

Mary Becomes Our Intercessor

In the First Reading from Isaiah, matrimonial imagery is used to describe the new relationship between God and His people, comparing the love between Yahweh and His people to the love between a husband and wife. This same comparison is presented in the Gospel where Jesus saves the wedding feast of the couple at Cana by changing water into wine; thus, He prefigures His own marriage to the Church. • The Responsorial Psalm is an exuberant hymn of praise in which all nations are called to join in this song. This is one of the reasons we gather on Sunday: to sing His praise and glory. We are called to tremble before Him, not in fear, but in awe of His works in our midst. • As in the Alleluia verse, echoing today's Gospel, God calls us to share in His glory, not in the sense of power or prestige, but in a willingness to love and serve. • Today's Gospel describes Jesus' first miracle of changing the water into wine at the Wedding Feast at Cana. Jesus replaces the imperfect customs of the Old Testament with His love. He serves the better wine (the New Covenant) that replaces the earlier, inferior wine (the Old Covenant). Mary's role here is very symbolic, as our intercessor, for she is no longer called by her name, but rather Saint John calls her the Mother of Jesus. Saint John does this to highlight her symbolic role. The miracle of water changed into wine prefigures the event that gives us access to the heavenly banquet: the cross (the hour Jesus spoke of, His hour of glory and our hour of redemption).

Faith First

In-Parish Retreat -- Save the Date!

Remember the In-Parish Retreat presented by Father Robin Ryan CP? Besides speaking at all the Masses the weekend of February 9-10 he will offer three presentations February 10, 11, and 12 at 7:00 pm in the school cafeteria. The theme for each evening will be:

Sunday: "Christ the Friend: Building Friendship with Christ."

Monday: "Christ the Good Shepherd: Becoming a Reconciled and a Reconciling Person."

Tuesday: "Christ the Bread of Life: The Eucharist as Food for the Journey."

We will provide an overview of the first presentation this week in this bulletin and will provide the other overviews in the next two weeks. • If you are interested in attending, please RSVP by calling the Ministry Office at 916-452-4830 or emailing Rita Spillane at ritaspillane@gmail.com.

Prayer of the Week

Almighty and ever-present Father, your watchful care reaches from end to end and orders all things in such power that even the tensions and the tragedies of sin cannot frustrate your loving plans. Help us to embrace your will, give us the strength to follow your call, so that your truth may live in our hearts and reflect peace to those who believe in your love. Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Parish Study Group

On Tuesday, January 22, we will begin a new study, *Jesus of Nazareth: From the Baptism in the Jordan to the Transfiguration* by Pope Emeritus Benedict XVI. We meet every other Tuesday from 1:00 pm to 2:30 pm in the Parish Hall located behind the rectory. Newcomers are especially welcome as we begin something new. The assignment for January 22 is the Introduction and Chapter 1, pages 1-24. For more information call Mary Anne Smith at 530-

676-7874 or Alice Cano at 916-446-1206.

Faith Formation Teachers Needed

Children who are not enrolled in a Catholic school receive instruction in our Faith Formation program 4:00 to 5:00 pm on Tuesdays during the school year. You can help pass on the faith by volunteering to teach in the program. Training and materials are provided. If you can help, please contact Tila Madrigal at 916-947-2683.

Meetings & Events

Food Pantry Donations

Thanks to your generosity, The Society of St Vincent de Paul gave out many food bags in November and December. But now, the pantry is looking a little bare and must be replenished. The week-end of January 26/27, the Society of St Vincent DePaul will be collecting non-perishable food items for the pantry and for the students in need at the Catholic Newman Center at CSU Sacramento. The pantry and the Newman Center are in need of cereal, crackers, peanut butter and jelly, canned fruit, canned meats (tuna, chicken, ham, spam) small bags of pasta and rice, marinara sauce, mayo and salad dressing, small individual/single serving size items such as energy/granola bars, juice boxes, fruit/dessert cups, prepared puddings, meals in a dish such as mac 'n cheese, Top Ramen, Cup of Soup and microwave popcorn. A bag filled with non-perishable, **unexpired** food may be left inside the altar rail. Questions about donations please call Emilia Jankowski at 916-927-1667.

In-Parish Retreat - First Presentation Overview

The first presentation on Sunday February 10 is entitled: "Christ the Friend: Building Friendship with Christ." In John's gospel we see Christ calling his disciples into friendship with him. "You are my friends if you do what I command you... I have called you friends, because I have told you everything I have heard from my Father." (John 15:14-15). What does it mean to live as a friend of Jesus? How do we learn to recognize Christ as intimately involved in our lives and actively seeking our well-being? Come to the Retreat to consider these important questions. Discussion immediately after Mass on Monday morning in the Parish Hall for one hour.

School Crab Feed

On Saturday Feb. 23rd, the SHPS annual Crab Feed will be held in the school Gym from 5:30pm - 11pm. Tickets are now on sale now until 2/08/19 and cost \$55 per person. Ticket forms/reservations will be in the church vestibule or at the school. You can also buy them online at <https://sacredheartcrabfeed.ticketspice.com/sacred-heart-crab-feed-2019>.

