, "Pan de Vida," the Bread of Life. **GUIDE. LENGTH: 30 min. VID#: 14.413**

EUCHARIST: A TASTE OF GOD

SPEAKER: Fr. Joe Kempf

PUBLISHER: Redemptorist Pastoral Communications

Exploring the Church's most powerful resource for spiritual growth and practical living. Father Joe Kempf offers a fresh look at the great treasure and challenge of the sacrament. This video is intended for small groups, and encourages discussion, prayer and group activities. **GUIDE. LENGTH: 2 hrs. VID#: 14.414**

THE SACRAMENT OF EUCHARIST PAST & PRESENT

SPEAKER: Kathleen Chesto

PUBLISHER: Twenty Third Publications

Expert author Kathleen Chesto leads viewers through the development and history of each sacrament, starting from Hebrew times to post-Vatican II. Chesto offers an engaging presentation in language that is comprehensible and clear. Guide materials and the video presentation present Catholic adults with a better understanding of the valuable place of these sacraments in their lives today. **GUIDE. 26 min. VID#: 14.415**

THE ANGEL'S FIRST COMMUNION LESSON

Twenty Third Publications

Here's a wonderful tool for your First Communion Program. Angel Michaela and friends offer their heavenly aid to catechists and children in this delightful video. In simple, clear language the angels speak of Jesus' presence at Mass, of the very special gift of the Eucharist. They remind children of their baptism and of the forgiveness they celebrate in the sacrament of reconciliation. **GUIDE. LENGTH: 13 min. VID#: 14.416**

14.417

CALL TO CELEBRATE EUCHARIST

Harcourt Religion Publishers

An inspiring video designed to introduce parents to this program. There are two parts to this video. Part 1: Welcome and Introduction featuring Father Joe Kempf and real-life stories of parents sharing their experiences of the sacrament as they prepare to bring their own children forward. Part 2: Conversation Maureen Kelly and Father Paul Turner discuss the history and theology of the Sacrament of Eucharist thereby making it more meaningful to family members involved in the program and vignettes in which children celebrating the sacrament talk about their experiences. **14.418**

A CHILD'S FIRST COMMUNION and so much more!

Liguori Publications

For Adults: by showing how God feeds our deepest hunger through the Eucharist, this 3-part segment will recharge your presence at Mass and your relationship with Jesus. Parents, grandparents, and teachers will learn to teach children the joy and challenge to be found in this incredible gift called "Eucharist." For Children: Whether preparing for their 1st or 500th Communion, children will be changed by the holiness, humour and insight in this 4-part segment. Learning the fundamentals of our Catholic faith will inspire them to love the Mass, God and each other more than ever. Fr. Joe Kempf. **14.419**

FIRST COMMUNION: A FAMILY JOURNEY

This new program provides separate segments for children and parents. The meaning of the Eucharist, Baptism and full membership in the Church is made clear to both 1st Communicants and their parents. The importance of parental involvement and family activities in preparation for the big day are also provided. Viewers will see clips from a diverse collection of 1st Communion celebrations gaining a greater sense of the universality of this important step in a youngster's life. **#14.420**

EUCCHARIST: THE SOURCE AND THE SUMMIT

A comprehensive investigation of the Eucharist in three parts:

We Pray: a look at Eucharistic Adoration, why we do it, who does it and what does it mean?

We Participate: the Eucharist in the Mass, how we gather around it, sharing the story, the sacrifice and the meal. We learn about the doxology and transubstantiation.

We Practice: see how we, as Catholic Christians, share the gift of the Eucharist with others through our good works. **14.421**

VIDEOS on EUCHARIST in Liturgy Office

First Communion and the Faith Journey

PUBLISHER: Archdiocese Edmonton C.C.

The First Communion and the Faith Journey video provides an interesting and insightful resource. Parents, parishes and schools preparing children to receive First Communion will find this video very practical. The video explores and describes in helpful detail the six phases involved in the First Communion and the Faith Journey process. For many families, the First Communion and the Faith Journey process has been a source of affirmation and encouragement for the uniqueness of each child and family. A renewed sense of belonging to the local parish community helps make the celebration of First Communion a true celebration as part of the family of God. **LENGTH: 13 MIN. VID # 11.718**

The Eucharistic Prayer of Hippolytus

PRESENTER: John Gallen, S.J.

