



ARCHDIOCESE *of* KINGSTON

Birthright Kingston
93 Queen St.
Kingston, ON
K7K 1A5

11 September 2020

Dear Friends of Birthright,

When I was asked by Marie Sardinha--Executive Director of Birthright Kingston--to write a letter of endorsement for Birthright's newsletter, I was only too happy to do so. I first became acquainted with Birthright through my mother, who is a faithful supporter of this non-profit charitable organization.

Birthright was established in the Kingston community in 1971. I believe that Birthright is a vital part of the community because of its strong commitment to life, its quiet and gentle way of working with women, its excellence in professionalism, and its openness to help women of all ages, race and religious upbringing.

Today, a woman facing an unanticipated pregnancy will often be met with feelings of isolation, fear, anxiety, shame, hopelessness, and worry. These overwhelming emotions can result in a hasty and desperate decision to end the pregnancy. I can be confident that Birthright will never refer or recommend abortion to any woman, regardless of their situation. Instead, Birthright provides a safe, loving, and secure environment; whereby, a woman can be helped to make a realistic plan for her future without pressure or judgment.

I am grateful that Birthright provides services that offer referrals to medical support, housing, education, and professional counseling. It also makes available information on community programs, adoption, parenting skills, and career development. Birthright understands that there are many aspects to consider when dealing with an unplanned pregnancy. It is imperative that each woman's hope is restored so that she can be open to the gift of life that resides within, while being a vessel of love and protection for her child.

As the Archbishop of Kingston, I would like to thank all volunteers and donors who have over the years supported Birthright through their time, money and especially, prayer. Together, we can make a difference and save lives!

Yours sincerely in Christ,

+Michael Mulhall
Archbishop of Kingston