

**The Holy Spirit,
Our Teacher and Guide**

The Church has always been guided by the action of the Holy Spirit. In the First Reading we see the Holy Spirit acting through the Apostles. In the early Church it was difficult to decide what Christ wanted of the first Gentile-Christians. Once baptized, what were they, Jews? Should they observe Jewish dietary laws, customs; should they be circumcised? The Apostles met to discern God's will. Though they led the discussion and compromise, they were directed by the Holy Spirit. ● Psalm 67 is one of thanksgiving, celebrating God's abundant blessings on the whole world and not just Israel. It calls upon all peoples to praise Him, for Yahweh is the God of all. God's blessings on Israel are the model of how He will treat everyone else. Now all are His chosen people, His beloved. This was echoed in the First Reading regarding the Church's mission to the pagans to the very ends of the earth. ● The Second Reading from Revelation describes the heavenly Jerusalem, a city built out of precious stones with 12 gates (the 12 Patriarchs) and the foundation made of 12 courses of stones (the 12 Apostles), i.e., the founders of the Old and New Israel. No temple is seen there, for God is found everywhere. (At the moment of Jesus' death, when the temple veil was torn in two, the separation between God and man was shattered forever.) Likewise, we find no sun or moon, for the Lord Himself is the true Light; in Him there is no darkness. ● In today's Gospel, as in the First Reading, we are being prepared for the Holy Spirit's descent (Pentecost). Here, St. John speaks of the Paraclete who is to come. The word *Paraclete* is translated as Advocate, Consoler, Counselor, Healer, etc. Jesus explains that He must ascend to the Father in order to send us the Holy Spirit. Though this physical separation from Him may be difficult, we should rejoice for Jesus is doing the Father's will. He foretells His departure and return to the Father, to help us

Faith First

believe. Jesus assures us that His Advocate He will send to take His place, will instruct us, remind us of His teachings, and bring us His peace and healing love.

Prayer of the Week

God our Father, maker of all, the crown of your creation was the Son of Man, born of a woman, but without beginning; he suffered for us but lives for ever. May our mortal lives be crowned with the ultimate joy of rising with him, who is Lord for ever and ever. Amen.

The Holy Spirit: Power of Love

Life is full of mystery. The natural world is full of silent, invisible power. The imperceptible power of erosion which was at work for eons carved out the magnificent Grand Canyon. The potency hidden in the acorn causes the inevitable growth of the oak tree. The unseen explosions of nuclear energy in our sun millions of miles away give life to our planet. Hidden, silent, powerful realities lurking in the background account for the wonderful and awesome things we see about us. ● God is also actively working in the world, but in a way that is veiled from direct human observation. Christians believe in the active presence of the Holy Spirit whose life-giving friendship works for us until the end of time. The Father and the Son have sent the Spirit--the power of God's love--to draw us to God. The Spirit transforms our lives from within. The Spirit's gifts enable us to accomplish God's saving work for others and the world in which we live. The Spirit is the mystery of God's love alive in the world.

New Parish Website

The parish has developed a new website with the help of our new webmaster Carson Gross. We encourage you to visit it and give us your feedback. You may find the new site at <https://sacredheart.church>.

Memorial Day

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. This year, Memorial Day occurs on Monday, May 27.

Mass will be celebrated at 9:00 am, not at 8:00 am.

In Our Prayers

**Daily Mass Intentions
May 26 - June 2**

Sun	8:00am	Members of Gallegos Family (+)
	9:30am	Glen Schwartz (+)
	11:00am	For the People of the Parish
Mon	9:00am	Glen Schwartz (+)
Tue	8:00am	Doris McCluskey (+)
Wed	8:00am	Niko Dubreta & Family (+)
Thu	8:00am	Ed Schallmo (+)
Fri	8:00am	William "Bill" Riehl (+)
Sat	9:00am	Int...Loretta Hall
	5:30pm	SH School. Fnd. Mem & Rem
Sun	8:00am	Helen Decker (+)
	9:30am	For the People of the Parish
	11:00am	Int...John Hamlin Family

In Memoriam

Let us pray for all those who have died and are in need of prayer. May they enjoy light, happiness and peace.

Please Pray for the Sick

Rita Fernandez, Thomas Wolfanger, Robin Aurelius, Elliot Sevier, Diana Zuniga, Suzy Riehl, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Dale Wooldridge, Donald Anderson, Teresa Yeung, Nancy McGarry, Vivian Stolp, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Meetings & Events

Class of 2019

Please pray for the 8th graders at Sacred Heart Parish School who graduated on May 21. The class spent May 6 on retreat where they reflected upon their time at Sacred Heart School and planned for their future in high school. We are very proud of the Class of 2019 and know they are well prepared for the next steps on their journey.

Interested in Becoming a Catholic?

Easter 2020 will be on April 12! Will you be ready? Are you, or someone you know, interested in becoming a Catholic? Call RCIA director Rita Spillane at 916-452-4830 to explore the possibility of becoming a Catholic or renewing the practice of your Catholic faith.

