

MICHAEL C. BARBER, S.J.
BISHOP OF OAKLAND



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August 4, 2021

Dear Fathers,

I am pleased to endorse RealOptions Obria Medical Clinics and the support and promotion of their life affirming work in the Bay Area. RealOptions provides holistic, life-affirming alternatives for women, men, students, and families, including medical, educational, emotional, and material support services.

RealOptions has been serving the Bay Area since 1981 and has five licensed medical clinics located in San Mateo County, Santa Clara County, and Alameda County.

RealOptions offers the following services:

Abortion Pill Reversal	Pregnancy Loss Healing Support
Adoption Support Services	Pregnancy Options Consultations
Cervical Cancer Screening	Pregnancy Testing
Childbirth and Parenting Classes	Resources and Material Support
HIV/AIDS testing and referral	STD Testing and Treatment
Natural Family Planning	Ultrasound
Optimal Health Coaching	Well-woman care

As part of its pregnancy loss healing services, this ministry offers quarterly Rachel's Vineyard retreats for anyone impacted by abortion, as well as pregnancy loss from miscarriage and stillbirth. They also offer bi-monthly online support groups on the first and third Thursday of each month. By the time they reach age 45 current statistics tell us that 1 in 4 women will have had an abortion. Sixty percent of women who obtain abortions self-identify as church going Catholics or Protestants, which means that many post-abortive men and women come from the Catholic community and belong to our parishes. This healing experience is restorative, God-centered, sensitive, confidential -- indeed, a redemptive process.

Their RealTalk Education Program for students and parents uses a science-based risk avoidance curriculum which focuses on healthy relationships and is consistent with Catholic teaching. Their desire is to inform parents to reclaim parenthood, to raise strong children and build healthy communities with local churches, schools, and community-based organizations. They are passionate about equipping students to make healthy lifestyle choices and empowering them with effective relationship and risk avoidance skills. They would love to serve your parish with this vital program.

For the greater glory of God

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Whatever your parish can do to build a culture of life, fostering love at all stages of life, please do. One concrete way to do this is to promote RealOptions' medical services and outreach programs to your parishioners. Please consider how you and your parishioners can support their efforts.

If you would like more information, please contact Myriam Diallo and Shawn Boreta, Community Outreach Managers, at myriam@realoptions.net and shawn@realoptions.net. They will be happy to give you a tour of one of RealOptions medical clinics or come to your parish and meet with you. Additionally, if you wish, they can arrange for you to meet with members of the ministry's leadership team.

With the assurance of my continued prayers and blessing, I am

Yours sincerely in Christ,

A handwritten signature in black ink that reads "Michael Barber S.J." with a small cross symbol to the left of the name.

The Most Reverend Michael C. Barber, S.J.
Bishop of Oakland