School Open House

Mark your calendars and join us for our annual Open House on January 27 from 11:00 am-1:00 pm. All are invited and welcome. This is the kick off for Catholic Schools Week, celebrated throughout the Diocese of Sacramento. Students will be giving school tours, classrooms will be open and teachers will be available to visit. The week ends with Grandparents/Special Friends Day on Friday February 1 (Call the School for details). • Come and see all the wonderful excitement that happens at Sacred Heart Parish School!

Kindness Week—January 27-February 3

Sacred Heart Parish School will join with Mercy General Hospital and Dignity Health to celebrate Kindness Week. It is a week filled with great fun and random acts of kindness. Students will visit patients and staff at the hospital; make cards and surprise family and friends with special acts of kindness. We hope to make kindness a way of life!

Parish School Now Accepting Applications

The School is now accepting applications for the 2019-2020 school year. Applicants for Transitional Kindergarten must be 4 years old by September 1, 2019 and applicants for Kindergarten must be 5 years old by September 1. We will also be accepting applications for first through sixth grades. • For more information, please contact the Sacred Heart Parish School Office at 916-456-1576.

Flu Season

Bishop Soto has issued the following directives: the use of the communion cup is suspended temporarily; do not shake hands, simply nod to those around you saying "Peace be with you"; do not hold hands during Our Father. • The administration of Holy Communion under both kinds will resume later.

Youth Group Update

The Youth Group's second meeting in January will be held on Wednesday, January 23. The theme is still to be determined. • If you are a student in grades 8 through 12, please consider joining us for one of our upcoming meetings. All meetings are held in St. Anthony's Hall from 6:30-7:30 p.m. • If you have any questions, please do not hesitate to contact Mr. Sunderman at psunderman@sacredheartschool.net.

Seniors Group

Seniors, our next dinner will be at Celestins at 3610 McKinley Blvd. We will

meet there at 5:30 pm on Wednesday, February 6. If you are interested please contact Nancy Reid at ReidNancy@aol.com, or at 916-922-3830.

Altar Society News

Time to join or renew your membership for the Altar Society. Annual dues are only \$20 per family. Your membership allows us to clean and replace vestments for priests and altar servers, and altar cloths; purchase items for the sanctuary as needed; and provide altar flowers. Altar Society members will be in the church vestibule at all Masses the weekend of Jan. 26-27 for you to renew or enroll. You may also pick up an envelope and return it by Feb.17 either by dropping it in the collection basket labeled ATTN: Altar Society or mailing to Claire Hyde 5500 Spillman Ave. Sacto. 95819. Thank you for supporting this important ministry.

Please Do Not Park in Lot Across the Street

The small office building parking lot across 39th St. from the church has, until now, been available for weekend parking. However, the tenants now have shifts on the weekends and they need their parking spaces. Please be courteous and honor their request not to park in their lot at any time.

Mercy General Hospital Guild Volunteers

The Mercy General Guild is looking for new volunteers especially for the Mercy General Cardiac and General Surgery waiting areas. Volunteers reassure the families and friends of patients in surgery and provide them with as much information as possible on the progress of the patients. They also act as liaison between hospital staff, patients, their families and friends. The nursing staff repeatedly indicates how valuable this help is and patients families are grateful to have a contact which can assist them in communicating with the staff. If you are interested, please contact Anne-Louise Radimsky at radimsky@csus.edu or 916-484-1248, or Andy Sevier at sevier@surewest.net or 916-599-7664.

In Our Prayers

**Daily Mass Intentions
January 20 - January 27**

Sun	8:00am	Barbara Dovichi (+)
	9:30am	For the People of the Parish
	11:00am	Joe Vanacore (+)
Mon	8:00am	Don, Philip & Izzy Ingoglia (+)
Tue	8:00am	Sacred Heart Altar Society (+)
Wed	8:00am	William Creegan (+)
Thu	8:00am	Linda Ryle (+)
Fri	8:00am	Michael Manning (+)
Sat	9:00am	Mary Twomey (+)
	5:30pm	Int...Marion & Tom Slakey 67th Wedding Anniversary
Sun	8:00am	Peter & Frances Sexton (+)
	9:30am	Int...Vicky & Marc Sazaki
	11:00am	For the People of the Parish

In Memoriam

Diana Green Fischer • December 27, 2018

Eternal rest grant unto her, O Lord.
And let perpetual light shine upon her.

Please Pray for the Sick

Bishop Francis Quinn, Doris Wagner, Rick Cwynar, Kang Simon Lee, Diana Zuniga, Suzy Riehl, Laurel Sunderman, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Josephine Davila, Dale Wooldridge, Donald Anderson, Teresa Yeung, Nancy McGarry, Vivian Stolp, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Grace Grant, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.