










# February 2021 CMS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>SPV – Baby Carrots</b> 1 <b>Corn Dog on a Stick</b> (chicken) <b>Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel</b> Ranch Beans Chilled Peaches	<b>Groundhog Day</b> 2 <b>Punxsutawney Phil's Cheesy Chicken "Phil"ly</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Sweet Potato Fries Banana 	3 <b>Pizza Hut Pizza-PEPP</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Romaine Salad with Croutons Raisins	4 <b>Turkey Gravy over Mashed Potatoes and a WG Ciabatta Roll</b> <b>Or- Yogurt &amp; Sunflower Seeds w/a WG Ciabatta Roll</b> Mashed Potatoes with Gravy Strawberries	5 <b>Grilled Cheese Sandwich</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Crisp Celery Sticks Applesauce
<b>SPV – Grape Tomatoes</b> 8 <b>WG Waffles with Sausage Links</b>  <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Breakfast Yams Blueberries	9 <b>Sweet &amp; Sour Popcorn Chicken with Brown Rice</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Asian Vegetables Pineapple Tidbits Fortune Cookie	10 <b>Cheeseburger on a WG Bun</b>  <b>Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel</b> Crinkle French Fries Orange Wedges	11 <b>Chicken Parmesan over Noodles with WG Garlic Bread</b> <b>Or- Yogurt &amp; Sunflower Seeds with WG Garlic Bread</b> Romaine Salad with Croutons Chilled Pears	<b>Abraham Lincoln's Birthday</b> 12 <b>Cheesy Chicken Enchilada Bake</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Seasoned Black Beans Chilled Peaches Double Chocolate Chip Cookie
<b>SPV – Baby Carrots</b> 15 <b>Warm Ham &amp; Cheese WG Croissant</b>  <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Baked Beans Fruit Medley 	<b>Mardi Gras</b> 16 <b>Popcorn Chicken Po'boy with Cajun Sauce</b> <b>Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel</b> Jazz'd Potato Wedges Banana Powdered Sugar Beignets (Donut Holes)	17 <b>Pizza Hut Cheese Pizza</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Fresh Broccoli Mixed Fruit	18 <b>Big Ol' Meatball with WG Garlic Bread</b>  <b>Or- Yogurt &amp; Sunflower Seeds with WG Garlic Bread</b> Roasted Butternut Squash Applesauce	19 <b>Cheesy Tuna Bake with Potato Chip Topping &amp; a WG Soft Pretzel</b> <b>Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel</b> Mixed Vegetables Strawberries
<b>SPV – Grape Tomatoes</b> 22 <b>George Washington's Birthday</b> <b>Sausage &amp; Cheese Biscuit</b>  <b>Or- Yogurt &amp; Cheese Stick with a Fluffy Biscuit</b> Glazed Carrots Blueberries	23 <b>Chicken Fried Chicken with Gravy and Assorted WG Bread</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Mashed Potatoes with Gravy Banana	24 <b>Hot Dog on a WG Bun</b>  <b>Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel</b> Cowboy Beans Chilled Peaches	<b>National Chili Day</b> 25 <b>Chili Mac with Noodles with Assorted WG Bread</b>  <b>Or- Yogurt &amp; Sunflower Seeds with Assorted WG Bread</b> Romaine Salad with Croutons Chilled Pears	26 <b>Cheesy Nachos</b> <b>Or- Yogurt &amp; Cheese Stick with Assorted WG Bread</b> Seasoned Green Beans Fresh Apple

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product **WG** = Whole Grain

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