

NOVENA IN HONOR OF SAINT JOSEPH
on the 150th anniversary of the proclamation
of Saint Joseph as Patron of the Universal Church

Fourth Day | March 13

SIGN OF THE CROSS

PRAYER

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil. Amen.

REFLECTION

From the apostolic letter *Patris corde* of the Holy Father, Francis:

An obedient father

As he had done with Mary, God revealed his saving plan to Joseph. He did so by using dreams, which in the Bible and among all ancient peoples, were considered a way for him to make his will known.

Joseph was deeply troubled by Mary's mysterious pregnancy. He did not want to "expose her to public disgrace", so he decided to "dismiss her quietly".

In the first dream, an angel helps him resolve his grave dilemma: "Do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins". Joseph's response was immediate: "When Joseph awoke from sleep, he did as the angel

of the Lord commanded him". Obedience made it possible for him to surmount his difficulties and spare Mary.

In the second dream, the angel tells Joseph: "Get up, take the child and his mother, and flee to Egypt, and remain there until I tell you; for Herod is about to search for the child, to destroy him". Joseph did not hesitate to obey, regardless of the hardship involved: "He got up, took the child and his mother by night, and went to Egypt, and remained there until the death of Herod".

In Egypt, Joseph awaited with patient trust the angel's notice that he could safely return home. In a third dream, the angel told him that those who sought to kill the child were dead and ordered him to rise, take the child and his mother, and return to the land of Israel. Once again, Joseph promptly obeyed. "He got up, took the child and his mother, and went to the land of Israel".

During the return journey, "when Joseph heard that Archelaus was ruling over Judea in place of his father Herod, he was afraid to go there. After being warned in a dream" – now for the fourth time – "he went away to the district of Galilee. There he made his home in a town called Nazareth".

The evangelist Luke, for his part, tells us that Joseph undertook the long and difficult journey from Nazareth to Bethlehem to be registered in his family's town of origin in the census of the Emperor Caesar Augustus. There Jesus was born and his birth, like that of every other child, was recorded in the registry of the Empire. Saint Luke is especially concerned to tell us that Jesus' parents observed all the prescriptions of the Law: the rites of the circumcision of Jesus, the purification of Mary after childbirth, the offering of the firstborn to God.

In every situation, Joseph declared his own "fiat", like those of Mary at the Annunciation and Jesus in the Garden of Gethsemane.

In his role as the head of a family, Joseph taught Jesus to be obedient to his parents, in accordance with God's command.

During the hidden years in Nazareth, Jesus learned at the school of Joseph to do the will of the Father. That will was to be his daily food. Even at the most difficult moment of his life, in Gethsemane, Jesus chose to do the Father's will rather than his own, becoming "obedient unto death, even death on a cross". The author of the Letter to the Hebrews thus concludes that Jesus "learned obedience through what he suffered".

All this makes it clear that “Saint Joseph was called by God to serve the person and mission of Jesus directly through the exercise of his fatherhood” and that in this way, “he cooperated in the fullness of time in the great mystery of salvation and is truly a minister of salvation.”

NOVENA PRAYER

Saint Joseph, you are the faithful protector and intercessor of all who love and venerate you. You know that I have confidence in you and that, after Jesus and Mary, I come to you as an example for holiness, for you are especially close with God. Therefore, I humbly commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, pray for me to have a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore: *time for silent prayer*

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. St. Joseph Most Just, Pray for us! Amen.

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