

Recognizing God's Holiness and Our Call to Serve

The First Reading is about Isaiah's vision of God. Isaiah was in the temple when he experienced the holiness of God. In Hebrew there is no comparative or superlative degree of expression, so a word had to be repeated two or three times to convey a greater degree. To indicate the incredible holiness of God, Scripture says "holy, holy, holy", i.e. God is the "holiest" of all, the *most* holy. Like Isaiah, when we encounter the holy, we realize how limited and broken we are. We are not terrified, but rather, in awe. God, who cleanses us of our sin, also gives us the courage to do what we cannot achieve on our own. • The Responsorial Psalm also celebrates God's tremendous holiness. His greatness and glory are beyond our comprehension. Our best response as human, finite beings when we encounter the Divine and Infinite, is to praise God's glory. May we be filled to overflowing with joy, gratitude, and wonder at this realization. • The Gospel continues the theme of being called to ministry through humble recognition of God's awesome holiness. St. Peter fished all night and caught nothing. Jesus used Peter's boat as a platform to preach to the crowd. He tells Peter to toss out his nets into the warmer morning water: a strange request since with the heat of the day the fish go down lower to cooler waters. Peter reacts with great fear to the tremendous haul, recognizing that something very holy was happening. He knew he did not deserve to be in Jesus' presence. But, like Isaiah and St. Paul, we are called to serve not because we deserve it, but because God wills to work in us and through us.

Faith First

In-Parish Retreat -- Begins!

The In-Parish Retreat presented by Father Robin Ryan CP begins this Sunday! Besides speaking at all Masses this weekend, Father Ryan will offer three presentations on February 10, 11, and 12 at 7:00 pm in the school cafeteria. The theme for each evening will be:

Sunday: "Christ the Friend: Building Friendship with Christ."

Monday: "Christ the Good Shepherd: Becoming a Reconciled and a Reconciling Person."

Tuesday: "Christ the Bread of Life: The Eucharist as Food for the Journey."

If you are interested in attending, please RSVP by calling the Ministry Office at 916-452-4830 or emailing Rita Spillane at ritaspillane@gmail.com.

New Permanent Deacon

Bishop Soto has appointed Deacon Sergio Diaz to assist at Sacred Heart Parish effective February 1. Deacon Sergio, a retired attorney, was ordained a deacon in 2014. He and his wife, Eleanor come to us from St. Ignatius Parish. He will assist with various parish ministries. He will also continue his out-of-parish duties which include providing pastoral services at Folsom State Prison and at the Sacramento Juvenile Hall, and pro bono legal assistance at a local clinic for the less fortunate. • Deacon Sergio and Eleanor are no strangers to Sacred Heart. The Diaz family were parishioners for many years, and their two children attended Sacred Heart School from Kinder through Eighth grade. • We extend a warm welcome and pray for a fruitful and happy ministry with us.

Prayer of the Week

In faith and love we ask you, Father, to watch over your family gathered here. In your mercy and loving kindness no thought of ours is left unguarded, no tear unheeded, no joy unnoticed. Through the prayer of Jesus may the blessings

promised to the poor in spirit lead us to the treasures of your heavenly kingdom. Through Christ our Lord. Amen.

The Reign of God: Its Meaning

The reign of God (also called kingdom of God) was proclaimed by Jesus and inaugurated in his life, death, and resurrection. It refers to the process of God reconciling and renewing all things through his Son, to the fact of his will being done on earth as it is in heaven. The process has begun with Christ and will be perfectly completed at the end of time.

In Our Prayers

Daily Mass Intentions February 10 - February 17

Sun	8:00am	Kenneth Belke (+)
	9:30am	Int...Lisa Guzzi
	11:00am	Peter Nowinski (+)
Mon	8:00am	Nita York (+)
Tue	8:00am	Dr. Wendel O. Belfield (+)
Wed	8:00am	Aaron Sanchez (+)
Thu	8:00am	Jose, Anna & Lucy Oliveira (+)
Fri	8:00am	Severino & Victorina Rimando (+)
Sat	9:00am	Charles E. Nulk (+)
	5:30pm	Joshua Wingert (+)
Sun	8:00am	Lois & Robert Boemer (+)
	9:30am	For the People of the Parish
	11:00am	Augusta Rita Freeman (+)

In Memoriam

Glen Schwartz • February 3, 2019
Doris Wagner • February 4, 2019
 Eternal rest grant unto them, O Lord.
 And let perpetual light shine upon them.

Please Pray for the Sick

Bishop Francis Quinn, Rick Cwynar, Kang Simon Lee, Diana Zuniga, Suzy Riehl, Laurel Sunderman, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Josephine Davila, Dale Wooldridge, Donald Anderson, Teresa Yeung, Nancy McGarry, Vivian Stolp, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Grace Grant, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Thank You Dick Cutting

After more than 35 years of volunteering his talents to Sacred Heart, Dick Cutting has retired from his duties as a collection auditor. Over many years, Dick held many positions at SH, most always involving financial matters as befitted his background. Even after moving into Mercy McMahan Terrace, Dick continued to count the collection every other week. Now, Dick has retired from this last position. We are so grateful for his invaluable financial expertise and help over these many years, and thank him most sincerely for his dedicated service to SH. • Thanks, Dick, for all you did.

