March 1, 2020
First Sunday of Lent

Saint Anthony Church
North Providence - 353-3120
Saintanthonychurch.org

Saint Edward Church
Providence-331-4035-Parroquiasaneduardo.org

Church of the Presentation of the Blessed Virgin Mary
North Providence-722-7140-Presentationchurchnp.org

Rev. Edward S. Cardente, Pastor
Rev. Nolasco Tamayo, Part Time Associate
Diocesan Director of Intercultural Ministries

Deacon Louis Vani
Deacon Jose Fajardo
**WELCOME**

If you are alienated or upset, we welcome you lovingly.
If you are in need of forgiveness, Jesus forgives you completely - with unconditional love.
If you have been hurt by the Church, we are truly sorry.
If you are angry, Jesus offers you peace.
If life has become burdensome, we are here to support you.
We are happy you are here and want you to stay.
We would like to share our lives with you.
Come join us each week so we can worship God together.

**SAINT ANTHONY CHURCH**  
Angelo Minervino, Sacristan  
**Weekday Masses**  
Monday - Thursday  
8:30am in Trinity Chapel  
**Novena Mass**  
Tuesday at 8:30am  
Trinity Chapel  
**Saturday** 5:15pm  
**Sunday** 8:00am & 11:30am  
Holy Days as Announced

**CHURCH OF THE PRESENTATION OF THE BLESSED VIRGIN MARY**  
Stephen Campbell, Sacristan  
**Saturday**  4:00pm  
**Sunday**  10:00am  
**Holy Days as Announced**  
Reconciliation  
Saturday 3:15pm-3:45pm

**SAINT EDWARD CHURCH**  
John Arena, Sacristan  
**Saturday**  6:00pm - Spanish  
**Sunday**  9:00am - English  
11:30am - Spanish  
**Holy Days as Announced**

**BUSINESS OFFICE**  
5 Gibbs Street, North Providence, Rhode Island 02904  
**Office Number**  401-353-3120  
**Fax Number**  401-353-5126  
**Office Hours**  Monday - Thursday 9am - 4pm  
**OFFICE IS CLOSED ON FRIDAY**

**MINISTRY TO THOSE IN NEED**  
Saint Anthony Kitchen – Michelle Dilorio 714-7253  
Saint Anthony Mobile Lunch - Stephen and Louise Bello 556-5129  
Saint Edward Food & Wellness Center - Lori Porcaro, Director, 1001 Branch Avenue, Providence, RI  
Holy Family Home for Women and Children  
Ernest Spaziano, Director 304-7744; hfhprov@gmail.com  
Mary’s Meals to the Poor - Leslie Corneau 545-5698

**CONVENT**  
Daughters of Mary, Mother of Mercy  
2 Pope Street, North Providence, RI 02904

**RENEWED EDUCATION MINISTRY OFFICE**  
Saint Anthony Parish Center 401 353-5215  
Maryann Pallotta, Elementary Coordinator  
Michelle Ficocelli - Jr. High Coordinator & Confirmation Coordinator  
Mary Esther Watson - Rite of Christian Initiation - Adults  
Sr. Carol Ann Murray, RSM - First Eucharist Coordinator  
Information about Infant Baptism, Adult Sacraments, becoming Roman Catholic (RCIA)

**YOUTH MINISTRY OFFICE**  
Saint Anthony Parish Center 353-5216  
Gian Perrotta - Coordinator  
Tom Malloy - CYO Basketball

**ABBA-AVE PRAYER MINISTRY**  
401 353-3059

**SAINT EDWARD ADORATION MINISTRY**  
Priscilla Sayward 401-439-6152

**MUSIC MINISTRY DIRECTOR**  
Toby Andrews - 401-353-3120

**RESPECT LIFE COMMITTEE**  
Contact—Monica700@verizon.net
THOUGHT FOR THE WEEK
At the beginning of Lent, it would do us good to ask for the grace to preserve the memory of all that the Lord has done in our lives, of how He has loved us.  -Pope Francis

SAINT ANTHONY CHURCH
MONDAY  MARCH 2
8:30 AM  Mem - John Taylor
       by Dillon Council Knights of Columbus

