

HAWKS' HAVEN MENU OCTOBER, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	2	4
	Grilled Cheese Golden Corn Chilled Pears Cinnamon Roll Milk	BRUNCH FOR LUNCH Scrambled Eggs Sausage Patty Tator Tots/ Grits Fresh Baby Carrots Chilled Peaches Milk	Chicken Smackers Black eyed over Rice Caesar Salad Chilled Mandarin Oranges French Bread Milk	Shepherd's Pie Roasted Broccoli Chilled Pineapple Biscuit Brownie Milk
7	8	9	10	11
Red Beans over Rice Chicken Smackers Carrot Souffle Mandarin Oranges Cornbread Milk	Grilled Cheese Golden Corn Chilled Pears Cinnamon Roll Milk	Chicken & Sausage Gumbo Steamed Rice Potato Salad Glazed Carrots Chilled Applesauce Southern Butter Roll Milk	Shrimp Boil Sausage & Potatoes Corn on the Cob Chilled Pineapples French Bread Milk	Lasagna Roasted Broccoli Chilled Peaches Garlic Roll Cookie Milk
14	15	16	17	18
Chicken & Sausage Jambalaya Black Eyed Peas Brussel Sprouts Assorted Fruit Cornbread Milk	Grilled Cheese Golden Corn Chilled Pears Cinnamon Roll Milk	Shrimp Pasta Carrot Souffle Seasoned Green Beans Chilled Pears French Bread Milk	Chicken Parmesan Spaghetti Grilled Mandarin Oranges Garlic Roll Milk	Beef Stew Steamed Rice Seasoned Green Peas Chilled Pineapple Southern Butter Roll Rice Krispie Treat Milk
21	22	23	24	25
Baby Ray's Backyard BBQ Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Chilled Applesauce Southern Butter Roll Milk	Grilled Cheese Golden Corn Chilled Pears Cinnamon Roll Milk	Black Eye Peas Chicken Smackers Brussel Sprouts Chilled Pears Cornbread Milk	Meatballs & Spaghetti Creamed Spinach Chilled Pineapple Garlic Roll Milk	Chicken & Sausage Gumbo Steamed Rice Seasoned Green Beans Potato Salad Chilled Peaches Biscuit Cake Milk
28	29	30	31	
Salisbury Steak Mashed Potatoes & Gravy Glazed Carrots Chilled Applesauce Southern Butter Roll Milk	Grilled Cheese Golden Corn Chilled Pears Cinnamon Roll Milk	BRUNCH FOR LUNCH Scrambled Eggs Sausage Patty Tator Tots/ Grits Fresh Baby Carrots Chilled Peaches Milk	Chicken Smackers Black eyed over Rice Caesar Salad Chilled Mandarin Oranges French Bread Milk	