

The Holy Spirit Reveals the Trinity

The First Reading speaks of Wisdom as a virtue that trumps the Greek idea of God as very distant from everyday events. To help us realize that God was not remote, but close to us and indeed cared for us, the Jews introduced *Wisdom* as our *greatest intermediary*, bringing us God's revelations and carrying our prayers back to Him. Wisdom is depicted as (*God's*) the architect's assistant on the day of creation. This idea of wisdom is the precursor to the concept of the Trinity, for it gives the Israelites the concepts that help them understand the idea of the Trinity when it is revealed to them later. • The Responsorial speaks of the glory God shares with us. God did not make us slaves, but shared His glory and honor with us. He made us little less than the angels, creating us in His image and likeness. When He created us, He breathed His Spirit into us. So there is something of God in each of us. Our dominion over creation implies responsibility to treat all God's creation, especially our fellow man, with dignity. We should praise God for all His creation. • The Second Reading speaks of our human dignity, for by faith we have been *justified*, i.e., reconciled with God by Christ's death and resurrection. We, therefore, trust (have faith) in Him. However, there is still suffering which normally would make us feel abandoned, but having received the Spirit we can accept suffering. Suffering accepted in trust can reveal God's love in us. • The Alleluia Verse is a *doxology* (short hymn of praise to God); in this case to the three Persons of the Blessed Trinity. • The Gospel speaks of the role of the Holy Spirit (the Spirit of Truth) who reveals the truth of the Holy Trinity. (There are truths about God and life that we cannot know by our own efforts.). The Spirit, obedient to the Father as Jesus was, reveals these truths.

Prayer of the Week

God, we praise you: Father all-powerful, Christ Lord and Savior, Spirit of love. You reveal yourself in the depths of our being, drawing us to share in your life and your love. One God, three Persons, be near to the people formed in your image, close to the world your love brings to life. We ask you this, Father, Son, and Holy Spirit, one God, true and living, for ever and ever. Amen.

Faith First

The Mystery of the Holy Trinity

Our minds can never fully grasp the mystery of God. We can never explain three divine persons in the one divine nature.

We simply believe it as a truth that Jesus in the Holy Spirit revealed to us. • We believe that our one God is a Father who lives us and will never forget us. We believe that God is our Savior Jesus Christ who loved us so much that he gave up his life so that we can have eternal life. We believe that God is a Spirit of love who dwells within us. • This privileged knowledge of our God can fill us with a sense of peace and confidence about our future. Friends may abandon us; family members may disappoint us; setbacks will inevitably come our way. But God will never let us down. God lives in us. We need but spend some time in prayer to be aware of God's presence and allow God's love to penetrate us. • Our God is a God who knows and loves. God as Father, Son, and Holy Spirit forms a community of persons. To be godlike means to know, love, and serve God by joining others in community. Our eternal destiny is to pray to the Father, *through* the Son, *in* the Holy Spirit of love. The Holy Spirit unites us to the Father and to Jesus and to every other person. The Holy Spirit helps us look at others and ourselves with love and appreciation. Our knowledge of God is a great gift we have been given, and it can help us live our lives in a hopeful way. • Jesus came to reveal the nature of reality. He came to tell us about God and about ourselves, God's children. In revealing the nature of God as unity-in-community, community-in-unity, Jesus told us a profound truth about human life as well. As we journey on our pilgrimage to the Father, with Jesus our brother, in the Holy Spirit, we should remember that a goal of Christian life is to join with our fellow pilgrims in approaching our Father. A Christian should not simply approach God alone.

Prayerful Reflection

God the Father is our creator. God the Son is our redeemer. God the Holy Spirit is our sanctifier. When do you thank the Father for the gift of life? In what areas of your life do you need a savior? In what ways do you allow the Spirit to help you become holy? In your own prayer life, how do you relate to each person of the Trinity?

In Our Prayers

**Daily Mass Intentions
June 16 - June 23**

Sun	8:00am	Terence McCartan (+)
	9:30am	Aaron Sanchez (+)
	11:00am	Int...Colette Moore
Mon	8:00am	Florentino F. Tolantino & Chona Tolentino Devaney (+)
Tue	8:00am	Joan T. Koster (+)
Wed	8:00am	Father James Schall, SJ (+)
Thu	8:00am	Barbara Mecchi (+)
Fri	8:00am	Doris Wagner (+)
Sat	9:00am	Margaret Decker (+)
	5:30pm	Linda Ryle (+)
Sun	8:00am	Kang Simon Lee (+)
	9:30am	Terry Andrews (+)
	11:00am	For the People of the Parish

In Memoriam

Let us remember those who have died and are in need of prayers. May they enjoy peace, happiness, and light in God's presence.

Please Pray for the Sick

Thomas Wolfanger, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Meetings & Events

Interested in Becoming a Catholic?

Easter 2020 will be on April 12! Will you be ready? Are you, or someone you know, interested in becoming a Catholic? Call RCIA director Rita Spillane at 916-452-4830 to explore the possibility of becoming a Catholic or renewing the practice of your Catholic faith.