TUESDAY  MARCH 3
8:30 AM  For the Parishioners

WEDNESDAY  MARCH 4
8:30 AM  Mem - Leo & Phyllis Cirello by Family

THURSDAY  MARCH 5
8:30 AM  For the Parishioners

SATURDAY  MARCH 7
5:15 PM  Deceased members of the Sullivan & St. Jean Families
        by Family
        Birth Rem - Angela Illuzzi by Children

SUNDAY  MARCH 8
8:00 AM  Anniv - Angelantonio Minervino & Cecilia Dell’Erba
        by Family

11:30 AM 9th Anniv - Shana O’Brien by Family
4:00 PM  1st Anniv - Dann Joseph Daly by Wife & Son
         Mem - Alice & Leonard Curreri by Family
4:00 PM  2nd Anniv - Linda Daly by Family

10:00 AM 18th Anniv - Joseph R. Marciano, Jr.,
        by Brother Anthony

CHURCH OF THE PRESENTATION OF THE
BLESSED VIRGIN MARY
SATURDAY MARCH 7
4:00 PM  1st Anniv - Dann Joseph Daly by Wife & Son
         Mem - Alice & Leonard Curreri by Family

SUNDAY MARCH 8
6:00 PM  Exposicion del Santisimo
7:00 PM  Spanish Liturgy
9:00 AM  Weekly Rosary
10:00 AM  For the Parishioners
11:30 AM Spanish Liturgy

THE VIGIL LAMP
The Vigil Candle will burn March 7th through March 13th for all deceased parishioners.

REST IN PEACE
Lord, let perpetual light shine upon
Elaine Cambio & Clara DelFarno
May their souls and the souls of all the faithfully departed through Your mercy, rest in peace.

SAINT EDWARD CHURCH
WEDNESDAY  MARCH 4
6:00 PM  Exposicion del Santisimo
7:00 PM  Spanish Liturgy

SATURDAY  MARCH 7
6:00 PM  Spanish Liturgy

SUNDAY MARCH 8
8:30 AM  Weekly Rosary
9:00 AM  For the Parishioners
11:30 AM Spanish Liturgy

STEWARDSHIP
FEBRUARY 22nd & FEBRUARY 23rd
Church of the Presentation of the Blessed Virgin Mary
Budgets $3,652.00 from 176 envelopes
Includes Mail in of $235.00
Donations for the Poor:  $437.00

Saint Anthony Church
Budgets  $7,223.00 from 256 envelopes
Mail in: $1,708.00
Donations for the Poor:  $185.00

Saint Edward Church
Budgets $2,429.00 from 96 envelopes
Donations for the Poor:  $43.00

UPCOMING PARISH MEETINGS
Choir Practice     Every Sunday @ 9a      Presentation
Knitting Ministry  Every Monday @ 1p     Presentation
Adoration          Every Thursday @ 9a     Trinity Chapel
Bishop Tobin recently kicked off this year’s ‘Keep the Heat On’ Challenge, a program that helps struggling families with heating assistance who have exhausted all other public and private means to keep their families warm during the Rhode Island winter. Since 2005, your generous support has provided more than $2.95 million in assistance to more than 13,000 Rhode Island households. If you would like to help local families this winter, please send tax-deductible donations to: Keep the Heat On, One Cathedral Square, Providence, RI 02903 or log onto www.heatRI.com to make a secure credit card donation. You can also make a $10 donation by texting the word HEAT to 27722 or a $25 donation by texting the word HEATRI to 27722. If you, or someone you know, is in need of assistance, please visit the web site, www.heatRI.com, or call 401/421-7833.

A BENEFIT DINNER FOR RELIGIOUS EDUCATION AND YOUTH MINISTRY
On Saturday, March 28th, from 5pm-7:30pm, an all you can eat buffet will be held in the Parish Center to benefit our religious education and youth ministries. The menu will consist of clam cakes and chowder, chicken fingers and french fries. Tickets are $12 per person and will be sold after Mass on March 21 and March 22. Tickets may be purchased at the door as well.

COFFEE AN’ AT PRESENTATION CHURCH
Coffee an’ will resume after Easter, on Sunday April 19th, after the 10am Mass. Thank you to all have joined us, and we hope to see you on the 19th.

LENTEN STATIONS OF THE CROSS
Due to Deacon Louis Vani’s recent illness his treatments have made him tired and weak and unable to conduct his duties which included the annual Way of the Cross Devotion. He continues to make progress with his treatments and our prayers are with him. When he does return and is able to lead this devotion it will be announced to take place on Mondays at 7PM in Presentation Church.

