

THE PASSION OF CHRIST

DAY 6, MAY 16, 2020

PRAYER EXERCISE following the session on the Passion of Christ

“Jesus Dies Upon Cross” (Matthew 27:35-52)

1. **Enter into God’s presence** (ask the Lord for his help)
2. **Recall** what is happening, perhaps reading Matthew’s scripture
3. **To see the place:** the hill of Calvary, Jesus on the cross between the two thieves, Mary and John standing near Jesus’ cross, some soldiers, a few disciples, onlookers
4. **To ask for what I desire:** compassion... “grief with Christ in grief, to be broken with Christ broken, for tears and interior suffering on account of the great suffering that Christ endured for me”
5. **Point #1:** the chief priests with the scribes and elders mocked him, “He saved others; he cannot save himself.”

Point #2: Jesus cried out in a loud voice, “Eli, eli, lama sabachthani?” that is, “My God, my God, why have you forsaken me?”

Point #3: One of them quickly ran to get a sponge which he filled with vinegar and, putting it on a reed, gave it to him to drink.

Point #4: Jesus, again crying out in a loud voice, yielded up his spirit.

6. **Colloquy:** I close with a colloquy to Christ our Lord, and at the end, says the Our Father.