PUBLISHER: N.D. Pastoral Center

A non-professional acting out the way eucharist was possibly celebrated in the early Church. Taken from a third century Church Document. For those studying liturgy and possibly considering the priesthood.

VID # 11.719

Lift Up Your Hearts: The Eucharistic Prayer of the Mass

PUBLISHER: Lit. Training Publ.

One of the five-video set on the Mass, combining teaching, minister and assembly comments and viewing the Celebration as it evolves at the particular stage of the video. This video focuses on *the Eucharistic Prayer*. In the video we visit St. Peter's Parish in Cleveland where full, active and conscious participation during the Mass is evident in song, movement, gesture and simplicity. **LENGTH: 24 MIN. ISBN 1-56854-045-0 VID # 11.720**

Say Amen! To What You Are: The Communion Rite of the Mass

PUBLISHER: Lit. Training Publications

Another video of the series, this one focuses on the *Communion Rite*. The sharing of communion at Sunday Mass is surrounded by several actions of the people: Our Father, greeting of peace. Lamb of God, and the holy gifts are prepared. We come forward in procession to the table as one body, hungry and thirsty for the living God. When we hear the words, "the body of Christ," "the blood of Christ," we say "amen" to this bread, this person, this people: the body of Christ. And finally we are sent out to nourish others as we have been nourished. We see one parish, St. Henry in Cleveland, Ohio, where the communion rite has flowered into song, procession and prayer that people cherish, delight in and long for. Parishioners tell how their lives lead to this table and how they go from it full of love and service. This video shows how a rite rehearsed and done well forms Christian people. **LENGTH: 30 MIN. ISBN 1-56854-046-9 VID # 11.721**

THE TABLE OF THE LORD -- four-part series: 11.722 A, B, C and D. See individual listings for description.

The series seeks to help the children see and experience the connection between everyday events and the things we do in Church. Parents, also, are invited to see the connection between the family table and the Eucharistic table. They are encouraged in their vocations as the first teachers of religion to their children.

The Table of the Lord: I - Celebrating

AUTHOR: Gaynell Cronin and Fr. Jack Rathschmidt, OFM Cap

PUBLISHER: Ikonographics Inc.

In this program, children learn that what they already know about **celebrating** applies also to the Eucharist.

Children are introduced to the meaning of celebrating in their lives. The program explores how we celebrate with friends and family, how Jesus celebrated in his life and how Jesus invites us to celebrate in the Eucharist. **ISBN 17913-88005247-3 VID # 11.722A**

The Table of the Lord: II - Giving

AUTHOR: Cronin and Rathschmidt

PUBLISHER: Ikonographics Inc.

In this program, children learn that what they already know about **giving** applies also to the Eucharist. Children are introduced to the meaning of giving in their lives. The program explores how we give with friends and family, how Jesus gave in his life and how he continues to give us the gift of himself in the Eucharist. **ISBN 17913-88005247-3 VID # 11.722B**

The Table of the Lord: III - Eating

AUTHOR: Cronin and Rathschmidt

PUBLISHER: Ikonographics Inc.

In this program, children learn that what they already know about **eating** applies also to the Eucharist. Children are introduced to the meaning of eating in their lives. The program explores how we eat with friends and family, that meals were important to Jesus in his life and how we become one with Jesus by eating the meal of the Eucharist. **ISBN 17913-88005247-3 VID # 11.722C**

The Table of the Lord: IV - Parent Preparation

AUTHOR: Cronin & Rathschmidt

PUBLISHER: Ikonographics Inc.

As time is always a problem with parent meetings, we have prepared this program to give parents a quick overview of what their children are being taught in the video series, "THE TABLE OF THE LORD". **ISBN 17913-88005247-3 VID # 11.722D**