53rd ANNUAL DIOCESAN FAITH FORMATION CONVOCATION
Saturday, March 14, 2020 Bryant University, Smithfield, RI
Deadline for all registrations is Saturday, March 7, 2020
EARLY BIRD: MONDAY, FEBRUARY 24, 2020
Registration Fee Per Person:
$40.00 - Early Bird registration (online or postmarked) by February 24, 2020
$35.00 - Early Bird with 10 or more per registration by February 24, 2020
$45.00 - After February 24, 2020 (no exceptions)
For Online Registration please visit: https://www.discovercatholicfaith.org/convocation
For more information, contact the Office of Faith Formation at 401-278-4646
Key Note Speaker
Mike Aquilina Executive Vice-President, St. Paul Center for Biblical Theology

Questions? Email: esndevdpm@littlesofthepoor.org or call 401-729-4314
### Students Entering Grade 1 (Public School)

**RCIA for Children:** If any parent has a child in grade 3 and up who has not received the Sacrament of First Eucharist and who has not previously been enrolled in our Rel. Ed. classes, please contact the Rel. Ed. Office to register his/her child’s name.

**RCIA for Adults:** If anyone 18 years and older has not received the Sacrament of Confirmation or First Eucharist and Baptism, kindly call the Rel. Ed. Office for more information regarding classes.

### Fall Schedule of Classes

**Grades 7th & 8th:** Classes will meet on Sunday’s from 10am-11:15 am followed by 11:30am Mass.

**Grade 2:** First Communion Students will meet on Monday’s from 6pm to 7pm, except where the classes meet on the following Sunday’s at 8am: 10/20; 11/17; & 12/9.

**Confirmation Classes:** Will meet on Sunday’s from 10am-11:15am followed by 11:30am Mass.

**Grades 1, 3-6:** Will meet on Monday’s from 6pm to 7pm or on Tuesday’s from 3:45pm-4:45pm.

### 40 Days for Life Lenten Campaign

The Lenten Campaign will begin on Ash Wednesday, February 26 and conclude on Saturday, April 4. We are asking parishes to adopt a day (7am/7pm) or individuals to adopt an hour for a peaceful and prayerful vigil at Planned Parenthood, Providence during the 40 Days of Lent. Please do not stand alone! If you are interested in learning more about the campaign that calls for prayer, fasting and community outreach to pray to end abortion in our nation, contact: Carol Owens, Office of Life and Family Ministry at 278-2518. Contact Monica Leandre (401-480-1571) if interested in participating as a parish.

### Rachel’s Vineyard Retreat Weekend

There are four post-abortion retreats scheduled for 2020. The Spanish retreats will be held on March 20, 21, 22 & October 16, 17, 18 and the English retreats will be held on March 27, 28, 29 and October 23, 24, 25. To learn more about the retreat weekends and how you can participate, call Carol at 278-2518 for the English retreat and Loren at 742-1510 for the Spanish retreat. This is a ministry offered by the Office of Life and Family Ministry – all calls are confidential.

### Respect for Life

We pray for those nearing the end of life: May they be given the grace to persevere in faith and place their trust in God, as they prepare for eternity with Christ.

### The Veil Removed

Is a short film (7 minutes) that reveals the coming together of heaven and earth at Mass, as seen by saints and mystics, revealed by scripture and in the Catechism of the Catholic Church. Also recommended by your friends at Relevant Radio (WSJW 550 AM). Don’t hesitate to watch this film: [https://theveilremoved.com/](https://theveilremoved.com/)

### Prayers

#### Readings and Celebrations for the Week

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<thead>
<tr>
<th>Day</th>
<th>Reading</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Lv 19: 1-2, 11-18; Mt 25: 31-46</td>
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<tr>
<td>Tuesday</td>
<td>Is 55: 10-11; Mt 6: 7-15</td>
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<tr>
<td>Wednesday</td>
<td>Jon 3: 1-10; Lk 11: 29-32</td>
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<td>Thursday</td>
<td>Est C: 12, 14-16, 23-25; Mt 7: 7-12</td>
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<td>Friday</td>
<td>Ez 18: 21-28; Mt 5: 20-26</td>
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<td>Saturday</td>
<td>Dt 26: 16-19; Mt 5: 43-48</td>
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<tr>
<td>Sunday</td>
<td>Gn 12: 1-4a; 2 Tm 1: 8b-10; Mt 17: 1-9</td>
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**Prayer for Those Receiving Sacraments at the Easter Vigil**

Life-Giving Father,
you desire that we may be one in Christ, so that all creation may give you praise.

