

The Ascension of Our Lord & King

The First Reading is addressed to Theophilus, (*those who love God*), Christians. (In Greek: “*Theos*” is *God*, “*phileo*” is *to love*.) The disciples, in questioning Our Lord about the timing of His kingdom, thought it would be a political entity. This was not what He came to establish. Jesus would be the King who reigned in our hearts, if we would only surrender. This reign was to begin in Judea and spread to the whole world. At this moment, after having once again explained the meaning of His kingdom, Our Lord is lifted up from their midst on a cloud. It happened this way so that the disciples could understand that Jesus was now with the Father. • The Responsorial Psalm proclaims God as king of heaven and earth; no nation is outside His reign. God is described as the “Most High”, i.e., beyond our understanding. What does it mean: God is our king? Every decision we make should be based on His will for us, for He is King of all hearts, not just the world. • In the Second Reading we find two reading options: one from Ephesians and the other from Hebrews. The reading from St. Paul’s letter to the Ephesians speaks of knowing God and the glory to which He calls us. This is our hope and our life’s meaning. Our Lord is enthroned above every principality and power, above all spiritual and physical beings. The letter to the Hebrews speaks of having confidence to enter the “new sanctuary” of heaven. This confidence is based on our belief that Jesus, the Lamb who shed His Blood for us, has made restitution for our sin. His perfect sacrifice on the cross, perfectly washed away our sins. If we accept this salvation He offers, we must do something about it. We must go from *theory* to *application*; knowledge should bring us to conversion. • Today’s Gospel is St. Luke’s account of the Ascension. Jesus reminds His disciples that everything that happened to Him had been foretold: God had a plan and Jesus’ mission was to fulfill it. He advises them to remain in Jerusalem until they receive the Holy Spirit (Pentecost). Then, right before their eyes, He ascends into Heaven. This event, as other important events in Christ’s life (*His death, resurrection, and Pentecost*), occurred on the Mount of Olives. So it is from here that His Kingdom dawns. It is from

Faith First

here we learn responsibility for our morality. Jesus has shown great trust in us, leaving us to carry on His work in the world with the help of His Holy Spirit.

Prayer of the Week

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created and you shall renew the face of the earth. O God, who has instructed the hearts of your faithful by the light of the Holy Spirit, grant that by the same Holy Spirit we may have right judgment in all things and evermore rejoice in his consolations. Through Christ our Lord. Amen.

First Friday Adoration: This Friday, June 7

Exposition of the Blessed Sacrament follows the 8:00 am Mass and concludes with Benediction at 12(noon). Mass is celebrated immediately after Benediction. • Join us and spend some time in prayer before the Blessed Sacrament. On First Fridays, parishioners are encouraged to include in their prayers, a prayer for an increase in vocations to the priesthood and consecrated life.

Meaning of the Ascension

The ascension of Jesus refers to the time when Jesus stopped appearing to the disciples in visible form and his glorified body took its rightful place in heaven as equal to the Father. Jesus, too, has prepared a place for us with him in heaven and continuously intercedes for us and prays for us. • In his glorified state, Jesus, who is true God and true man, is not limited to time and space. He lives and reigns forever. He comes to us in many ways. By power of the Holy Spirit, the Lord comes into our hearts at baptism and forms us into his own image. In a special way, he comes to us in the Eucharist under the forms of bread and wine. He speaks to us through his holy Word. He leads and guides us through the teaching of his holy Church and the leaders he has appointed to speak his truth. And he meets us in a special way through our neighbors. Though Jesus reigns as the king of the universe from his heavenly throne, he is actively and spiritually present in our lives and in the life of the world around us.

In Our Prayers

**Daily Mass Intentions
June 2 - June 9**

Sun	8:00am	Helen Decker (+)
	9:30am	For the People of the Parish
	11:00am	Int...John Hamlin Family
Mon	9:00am	Kimberley Misthos (+)
Tue	8:00am	Marybeth Ryan Landon (+)
Wed	8:00am	Joseph & Joanne Muscatelli (+)
Thu	8:00am	Ronnie Stone (+)
Fri	8:00am	Darryl Holl (+)
	12:00pm	Gene Vittori (+)
Sat	9:00am	Bishop Francis A. Quinn (+)
	5:30pm	Terry Andrews (+)
Sun	8:00am	Don & Anita Cerqui (+)
	9:30am	For the People of the Parish
	11:00am	Deacon Bill Riehl (+)

In Memoriam

Thomas Hughes • May 18, 2019

Saints of God, come to his aid!
Hasten to meet him, angels of the Lord!
Receive his soul & present him to God the Most High.

Please Pray for the Sick

Rita Fernandez, Thomas Wolfanger, Robin Aurelius, Elliot Sevier, Diana Zuniga, Suzy Riehl, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Dale Wooldridge, Donald Anderson, Teresa Yeung, Nancy McGarry, Vivian Stolp, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Interested in Becoming a Catholic?

Easter 2020 will be on April 12! Will you be ready? Are you, or someone you know, interested in becoming a Catholic? Call RCIA director Rita Spillane at 916-452-4830 to explore the possibility of becoming a Catholic or renewing the practice of your Catholic faith.