Youth Group

The next youth group meeting will be on Wednesday, May 29. The group will celebrate its graduates (from both 8th grade and high school) with an Graduation/End of the Year Party. ● If you are a student in grades 8 through 12, please consider joining us in the future. All meetings are held in St. Anthony's Hall from 6:30-7:30 pm. ● If you have any questions, please do not hesitate to contact Mr. Sunderman at psunderman@sacredheartschool.net.

2019-2020 Faith Formation Registration

Children attending a non-Catholic school in grades Kindergarten through 8th grades have been signed up for the Parish's Faith Formation Program. In case you did not previously register, registration forms and other program information are available in the vestibule. ● Starting Tuesday, September 3, classes will be held from 4:00 pm - 5:00 pm every Tuesday at Sacred Heart Parish School, 856 39th Street. ● The fees for classes are as follows: \$75 for one child and \$100 for two or more children. There are additional per child fees for First Holy Communion and Confirmation. ● If you have any questions regarding the program, please do not hesitate to contact Tila Madrigal, Religious Education Coordinator, at 916-947-2683 or by email at tilamadrigal@gmail.com.

School's Out for Summer

School will be out on May 31. The students of Sacred Heart Parish School thank all parishioners for their ongoing prayers and support. We pray that everyone has a safe and enjoyable summer break. We will return to school on August 15, the feast of the Assumption of the Blessed Virgin Mary into heaven.

The Society of St. Vincent de Paul Thrift Store

Cleaning out your closet or that of your children? Then consider donating your items to the Saint Vincent de Paul Thrift Store. A SVdP collection truck will be available at our neighboring parish St Mary's the weekend of June 8-9, Saturday from 4 pm to 6:30 pm and on Sunday from 8 am to 1 pm. Please bring gently used clothing, household items and furniture to St Mary's church parking lot located at 1333 58th Street. Unfortunately, we cannot take computer or other electronic equipment. Your donated items will be someone else's treasures. ● If you cannot make the drop off hours please bring your items directly to the St Vincent de Paul Thrift Store located at 2275 Watt Ave. in Sacramento. Questions about donations please call Emilia Jankowski at 916-927-1667.

Communion from the Cup

The California Department of Public Health has determined that the incidence of influenza-like illnesses has finally dropped below the critical threshold for two consecutive weeks, and is now at expected levels for this time of year. ● As a result, Bishop Soto has lifted the suspension of the Communion cup and other precautions that have been in effect since January.

Farmers Market at Mercy General Hospital

There is a new Farmers Market in the neighborhood. Every Friday, from 9:30 am to 2:00 pm, Mercy General Hospital sponsors a farmers market in the parking lot in front of the J Street entrance. Shoppers can purchase organic fruits and veggies, fresh baked bread, organic cheese, homemade salsa, tamales and more. This is an initiative of Mercy Hospital as a community service to support healthy food production and the farmers who grow it. Support your local farmers and enjoy organic, fresh produce!

Catholic Faith Formation Program

Tuesday, May 14, was the last day of a very successful year for the 83 children that participated in faith formation classes for the 2018-2019 year. Thank you to Cleo Ner, Carmen Rogers, Anne Marie Flaherty, Andrew Holz, and Joan Knego for sharing their faith and their time, effort, and dedication to the children. Thank you also, to Raquel Dudderar and Sarah Ross for sharing their faith with the adults that waited while their little ones attended classes. A very special thank you to all parents for allowing us to share the faith and the promise of God's love with your little ones.

Food Donation Collection

If you would like to make a non-perishable food donations and did not come prepared to do so this weekend, you may bring your donation next weekend. The pantry's needs this month are boxed cake, brownie and/or muffin mixes, and condiments (mayo, mustard, ketchup, relish, and pickles in small bottles), small boxes of crackers, peanut butter and jam, energy/granola bars and canned fruit. Please check expiration dates on all items as we are not able to dispense out-of-date food. A bag filled with non-perishable food may be left inside the altar rail. Many local families rely on assistance from our St. Vincent de Paul food pantry to make it through the month. Thank you for your generosity!

Catholic Communication Campaign

Next week, our special collection is for the Catholic Communication Campaign. This campaign connects people with Christ in the United States and in developing countries around the world through the Internet, television, radio, and print media. Fully 50% of funds collected remain here in the Diocese of Sacramento to fund local communications efforts. Your support helps spread the Gospel message! ● To learn more, visit www.usccb.org/cc.

Parish Study Group

We are discussing Jesus of Nazareth: From the Baptism in the Jordan to Transfiguration by Pope Emeritus Benedict XVI. The assignment for Tuesday, May 28 is Chapter 10, Pages 319-355. We meet from 1:00 pm to 2:30 pm in the Parish Hall. Newcomers are always welcome. ● For more information call Mary Anne Smith at 530-676-7874.