Look kindly upon the catechumens and confirmands you have called to the table of your Word.

We pray especially for Christina Arcuri, Frankie Arcuri, Anthony Sousa, and Matthew Young of our parish.

Through the power of your Word, our life of prayer, and the example of Christ’s love we share with those most in need, may they come in time to the table of the Eucharist where we shall stand as one body united in the Holy Spirit to offer you praise and thanksgiving through Jesus Christ, our Lord. Amen.

**Prayer for Those Receiving Sacraments at the Easter Vigil**

Father, you desire that we may be one in Christ, so that all creation may give you praise.

Look kindly upon the catechumens and confirmands you have called to the table of your Word.

We pray especially for Christina Arcuri, Frankie Arcuri, Anthony Sousa, and Matthew Young of our parish.

Through the power of your Word, our life of prayer, and the example of Christ’s love we share with those most in need, may they come in time to the table of the Eucharist where we shall stand as one body united in the Holy Spirit to offer you praise and thanksgiving through Jesus Christ, our Lord. Amen.

Baby Abigail Grace Placido continues to improve but is not home yet. Please continue to keep her in your prayers. Her parents are grateful for your concern.
COME TO THE HOLYLAND IN 2021

Collette, an international tour company based in Rhode Island, hosts a special pilgrimage to the Holy Land next year from February 3-11 for Father Ed, parishioners and friends. The itinerary will include visits to the major areas in Israel where Jesus lived and conducted his public ministry culminating in His death and resurrection in Jerusalem. There will be Mass celebrated throughout the tour in special churches of historic significance. The itinerary is very comprehensive, including most meals, and allows for some time for optional activities such as a visit to the Dead Sea. But everyone will visit the Jordan River baptismal site, enjoy a boat ride on the Sea of Galilee, visit the Mount of Olives, and see the famous Western wall of the ancient temple of Jerusalem, along with other highlights. Color brochures are now available. Please RSVP to Gilda Delmonico at 232-2251, Camille Roberti at 353-1638 or Father Ed at 353-3120.

SAINT ANTHONY APPEAL

Letters were sent out to all registered parishioners requesting the customary annual donation to supplement church expenses. In particular the necessary funds that were expended for the major repairs on the church were higher than anticipated and substantially impacted our savings. Thus it is critical that funds are raised to complete the work. There is an ongoing request for contributions. Donations of $250 or more will be recognized by an engraved brick in a memorial walkway around the church. Larger donations of $500 or more will be acknowledged on a memorial wall of 12 inch square tiles mounted along the eastern wall of the church. Donors will be contacted early spring with details on the memorials. Your generosity is greatly appreciated.

SAINT ANTHONY – NORTH PROVIDENCE - 2020 GOAL: $86,000
PRESENTATION BVM – NORTH PROVIDENCE - 2020 GOAL: $32,000
SAINT EDWARD – PROVIDENCE - 2020 GOAL: $22,000

2020 CATHOLIC CHARITY APPEAL

“We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop.”
Saint Teresa of Calcutta

The 2020 Catholic Charity Appeal has begun. Many parishioners have already received a letter from Bishop Thomas Tobin asking for their annual donation. If anyone has already responded and sent in a contribution to the Diocese of Providence please be assured that the amount will be applied to whichever of the three parishes you are officially registered. During the weekend of March 22 an in-pew appeal will take place for those who have not responded, with the hope that everyone be given an opportunity to support this annual fundraising effort. Your sacrifice will empower the multiple ministries of the Diocese of Providence to serve the many thousands of people throughout the state who are in need. Your generosity in the past has been very much appreciated, and the hope is that you will continue to help this year. Please keep the success of the Appeal in your prayers.

SAINT ANTHONY – NORTH PROVIDENCE - 2020 GOAL: $86,000
PRESENTATION BVM – NORTH PROVIDENCE - 2020 GOAL: $32,000
SAINT EDWARD – PROVIDENCE - 2020 GOAL: $22,000

WINTER HEATING ASSISTANCE GRANTS

Through a most generous donation of an anonymous benefactor, we are very happy to announce that any parishioner of our tri-parish community who is in need of help to keep their heat on may apply for a grant. Eligibility is determined by parish membership and Mass attendance. Requests should be submitted in writing with your contact information and sent to Father Ed at the Parish Offices at 5 Gibbs Street, North Providence.

