

PRE-KINDERGARTEN - 7TH GRADE -- October, 2019

PRE-KINDERGARTEN - 7TH GRADE -- October, 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	NO SALAD BAR	SALAD BAR 4th-7th Brunch for Lunch	SALAD BAR 4th-7th	SALAD BAR 4th-7th
	Crispy or Soft Beef Taco Shredded Cheese Lettuce & Tomato Golden Corn Fresh Fruit Cinnamon Roll/ Milk	Scrambled Eggs Sausage Patty Tator Tots/Grits Fresh Baby Carrots Fresh Fruit Milk	Fried Catfish White Beans over Rice Caesar Salad Fresh Fruit French Bread Milk	Shepherd's Pie Roasted Broccoli Fresh Fruit Biscuit Brownie Milk
	Hot Ham and Cheese on Bun	Chicken Sandwich	Hamburger w/wo Cheese	Boneless Wings
7	8	9	10	11
SALAD BAR 4th-7th	NO SALAD BAR	SALAD BAR 4th-7th	SALAD BAR 4th-7th	SALAD BAR 4th-7th
Red Beans over Rice Sausage Links Carrot Souffle Fresh Fruit Cornbread Milk	Crispy or Soft Beef Taco Shredded Cheese Lettuce & Tomato Golden Corn Fresh Fruit Cinnamon Roll Milk	Chicken & Sausage Gumbo Steamed Rice Potato Salad Glazed Carrots Fresh Fruit Southern Butter Roll Milk	Shrimp Boil Potatoes Corn on the Cob Fresh Fruit French Bread Milk	Lasagna Roasted Cauliflower Fresh Fruit Garlic Roll Cookie Milk
Sloppy Joes	Pepperoni/Cheese Pizza	Hamburger w/wo Cheese	White Grilled Cheese	General Tso Chicken Smackers
14	15	16	17	18
SALAD BAR 4th-7th	NO SALAD BAR	SALAD BAR 4th-7th	SALAD BAR 4th-7th	SALAD BAR 4th-7th
Chicken & Sausage Jambalaya Black Eyed Peas Brussel Sprouts Fresh Fruit Cornbread Milk	Crispy or Soft Beef Taco Shredded Cheese Lettuce & Tomato Golden Corn Fresh Fruit Cinnamon Roll Milk	Shrimp Pasta Carrot Souffle Seasoned Green Beans Fresh Fruit French Bread Milk	Chicken Parmesan Caesar Salad Fresh Fruit Garlic Roll Milk	Beef Stew Steamed Rice Seasoned Green Peas Fresh Fruit Southern Butter Roll Rice Krispie Treat Milk
Hamburger w/wo Cheese	Chicken Tenders	Loaded Nacho Supreme Bowl	Pepperoni/Cheese Pizza	Chicken Sandwich
21	22	23	24	25
SALAD BAR 4th-7th	NO SALAD BAR	SALAD BAR 4th-7th	SALAD BAR 4th-7th	SALAD BAR 4th-7th
Sweet Baby Ray's Chicken BBQ Macaroni & Cheese Glazed Carrots Fresh Fruit Southern Butter Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Tomato Cup Golden Corn Fresh Fruit Cinnamon Roll Milk	Black eyed peas Sausage Links Brussel Sprouts Fresh Fruit Cornbread Milk	Meatsauce & Spaghetti Creamed Spinach Chilled Pineapple Garlic Roll Milk	Chicken & Sausage Gumbo Steamed Rice Seasoned Green Beans Potato Salad Fresh Fruit Biscuit/Cake Milk
Sloppy Joe	Yellow Grilled Cheese	Hamburger w/wo Cheese	Creamy Ranch Chicken Pita Pocket	Pepperoni/Cheese Pizza
28	29	30		
SALAD BAR 4th-7th	NO SALAD BAR	SALAD BAR 4th-7th Brunch for Lunch	SALAD BAR 4th-7th	
Salisbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Fresh Fruit Southern Butter Roll Milk	Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Tomato Cup Golden Corn Fresh Fruit Cinnamon Roll Milk	Scrambled Eggs Sausage Patty Tator Tots/Grits Fresh Baby Carrots Fresh Fruit Milk	Fried Catfish White Beans over Rice Caesar Salad Fresh Fruit French Bread Milk	
Tex-Mex Melt	Hot Ham and Cheese on Bun	Chicken Sandwich	Hamburger w/wo Cheese	