2019-2020 Faith Formation Registration

Children attending a non-Catholic school in grades Kindergarten through 8th grades have been signed up for the Parish's Faith Formation Program. In case you did not previously register, registration forms and other program information are available in the vestibule. • Starting Tuesday, September 3, classes will be held from 4:00 pm - 5:00 pm every Tuesday at Sacred Heart Parish School, 856 39th Street. • The fees for classes are as follows: \$75 for one child and \$100 for two or more children. There are additional per child fees for First Holy Communion and Confirmation. • If you have any questions regarding the program, please do not hesitate to contact Tila Madrigal, Religious Education Coordinator, at 916-947-2683 or by email at tilamadrigal@gmail.com.

The Society of St. Vincent de Paul Thrift Store

Cleaning out your closet or that of your children? Then consider donating your items to the Saint Vincent de Paul Thrift Store located at 2275 Watt Ave. in Sacramento. Questions about donations please call Emilia Jankowski at 916-927-1667.

Farmers Market at Mercy General Hospital

There is a new Farmers Market in the neighborhood. Every Friday, from 9:30 am to 2:00 pm, Mercy General Hospital sponsors a farmers market in the parking lot in front of the J Street entrance. Shoppers can purchase organic fruits and veggies, fresh baked bread, organic cheese, homemade salsa, tamales and more. This is an initiative of Mercy Hospital as a community service to support healthy food production and the farmers who grow it. Support your local farmers and enjoy organic, fresh produce!

Altar Society News

Changes are coming for our fundraiser at the Fall Festival. We will neither have our White Elephant Sale nor our raffle. Our new endeavor will be a bake sale and craft show. Interested crafters may contact Tila Madrigal at 916-947-2683 or tilamadrigal@gmail.com for more information.

Email and Texting Scam on the Rise

The Diocese has received multiple reports from parishioners receiving scam emails from an imposter who creates an email address using the pastor's name and then sends a phony email asking for money in the form of gift cards. The scam has recently evolved and parishioners are now receiving text messages from the imposter/scammer using the pastor's name and a local telephone number. A pastor or clergy member will never ask for gift cards electronically via email or text message. • If you would like more information on how to protect yourself on the internet, go to the SANS website and subscribe to the OUCH! Monthly Newsletters. • If you believe you are a victim of an internet crime (no matter what the dollar value), go to the following website to file a report with the FBI Internet Crime Complaint Center. For more information, go to their website at <https://www.ic3.gov/default.aspx>.

Goodbye and Hello!

As we say a fond farewell to Mrs. Paquette and Mrs. Mosbrucker, we warmly welcome three new teachers to Sacred Heart Parish School. Our new Kindergarten teacher is from the state of Florida and where she earned her bachelor's degree and her credential, welcome Christina Iglesias. Our second grade teacher is returning to us after teaching 2nd grade at a different Catholic school, welcome home Alex Ballew. Our new fifth grade teacher is a recent graduate of the UC Davis credential program, and is thrilled to join us, welcome Sophia Bouzos. (Mrs. Reilly, our fifth grade teacher on maternity leave, has decided to be a stay-at-home Mom. She will be greatly missed!).

Parish School New Programs

We are very excited to announce that we are adding a part time music instructor, Ms. Liz Eshleman, a part time art teacher Ms. Helen Grandy, a Spanish program that will be computer based through Rosetta Stone and another computer program called IXL, that will meet the needs of all students who may need a little extra practice to those who need a little extra challenge.

Automatic Church Giving

Most banks and credit unions provide their customers with the service of paying many of their recurring bills automatically, e.g. utilities, communication services, etc. Many parishioners may not realize that this service is also a convenient way to make their regular donation to the church. Several parishioners, who are using this banking service, have been very pleased with it. We encourage parishioners to consider using this manner of giving. • Please use your envelope number as the account number when setting up your payments. This will enable the Parish to credit your donations more easily.

Annual Catholic Appeal Report

Thank you to those who have already made a gift to the 2019 Annual Catholic Appeal. Your gift will make a difference in someone's life. As of May 31, 191 parishioners have participated this year at our parish, totaling \$55,239.00 in gifts and pledges. If you have not yet made a donation, it is not too late! Prayerfully consider a gift. No contribution, no act of charity is ever too small or insignificant. Envelopes are still available in the church vestibule. Don't forget...25% of what you give is returned to our parish.

Parking Issue

A new restaurant has opened across J Street from the church. This restaurant specializes in breakfast and lunch, but unfortunately it has no parking lot. Sacred Heart will need to restrict its parking lot for parishioners only. We will have appropriate signage as well. Although parking in the medical lot next to Sacred Heart is available to us, we cannot restrict that space as we can our lot. We are asking that parishioners help out by moving their cars from our lot after they have attended Mass in order to free up spaces for the next Mass. If you decide to patronize the restaurant after Mass, please do not leave your car in the church lot, but find alternate parking. Thank you for your cooperation.

Please Remember

Since we do not have security around the church, please, for your child protection and safety, always accompany him/her to the restrooms located in the church vestibule.