ATTENTION: CRAFTERS

Crafters Meeting - 2 Locations
The first gathering for our new Crafters' Ministry will be in two locations:
Monday, March 2 at 6:30 p.m. - Presentation Church Hall
Thursday, March 5 at 6:30 p.m. - St. Anthony Parish Center (Downstairs)

We are excited to begin planning for our Annual Bazaar in November and to meet parishioners who can share some of their creative talents with us. We are also looking for parishioners who are not necessarily crafters but who are willing to help in other areas as we begin to plan our craft tables for the bazaar. For further information, please contact Bonnie Bline, 743-4195.
LENTEN FRIDAY FISH FRY
Where: Dillon Council Knights of Columbus
When: February 28; March 6, 13, 20, 27; April 3, 10
Cost: $15 per person
Time: 6pm
Fish & Chips, Clam Cakes, Chowder, Dessert Du Jour
Menu will vary from week to week
Take out is available
For Tickets: Call Steve Bello 556-8745
All Proceeds will benefit the Special Olympics

LENT MATTERS
A PARISH MISSION WITH THE DOMINICAN FRIARS
Monday March 23 at Presentation Church
Faith and Prayer
“What’s The Matter with My Prayer?”
Tuesday March 24 at Saint Anthony
Hope and Fasting
“Why Does it Matter What I Eat?”
Wednesday March 25 at Saint Anthony
Charity and Almsgiving
“Why Should Others Matter to Me?”
7:00 PM
Nightly preaching followed by time for individual Confession and Adoration before the Blessed Sacrament
Conducted by Dominican Fathers James Sullivan, OP & Patrick Brisco, OP From Saint Pius Church, Providence
They will extend the invitation at weekend Masses over March 21/22, 2020

ROMAN CATHOLIC DIOCESE OF PROVIDENCE
2020 GUIDELINES FOR LENT
Abstinence from meat on Ash Wednesday and the Fridays of Lent (for those 14 and older) is required by Church law. Also, Ash Wednesday and Good Friday are days of fasting; those between the ages of 18 and 59 should eat less, meaning, take no solid food between meals and only one full meal that day. Serious health conditions excuse a person from these precepts.
Pastors and parents are encouraged by the law of the Church to ensure that minors who are not bound by the law of fast and abstinence are educated nonetheless in an authentic sense of penance.
The National Conference of Catholic Bishops in the United States determined that the rules of fast and abstinence which have existed for the last several years in this country be maintained. Namely, that the faithful observe suitable penitential practices on all Fridays throughout the year. These penitential practices need not include abstaining from meat. However, as indicated above, the faithful must not eat meat on all the Fridays of Lent as well as on Ash Wednesday. They must also observe faithfully the fast regulations as they have been stated above in accord with the universal law of the Church.

READING RESOURCE FOR LENT 2020
This book can be very helpful for your Lenten journey and throughout the year. Written by Father Ronald Rolheiser, an internationally renowned speaker and spiritual writer, “PRAYER Our Deepest Longing” is available for you on the first Sunday of Lent at the church entrances. May it assist you in your desire for spiritual renewal. The following is on the back cover:
Whether you struggle to believe in God, are a beginner in prayer, or are more advanced in your spiritual practice, renowned spiritual master Ronald Rolheiser will gently lead you in this book to a deepening experience of God in prayer. Your own yearning and intuition mark the starting point.
Drawn from Scripture, ancient and modern writers, and experience, Rolheiser clears common misconceptions about prayer and offers both consolation and challenge. In thirty-three brief reflections, he will help you to understand how to overcome struggles in prayer, develop a mature prayer habit, and explore new prayer practices.
Trust yourself, trust God’s providence, and get ready to open your heart in such a way that you will hear God clearly say to you, “I love you!”

