

2020 CYO TRACK AND FIELD – SECTION II

ORDER OF EVENTS FOR PRELIMINARY MEETS

RUNNING EVENTS

1. **50 Meter DASH (K-2) –**
K 1 2 GIRLS K 1 2 BOYS
 2. **1600 Meter –**
(3rd grader and above only)
6-8 GIRLS 3-5 GIRLS
6-8 BOYS 3-5 BOYS
 3. **800 Meter –**
8 7 6 5 4 3 GIRLS
8 7 6 5 4 3 BOYS
- **OPENING PRAYER –**
4. **100 Meter DASH (K-2) –**
K 1 2 GIRLS K 1 2 BOYS
 5. **4X100 Meter RELAYS –**
3 4 5 6 7 8 GIRLS
3 4 5 6 7 8 BOYS
 6. **400 Meter RUN –**
3 4 5 6 7 8 GIRLS
3 4 5 6 7 8 BOYS
 7. **100 Meter DASH –**
3 4 5 6 7 8 GIRLS
3 4 5 6 7 8 BOYS
 8. **50 Meter DASH (3-5) –**
3 4 5 GIRLS
3 4 5 BOYS
 9. **200 Meter RUN –**
8 7 6 5 4 3 GIRLS
8 7 6 5 4 3 BOYS
 10. **4 X 400 Meter RELAYS**
(combined grades 5th grade
and above)
 11. **SPRINT MEDLEY RELAYS**
(100x100x200x400)

TIME SCHEDULE

Sunday Meets

Coaches Meeting – 11:30 a.m.

1st Call – 12:00 Noon

Start – 12 Noon

FIELD EVENTS

- SOFTBALL THROW –**
8 7 6 GIRLS / 8 7 6 BOYS
5 4 3 BOYS / 5 4 3 GIRLS
- SHOT PUT (5TH grader and above ONLY)**
5 6 7 8 GIRLS
5 6 7 8 BOYS
- LONG JUMP –**
6 7 8 BOYS / 6 7 8 GIRLS
3 BOYS / 3 GIRLS
4 5 GIRLS / 4 5 BOYS
- TETHERBALL TOSS –**
(begins after 6B Softball Throw)
8 7 6 5 4 3 GIRLS
8 7 6 5 4 3 BOYS
- HIGH JUMP (5TH grade and above ONLY)**
5 6 GIRLS 5 6 BOYS
7 8 GIRLS 7 8 BOYS

PLEASE NOTE!

1. **CALLS:** All events will have 3 CALLS. Late-comers will NOT be allowed to compete after the last call is made. Participants leaving a field event for a track event must check out with the Field Event Judge and report back within a reasonable time.
2. **PARTICIPANT AREAS:** All coaches and parents are to remain off the infield, the track and away from the finish line at all times. Failure to observe this may result in DISQUALIFICATION of the participant or the entire team.
3. **LABELS:** All Participants must wear a label to compete. Label must include: First Name, Last Name, Parish or School, Grade, Gender and Events. Information must be CLEARLY written on the label.
4. **SAFETY:** Instruct all athletes and children to use EXTREME CAUTION in event areas, especially the SHOTPUT, SOFTBALL THROW AND HIGH JUMP AREAS.
5. **CLEAN UP:** Teams must clean up their areas after each meet.
6. **SMOKING:** NO SMOKING IS ALLOWED