

## ***The Trinity looks at the world - The Incarnation***

**DAY 5, MAY 15, 2020**

### CONTEMPLATION ON THE INCARNATION

**To dispose oneself:**

**First - the narrative.**

**Second - the place.**

**Third - asking for what I want:** it will be here to ask for *interior knowledge of the Lord, who for me has become man, that I may more love and follow Him.*

**First Point. To see the various persons.**

**Second Point. To hear what the persons are saying.**

**Third Point. To look at what the persons are doing.**

**Colloquy.** At the end a Colloquy is to be made, thinking what I ought to say *to the Three Divine Persons, or to the Eternal Word incarnate, or to our Mother and Lady,* asking according to what I feel in me, *in order more to follow and imitate Our Lord, so lately incarnate.*

**Our Father.**

### **PRAYER MATERIAL**

- The Nativity: Luke 2,1-7.
- The call of the first disciples: Luke 5,1-11.
- The Beatitudes: Matthew 5,1-12.



Deepen Your Relationship with the Risen Lord:  
An Introduction to Ignatian Spirituality  
St. Raphael the Archangel Catholic Church