FOR YOUR LENTEN ALMSGIVING:
HEALTH AND BEAUTY AIDS
Saint Edward Food & Wellness Center is in serious need of supplies such as shampoo, soap, toothpaste, etc. which are staple items our clients seek but are not always available unless we purchase them on sale at the Dollar Store on occasion. If you are thinking of an idea for an extra Lenten sacrifice maybe you could buy them on sale and bring them to Mass. These items are far more needed than non-perishable food, so you can donate them rather than purchasing food. Your support is greatly appreciated.
Marketing has nothing to do with madness. Rather it is a skillful process used to sell something, or someone, based on mind-penetrating research into our buying habits and ever-changing moods, not to forget all of our defenses against persuasion. Take, for example, the selling of food. All through Autumn and into the pre-Christmas season, we are persuaded to buy all sorts of calorie-laden entrees or desserts that we are told are definite requirements for us to get into the undefined “spirit of the season.” Yet, no sooner than the day after New Year’s the whole emphasis shifts to thinking about and buying only foods that are healthy and low-calorie items. Along with that comes a push for all sorts of exercise equipment designed to help us lose what the sellers refer to as “all that holiday imprudence” at the table. All this is meticulously planned and pursued in the name of profit. The pattern is annual. Watch for it to begin again in about seven months, if not sooner. If you cannot wait until then, there’s always “Christmas in July” sales.

Holy Mother the Church is hardly a merchant, unless we conclude that she actually is “selling something, or more precisely, Someone.” The errant word here is “selling.” What the Church offers the world is free of any cost, unless you factor in suffering that is part and parcel of being Christian. Following through on that metaphor, the Church does so for the “profit” of our immortal souls and ultimate salvation. She presents us with Christ Jesus, who in turn is the finest representation of God’s love for us. She does so at the Holy Spirit’s direction, which is infallible in its estimation of what our human nature is like.

Here at the start of Lent, our one great penitential season, the Church presents us with the Bible’s “take” on temptation. We find that our original parents were easy targets for what Scripture calls that “most cunning of all the animals the Lord had made.” What that lowdown snake in the grass proposed to Adam and Eve was the possibility of being God. We are not exempt from the same temptation even if we may only admit it to our best friend or confessor. It’s the desire once and for all to be in charge. To decide what is and what will be. However, that is in regard to everyone else.

Bearing in mind that Adam and Eve never called on God for help, the proposition wound up being too much for Adam and Eve. So they gave in and ate that famous fruit of the one forbidden tree in the center of the garden. What they lost was calculable. Gone were unbridled wisdom and total innocence. What they gained was shame and a run to make loincloths and note the lock on Heaven’s gates.

That was the situation until the long-planned and righteous reversal of things began on one holy night in the little town of Bethlehem. The Babe born then and there would later be called the “second Adam” by the man we call “St. Paul.” Whatever temptations haunt our days all boil down to a defect in our wills and a fragile love for God. Except for Mary our Mother and the saints, our hearts are divided. We just do not want to risk losing whatever of wealth, power, fame, that we have, or think we have. Jesus was perfect love for God His Father, so that none of those three entities had any attraction for Him. Nothing would ever get in the way of His love for His Father.

Two action plans I would suggest for this Lent. First, sit still long enough to identify your particular temptations. Jot them down in a personal Lenten notebook. Then plot your “battle plan.” Best for this are the traditional practices of Lent-prayer, fasting and alms giving. Like a plan to lose weight, such a program requires discipline and exercise. The latter does not mean a gym workout but a more frequent walk up the parish church aisle to feed on Christ’s Body and Blood in the Eucharist. Allow me to close with a somewhat humorous Lenten caution. It is important to recognize that temptations are certain to ring your doorbell; but it’s your own fault if you ask them in to stay for dinner. Take care to enjoy your new week and don’t be a stranger in the pews.

FREE INCOME TAX PREPARATION (VITA)
Amos House, a fully handicap-accessible agency at 460 Pine Street in Providence, prepares free income tax returns for those who earned $56,000 or less in 2019. Wednesday, Thursday and Friday evening appointments from 4:00 on may be made through April 15th by calling 401-272-0220. Amos House will also host Saturday walk-in-only sessions from 10am-2pm on March 14th and April 11th. Other free tax sites in RI and MA may be found by calling the number 211.

AROUND THE DIOCESE

BANFF CENTRE MOUNTAIN FILM FESTIVAL WORLD TOUR
MONDAY MARCH 9, 2020 AT 7:00 PM
BISHOP MCVINNEY AUDITORIUM
Banff Centre Mountain Film and Book Festival is the largest, and one of the most prestigious, mountain festivals in the world. This year’s tour features a collection of the most inspiring action, environmental, and adventure films from the festival. Traveling to exotic landscapes and remote cultures, and bringing audiences up-close and personal with adrenaline-packed action sports, the 2019/2020 World Tour is an exhilarating and provocative exploration of the mountain world.