2019-2020 Faith Formation Registration

Children attending a non-Catholic school in grades Kindergarten through 8th grades have been signed up for the Parish’s Faith Formation Program. In case you did not previously register, registration forms and other program information are available in the vestibule. • Starting Tuesday, September 3, classes will be held from 4:00 pm - 5:00 pm every Tuesday at Sacred Heart Parish School, 856 39th Street. • The fees for classes are as follows: \$75 for one child and \$100 for two or more children. There are additional per child fees for First Holy Communion and Confirmation. • If you have any questions regarding the program, please do not hesitate to contact Tila Madrigal, Religious Education Coordinator, at 916-947-2683 or by email at tilamadrigal@gmail.com.

School’s Out for Summer

The School concluded the 2018-2019 academic year on May 31. The students of Sacred Heart Parish School thank all parishioners for their ongoing prayers and support. We pray that everyone has a safe and enjoyable summer break. We will return to school on August 15, the feast of the Assumption of the Blessed Virgin Mary into Heaven.

The Society of St. Vincent de Paul Thrift Store

Cleaning out your closet or that of your children? Then consider donating your items to the Saint Vincent de Paul Thrift Store. A SVdP collection truck will be available at our neighboring parish St Mary’s the weekend of June 8-9, Saturday from 4 pm to 6:30 pm and Sunday from 8 am to 1 pm. Please bring gently used clothing, household items and furniture to St Mary’s church parking lot located at 1333 58th Street. Unfortunately, we cannot take computer or other electronic equipment. Your donated items will be someone else’s treasures. • If you cannot make the drop off hours please bring your items directly to the St Vincent de Paul Thrift Store located at 2275 Watt Ave. in Sacramento. Questions about donations please call Emilia Jankowski at 916-927-1667.

Farmers Market at Mercy General Hospital

There is a new Farmers Market in the neighborhood. Every Friday, from 9:30 am to 2:00 pm, Mercy General Hospital sponsors a farmers market in the parking lot in front of the J Street entrance. Shoppers can purchase organic fruits and veggies, fresh baked bread, organic cheese, homemade salsa, tamales and more. This is an initiative of Mercy Hospital as a community service to support healthy food production and the farmers who grow it. Support your local farmers and enjoy organic, fresh produce!

Food Donation Collection

If you would like to make a non-perishable food donations and did not come prepared last week, donations are being accepted this weekend. The pantry’s needs this month are boxed cake, brownie and/or muffin mixes, and condiments (mayo, mustard, ketchup, relish, and pickles in small bot-

Meetings & Events

ties), small boxes of crackers, peanut butter and jam, energy/granola bars and canned fruit. Please check expiration dates on all items as we are not able to dispense out-of-date food. A bag filled

with non-perishable food may be left inside the altar rail. Many local families rely on assistance from our St. Vincent de Paul food pantry to make it through the month. Thank you for your generosity!

Catholic Communication Campaign

This weekend, our special collection is for the Catholic Communication Campaign. This campaign connects people with Christ in the United States and in developing countries around the world through the Internet, television, radio, and print media. Fully 50% of funds collected remain here in the Diocese of Sacramento to fund local communications efforts. Your support helps spread the Gospel message! • To learn more, visit www.usccb.org/ccc.

“Second Sunday” Social: Next Sunday!

Join us next Sunday, June 9, after the 11:00 am Mass (around noon) for our monthly Sacred Heart “Second Sunday” Social in the Parish Hall. “Second Sunday” is offered each month as a way to help build parish community. All parishioners, and their families/children, are welcome, regardless of the Mass they attend. Walk over to the Parish Hall for coffee and donuts along with fun and fellowship.

Parish Ministry Participants

Our parish is fortunate to have so many people give of their time in parish ministries. Whether you are a Eucharistic Minister, a lector, an altar server, an usher, a singer, a minister to the homebound, an altar society member, a religious education teacher, and other contributors, your participation helps knit our community together. Thank you so much for your being generous in time and spirit. • If you have an interest in becoming a volunteer in one of these ministries, please see Msgr. Walton, or call the Parish Office and leave a message.

Altar Society News

- Our thanks to Suzanne Pyne for beautifying the Blessed Sacrament Altar with flowers during June.
- Changes are coming for our fundraiser at the Fall Festival. We will neither have our White Elephant Sale nor our raffle. Our new endeavor will be a bake sale and craft show. Interested crafters may contact Tila Madrigal at 916-947-2683 or tilamadrigal@gmail.com for more information.

Email and Texting Scam on the Rise

The Diocese has received multiple reports from parishioners receiving scam emails from an imposter who creates an email address using the pastor’s name and then sends a phony email asking for money in the form of gift cards. The scam has recently evolved and parishioners are now receiving text messages from the imposter/scammer using the pastor’s name and a local telephone number. A pastor or clergy member will never ask for gift cards electronically via email or text message. • If you would like more information on how to protect yourself on the internet, go to the SANS website and subscribe to the OUCH! Monthly Newsletters. • If you believe you are a victim of an internet crime (no matter what the dollar value), go to the following website to file a report with the FBI Internet Crime Complaint Center. For more information, go to their website at <https://www.ic3.gov/default.aspx>.