

Eighth Grade Catechesis Objectives

Note: The focus for this grade level is Theology of the Body. The resource we recommend for conveying the information below is Theology of the Body for Teens: Middle School Edition.

Upon completion, youth will be able to:

1. Define true Freedom as the ability to desire and choose the true good.
2. Understand that Human persons are made to be a model of the Trinity, which is three persons, united in one God who give themselves to each other in perfect love. We are meant to do the same, so when we are in loving relationships, we understand more about God.
3. See sin as a cheap substitute for authentic good.
4. Understand original sin as a lost inheritance because God's original plan was a pure and perfect relationship.
5. Understand that practicing moral virtue is the means to fulfilling our human identity and the means to real freedom and happiness.
6. Understand how chastity gives us freedom in our relationships to truly love and fulfill our intended purpose.
7. Learn to evaluate contemporary culture and specific behaviors with the standards of Chastity (TV, music, internet use, social media).
8. To be able to differentiate between love and lust.
9. Consider what the universal vocation to holiness is and how we are meant to live it.
10. Students should participate in various forms of devotion and prayer (spontaneous prayer, blessings, adoration, prayer services, litanies, Stations of the Cross, novenas, chaplets, petitions, intercession, thanksgiving, praise). *This objective should be reinforced many times throughout the year.*