Folks have asked, so we are offering a SPECIAL GROUP RATE DISCOUNT CODE FOR GROUPS OF 10 OR MORE!
Use CLIMBERS at checkout!
I DOMINGO DE CUARESMA

1. Elije un sacrificio cuaresmal. La cuaresma es una época de solemnidad y sacrificio que conmemora el éxodo de Jesús hacia el desierto y el sacrificio que Jesús hizo para salvarnos de nuestros pecados. Piensa entonces en todas aquellas cosas que pueden distraer tu mente de Dios; por ejemplo: la tecnología (Textos, Facebook, etc) o consumes mucha comida chatarra?

2. Añade algo especial a tu rutina Cuaresmal. Renunciar al chocolate o al Facebook está muy bien, pero, por qué solo dejar de hacer lo negativo y no hacer algo positivo en su lugar? Por ej: Pasar más tiempo con tu familia, o hacienda trabajo voluntario, reza más. Algunas familias guardan algo de dinero durante los 40 días y luego lo donan a una Iglesia o a una organización benéfica local, o compran productos para los necesitados en fin, lo importante es hacer el bien.

3. Asiste a misa tanto como puedas. Además del servicio semanal de los domingos, es bueno ir a misa con frecuencia, sobre todo durante La Cuaresma, comienza el Miércoles de Cenizas, cuando recordamos que del polvo venimos y en polvo nos convertiremos.

4. Asiste a la Reconciliación. La Reconciliación o Confesión es una manera muy buena de alejarte del pecado y reunirte con Cristo. Si aún no tienes la costumbre de ir a confesarte, intenta hacerlo de forma regular. La Iglesia Católica establece que es obligatorio que todos los fieles reciban el sacramento de la Penitencia por lo menos una vez al año y una vez durante la época de Cuaresma, aunque es recomendable que asistas a confesarte por lo menos una vez al mes de ser posible.

5. Dedica tiempo a las devociones. Aunque no son obligatorias, las devociones son una gran manera de prepararte mentalmente para la Cuaresma. La Iglesia Católica establece que es obligatorio que todos los fieles reciban el sacramento de la Penitencia por lo menos una vez al año y una vez durante la época de Cuaresma, aunque es recomendable que asistas a confesarte por lo menos una vez al mes de ser posible.

6. Tomate un tiempo para la introspección y la reflexión. La Navidad y la Pascua son épocas de felicidad y, si bien estos son tiempos alegres y positivos, lo mismo no puede decirse de la Cuaresma. Es un tiempo de simplicidad y solemnidad. Es un tiempo para reflexionar sobre cómo dependes de la misericordia.

COMO VIVIR LA CUARESMA

1. Elije un sacrificio cuaresmal. La cuaresma es una época de solemnidad y sacrificio que conmemora el éxodo de Jesús hacia el desierto y el sacrificio que Jesús hizo para salvarnos de nuestros pecados. Piensa entonces en todas aquellas cosas que pueden distraer tu mente de Dios; por ejemplo: la tecnología (Textos, Facebook, etc) o consumes mucha comida chatarra?

2. Añade algo especial a tu rutina Cuaresmal. Renunciar al chocolate o al Facebook está muy bien, pero, por qué solo dejar de hacer lo negativo y no hacer algo positivo en su lugar? Por ej: Pasar más tiempo con tu familia, o hacienda trabajo voluntario, reza más. Algunas familias guardan algo de dinero durante los 40 días y luego lo donan a una Iglesia o a una organización benéfica local, o compran productos para los necesitados en fin, lo importante es hacer el bien.

3. Asiste a misa tanto como puedas. Además del servicio semanal de los domingos, es bueno ir a misa con frecuencia, sobre todo durante La Cuaresma, comienza el Miércoles de Cenizas, cuando recordamos que del polvo venimos y en polvo nos convertiremos.

4. Asiste a la Reconciliación. La Reconciliación o Confesión es una manera muy buena de alejarte del pecado y reunirte con Cristo. Si aún no tienes la costumbre de ir a confesarte, intenta hacerlo de forma regular. La Iglesia Católica establece que es obligatorio que todos los fieles reciban el sacramento de la Penitencia por lo menos una vez al año y una vez durante la época de Cuaresma, aunque es recomendable que asistas a confesarte por lo menos una vez al mes de ser posible.

