Jesus, the Son of God, who existed from all eternity, “was conceived by the power of the Holy Spirit and born of the Virgin Mary” (Incarnation).

Jesus is divine and human (Mark 1:11)

We are to care for and respect the life of the unborn, persons with disabilities, the elderly and all people.

Continue to teach the Apostles’ Creed: “I believe in Jesus Christ, His only Son . . . He will come again to judge the living and the dead.”

Mary is the mother of Jesus and our mother.

Review the Hail Mary.

Explain the Feast of the Immaculate Conception: December 8th.

Joseph is the foster father of Jesus.

Encourage devotion to St. Joseph.

Pray with the children using the Advent wreath.

Jesus came to save all.

Explain Christmas, December 25th, the celebration of the birth of Jesus.

Explain the meaning of the Christmas crèche.

Jesus was always obedient to God his Father, and he expects the same of us. When we are disobedient to God’s law, we sin.

Review the Our Father.

Explain the Feast of the Holy Family and encourage family prayer.

Jesus is the model of love and goodness. (Mark 6: 53-56; Luke 7: 11-15; John 21: 4-12)

We imitate Jesus when we treat others fairly and justly.

Explain the feast of the Sacred Heart which celebrates Jesus’ great love for each of us.

Jesus died for us on the cross: Crucifixion. He rose from the dead on Easter Sunday: Resurrection.

Jesus returned to His Father in heaven (Ascension) and sent the Holy Spirit to be with us always (Pentecost).

Introduce Holy Week, especially Palm Sunday, Holy Thursday, Good Friday, Holy Saturday and Easter Sunday.

Jesus is present.

There are seven sacraments. Sacraments are signs (words and actions) we see through our senses. They show us Jesus’ love for us. They give us His grace.

We need help to live the Christian life. One of the greatest helps is the sacraments.

Baptism: we are freed from sin, share in God’s life, and become members of God’s family, the Church. (Matt. 28:19-20)

Penance (also called Reconciliation): we receive and celebrate God’s forgiveness. We express sorrow and are made one with the Body of Christ. (John 20:22-23); Luke 15:4-7)

Eucharist: we receive the gift of Jesus’ Body and Blood which he shares with us at Mass just as he shared with the apostles at the Last Supper. (Mark 14:22-24); John 6:51)

When we gather with other members of God’s family at Mass and receive Communion, we are strengthened to live the Christian life.
Encourage prayer before the Blessed Sacrament. Review the practice of genuflecting or making a profound bow before the Blessed Sacrament as an expression of reverence for the Real Presence of Jesus in the Eucharist.

Explain that on Holy Thursday the Church celebrates Jesus’ gift of himself at the Last Supper.

The Sacrament of Penance:
God has given us free will to choose between what is good and what is evil.
God gives us the Spirit to empower us to make loving choices of what is good.
God continues to love us even when we sin.
God calls us always to be sorry for our sins and to accept his forgiveness.

Teach the rite of Penance.
Prepare the children for their first celebration of the Sacrament of Penance.

The reception of Holy Communion nourishes and strengthens our relationship with Christ begun in Baptism and continued throughout our lives.
We worship God on Sundays and holy days through the Eucharistic celebration.
(1 Cor. 11:23-26)

Teach the general outline of the Mass, and the simple responses at Mass.
Prepare the children for their first reception of Holy Communion.

**WORDS TO BE TAUGHT**

<table>
<thead>
<tr>
<th>Ascension</th>
<th>Holy Day</th>
<th>Rite of Penance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blessed Sacrament</td>
<td>Holy Week</td>
<td>Resurrection</td>
</tr>
<tr>
<td>Crucifixion</td>
<td>Liturgy of the Word</td>
<td>Sacrament of the Eucharist</td>
</tr>
<tr>
<td>Charity</td>
<td>Liturgy of the Eucharist</td>
<td>Sacrament of Penance</td>
</tr>
<tr>
<td>Grace</td>
<td>Pentecost</td>
<td></td>
</tr>
<tr>
<td>Heaven</td>
<td>Prayer</td>
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<td>Hell</td>
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**LITURGICAL GESTURES AND SYMBOLS TO BE TAUGHT**

Reconciliation  Give Sacred Scripture a special place in the classroom.
Confessional    Encourage a reverent and prayerful attitude in the place of worship.
                 Foster the children’s participation in the prayer and worship of the parish community.

**PRAYERS TO BE TAUGHT**

Act of Contrition (* see the rendition recommended for use throughout the Archdiocese)
Simple Responses at Mass

**PRAYERS TO BE ENCOURAGED**

Quiet prayer before the Blessed Sacrament

**REVIEW PRAYERS OF THE PREVIOUS GRADES**

Sign of the Cross
Our Father
Hail Mary
Glory to the Father (Doxology)
Morning and Evening Prayer
Grace at meals
Spontaneous prayer

**ACT OF CONTRITION**

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.
Our Savior Jesus Christ suffered and died for us.
In His name, my God, have mercy.

(taken from the Rite of Penance)