Flu Season

Bishop Soto has issued the following directives: the use of the communion cup is suspended temporarily; do not shake hands, simply nod to those around you saying "Peace be with you"; do not hold hands during Our Father. • The administration of Holy Communion under both kinds will resume later.

School Crab Feed

On Saturday Feb. 23, the SHPS annual Crab Feed will be held in the school Gym from 5:30 pm - 11 pm. Tickets are on sale now and cost \$55 per person. Ticket forms/reservations will be in the church vestibule or at the school. You can also purchase them online at <https://sacredheartcrabfeed.ticketspice.com/sacred-heart-crab-feed-2019>.

Parish Men's Retreat

This is the first call for men of the parish to make the annual retreat at Christ the King Retreat Center located in Citrus Heights. (This would be a good follow up to our "In-Parish Retreat" offered on February 10,11, and 12.) The Men's Retreat is on March 1,2,3. For more information call Jim Paquette at www.christthekingretreatcenter.org or 916-479-1542 to make a reservation.

Volunteer Teachers Needed

Children who are not enrolled in a Catholic school receive instruction in our Parish Faith Formation program. Classes are offered on Tuesdays from 4:00 to 5:00 pm during the school year. If you can help to pass on the faith to our youngsters by volunteering to teach in the program, please contact Tila Madrigal at 916-947-2683. Training, materials and ongoing support are provided.

Catholics Come Home: New Sessions

Starts Thursday, March 7. If you or someone you know is considering returning to the Church or has recently returned, these sessions are an opportunity to learn more about the Church, the Sacraments, the Mass and more. Sessions are open to any Catholic who wants to learn more about our shared Faith. • 6 weekly sessions are held Thursday evenings, 7:00 – 8:30, from March 7 through April 11, in the Parish Hall. • Flyers with session details are in the church vestibule. For more information, visit the Parish web site at www.sacheart.org/crh.php or call the Ministry Office at 916-452-4830.

Meetings & Events

Calling All Mothers

All mothers of the parish, of all ages and stages of life, are invited to attend the upcoming MOMS monthly gatherings. Our gatherings are an opportunity to pray, share, and grow in our faith together. The next gathering is Tuesday, February 19 at 7:00 pm in Saint Anthony Hall. We will also meet again on March 19 and April 16. We hope you will join us!

"Second Sunday" Social - TODAY!

Join us for the "Second Sunday" Social from 12(noon) to 1:30 pm this Sunday in the Parish Hall. It is a chance to catch up with fellow parishioners and meet some new faces. Bring a friend or make a new one. We hope to see you there!

In-Parish Retreat: It has Arrived!

Our In-Parish Retreat is scheduled for this Sunday, Monday and Tuesday. Please come! Renew the presence of Christ in your life through this powerful retreat. Jesus Christ is central to the Christian faith, and now you are invited to reflect on the various dimensions of the mystery of Christ. As you do so, you will increase your faith and strengthen your life as a believer. Come to the Retreat to think and pray about these mysteries. School cafeteria 7:00 pm – 9:00 pm, Sunday, Monday and Tuesday, or immediately after the 8:00 am Mass on Monday and Tuesday mornings in the Parish Hall for one hour. See flier in the church vestibule for more details.

Youth Group Update

The Sacred Heart Youth Group will meet twice in the month of February. At the first meeting this Wednesday, February 13, the group will be making hand-crafted Valentine's Day cards for the students at the Mustard Seed School. On Wednesday, February 27, the group will begin its annual "Charity Move-

ie Night". Optional donations will be collected at the movie night, which will also benefit the Mustard Seed School. • If you are a student in grades 8 through 12, please consider joining us for one of our upcoming meetings. All meetings are held in St. Anthony's Hall from 6:30-7:30 pm. • If you have any questions, please do not hesitate to contact Mr. Sunderman at psunderman@sacredheartschool.net

Retrouaille: Marriage Assistance Rescue Program

Retrouaille has helped thousands of married couples to regain good communication and return to a happy, joyful marriage, through attending one of their weekends and the follow up training sessions. Please pick up a brochures outlining the Retrouaille program in the church vestibule. If you desire more information please call Carl Eschen at 209-753-9284 or visit helpourmarriage.org or call the rectory and we will refer you to a parish couple involved in the program.

Please Do Not Park in Lot Across the Street

The small office building parking lot across 39th St. from the church has, until now, been available for weekend parking. However, the tenants now have shifts on the weekends and they need their parking spaces. Please be courteous and honor their request not to park in their lot at any time.

Upcoming Annual Catholic Appeal (ACA)

The Annual Catholic Appeal is our annual tradition that connects us to thousands of people who need our help every day throughout the 20 counties of our diocese. This year, our Appeal Weekend takes place on the weekend of March 2&3. Through our support, we can assure that many vital social service programs continue to assist tens of thousands of people in need, especially in these times when many people have cut back on their donations to charities sponsored by the Church. The ACA is vital for the clients of these charities. Please prayerfully consider what you can give.