5. Dedica tiempo a las devociones. Aunque no son obligatorias, las devociones son una gran manera de prepararte mentalmente para la Cuaresma. La Iglesia Católica establece que es obligatorio que todos los fieles reciban el sacramento de la Penitencia por lo menos una vez al año y una vez durante la época de Cuaresma, aunque es recomendable que asistas a confesarte por lo menos una vez al mes de ser posible.

6. Tomate un tiempo para la introspección y la reflexión. La Navidad y la Pascua son épocas de felicidad y, si bien estos son tiempos alegres y positivos, lo mismo no puede decirse de la Cuaresma. Es un tiempo de simplicidad y solemnidad. Es un tiempo para reflexionar sobre cómo dependes de la misericordia.
NUESTRA CO-RESPONSABILIDAD!!!

"Cuando lo das a Dios, descubres que Dios te da a ti."

Tiempo y Talento: Gracias a HECTOR RODRIGUEZ por su ayuda en mantenimiento y reparaciones de la parroquia y a las personas que ayudaron a preparar el altar para el inicio de la Cuaresma. **Dios le bendiga!**

Tesoro: Ofrenda Febrero 22 y 23 $2,429.00 en 96 sobres y $10.00 en ofrenda suelta. **Bendiciones!!!**

7. Practica el ayuno y la abstención. A partir de los catorce años todos los católicos están llamados a abstenerse de comer carne los viernes de Cuaresma, aunque si se permite comer pescado. Además los católicos de 18 a 59 años deben ayunar el Miércoles de Cenizas y el Viernes Santo y todos los Viernes de Cuaresma, que quiere decir que deben hacer solo una comida fuerte ese día.

8. Establece nuevos hábitos. Si bien muchos eligen renunciar a cosas dañinas durante la Cuaresma, puedes usar esta época para ayudarte a establecer nuevos buenos hábitos. Puedes prometer ser más paciente con tu prójimo, o ayudar a los necesitados. Además de mejorar tu propia vida, utiliza este tiempo para establecer hábitos que mejoren las vidas de otros.

9. Promueve un proyecto comunal de caridad. Muchas comunidades eligen participar en algo como el Plato de Arroz durante esta época, ofreciendo ayuda a las comunidades necesitadas.


11. Haz un calendario de Cuaresma. Esto te ayudará a concentrarte en la progresión de la época de Cuaresma y es un buen recordatorio de los días que van pasando, acercándonos más a la Pascua. La Cuaresma dura 40 días y no incluye los domingos. Culmina el viernes anterior a la Pascua (siendo el último día el Jueves Santo); cuenta hacia atrás desde ahí. Cuelgas el calendario en un área común de tu hogar. Cada día, tacha un recuadro. Conforme te vayas acercando a la Pascua, ¿Cómo te vas sintiendo? Tus sacrificios se vuelven más o menos difíciles de mantener?


13. Haz una comida de sacrificio semanal. Además de ayunar el Miércoles de Ceniza y Viernes Santo, haz una “comida de sacrificio” una vez por semana, como un simple plato de arroz y un vaso de leche en lugar del banquete tradicional de tu familia. Limitarte a esto te recordará lo que es normal para ti, recalculando que no es normal para otros.

La campana de Fondos de Caridad de la Diócesis de Providence nos exorta a contribuir a los programas y ministerios que hacen un impacto positivo en la vida de muchas personas con mucha necesidad en todo el estado. Agradecemos su apoyo y generosidad.

USEMOS CADA DOMINGO LOS SOBRES
Como una forma de demostrarle a Dios tu compromiso y agradecimiento por los dones que recibes de Él. Cuando das un regalo a alguien siempre lo envuelves bien para presentarlo a su dueño. Lo mismo con Dios!!! Dispón con tiempo tu sobre y ofrenda como fruto de tu generosidad y esfuerzo. Esto es parte de nuestra preparación previa al encuentro con Dios en el templo. La Parroquia invierte dinero en personalizar cada semana tus sobres, por favor no los olvides en casa. Usemos los sobres amarillos solo para quienes nos visitan o no están registrados!

No olvides la Ojita de los Sobres... Comparte!