

WALK TO Jerusalem

MEETING GOD
ALONG THE WAY



Let's walk as a parish grouping to Jerusalem for Lent! The Walk is a "virtual" journey that exercises the body by walking, the spirit by praying, and the mind by learning about different cultures. It's 5,974 miles from Beaver County to Jerusalem, and last year parishioners from all four parish sites participated - a terrific effort! Wouldn't it be great to exceed that number during Lent this year - that's not possible for an individual, but if we "come together as ONE in Christ," we can do it! Here's how:

- **WALK OR RUN!** Record your steps/miles as you walk/run daily. Active in sports or workouts? Give yourself one mile of credit for every 20 minutes of activity. Total them up on the form below.
- **PRAY!** Walk with God and pray your intentions. *Then the man and his wife heard the sound of the Lord God as he was walking in the garden in the cool of the day. (Gen. 3:8)* It was while walking in the garden that God spoke to Adam and Eve. How meaningful it would be for us to walk while talking to our God during Lent!
- **LEARN!** We will arrive in international cities, learn about the culture and "visit" religious areas in interest.

Our walk begins on ASH WEDNESDAY, FEBRUARY 17 and ends on EASTER SUNDAY, APRIL 4. In the weekly bulletin you will receive an activity log to record your total weekly miles. *All parishioners at Our Lady of Fatima, St. Frances Cabrini, St. John the Baptist and St. Titus* are encouraged to participate - you may walk as an individual, as a family, or with a group of friends. Let's come together with other groups across the country who successfully "Walk to Jerusalem" during Lent!

TO PARTICIPATE:

It's easy! Include your name and miles walked on the weekly activity log shown here and drop it into the collection basket, or email your total miles to sfcnurse@yahoo.com.

Joyce Ott
Faith Community Nurse



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Miles Walked - Week One: Feb. 17 - 20, 2021

Date: _____	Miles Walked: _____
Date: _____	Miles Walked: _____
Date: _____	Miles Walked: _____
Date: _____	Miles Walked: _____
Date: _____	Miles Walked: _____
Date: _____	Miles Walked: _____
Name(s): _____	
Total Weekly Miles: _____	