

The Challenge of Discipleship

As is almost always the case, the First Reading and the Gospel have the same theme; and today's theme is *the cost of discipleship*, i.e., leaving everything to follow the Lord. The First Reading is on the call of *Elisha*. The Lord told the Prophet Elijah that his successor would be Elisha. But Elisha had 12 yoke of oxen, indicating great wealth. Elisha did not seem ready to leave it all behind. Elijah asked him to renounce everything to become the next Prophet. To show his renunciation of all, Elisha performed a great sacrifice, slaughtering his oxen and cooking their flesh with the wood of his plow, a clear sign he was abandoning his former life and beginning a new one. (Both the First Reading and the Gospel invite the disciples and all of us to trust the Lord.) • The Responsorial is a psalm of *trust*. God is our portion and our refuge. Even night is safe, for God is always with us revealing His love for us. • In the Second Reading, St. Paul warns the Galatians about becoming slaves to the law, for God created us free and not to be slaves. Freedom is not license to do whatever we want, and sin is not freedom, but rather sin is another form of slavery (slavery to our passions). We must reject the things that drag us down and choose true freedom, that of the Holy Spirit, the freedom to choose to love as Jesus did. • In the Alleluia Verse, we find Samuel's response to God's call during the night. May

Faith First

California Senate Bill 360

The State Legislature is considering a bill, SB 360, to regulate the Sacrament of Penance and require priests to break the Seal of Confession. In light of this proposed bill, Bishop Soto is encouraging all parishioners to take action to oppose Senate Bill 360. • Bishop Soto released the following statement: "The recent California state senate bill 360, has been proposed as an aid to prevent child sexual abuse. While this is an admirable aim, the bill misses the mark. Specifically, this bill attempts to do so by way of removing the legal protections surrounding the sacramental seal of confession, a legal protection which has been in place throughout the history of Church & State relations. • There is nothing intrinsic to this bill which creates a greater assurance or guarantees that future abuse will not happen. Instead, it mounts an assault on the fundamental liberties of Catholics in the state of California under the guise of greater protection. For this reason, all Catholics, religious people of any affiliation, and indeed all people of good will, should vigorously oppose SB 360." • A copy of Bishop Soto's complete letter is available in the church vestibule, along with a letter urging our elected representatives in the State Assembly to oppose SB 360. Please take a moment to complete the letter opposing the bill and place it in the basket provided in the church. The Bishop's Office will forward the letters to the appropriate assembly member based on your zip code.

we always be ready to respond to Our Lord whenever He calls us. • In the Gospel, the Samaritans rejected Jesus and the disciples so they want to see them punished, thinking Jesus' ministry was an earthly reign. Jesus came to heal hearts and invite all to love; He did not come to punish. Discipleship is a *journey* at whose destination we arrive only when we meet Jesus. This is the reason why Jesus mentions that He has no dwelling place. Discipleship is total trust in God. This surrender is different for each of us. It involves leaving behind certain harmful things, such as an unhealthy attachment to some selfish behavior or attitude. Sometimes the greatest challenge may be accepting life's daily annoyances and uniting them to Christ's suffering. We cannot follow Jesus on the way if we do not let go of the things that trip us up on the way. To follow Our Lord to the end, our enthusiasm must be supported by our will and the humble acceptance of God's love and grace in our daily endeavors.

Prayer of the Week

Let us pray for the strength to reject the darkness of sin. • Father in heaven, the light of

Jesus has scattered the darkness of hatred and sin. Called to that light we ask for your guidance. Form our lives in your truth, our hearts in your hearts. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Meetings & Events

Thank you, Schola Cantorum!

As Schola Cantorum begins its summer break, we take this opportunity to express our heartfelt gratitude for their dedication to singing at the 11:00 am Mass throughout the year. The choir members give hundreds of hours at rehearsals, concerts, and Masses to enhance the beauty of the Sacred Liturgy. The Parish is blessed to have Dr. Donald Kendrick, music director, and Schola to help lift our worship and prayer to God at Mass. We hope the summer months will be a time of rest and renewal for each member.

Interested in Becoming a Catholic?

Easter 2020 will be on April 12! Will you be ready? Are you, or someone you know, interested in becoming a Catholic? Call RCIA director Rita Spillane at 916-452-4830 to explore the possibility of becoming a Catholic or renewing the practice of your Catholic faith.

Parish School New Programs

We are very excited to announce that, starting in August, we are adding a part time music instructor, Ms. Liz Eshleman, a part time art teacher Ms. Helen Grandy, a Spanish program that will be computer based through Rosetta Stone, and another computer program called IXL, that will meet the needs of all students who may need a little extra practice to those who need a little extra challenge.

Parish School Summer Hours

During the summer months the Sacred Heart Parish School office has the following schedule: Monday to Friday 9:00 am to 2:00 pm. The school will be closed July 8, 9, and 10. The new school year begins August 15.

Holy Father's Special Collection: This Weekend

This weekend, we will take up the annual Peter's Pence Collection, which provides Pope Francis with the funds he needs to carry out his charitable works around the world. The proceeds benefits our brothers and sisters on the margins of society, including victims of war, oppression, and natural disasters. Special envelopes are available in the church vestibule. Please be generous. • For more information, visit www.usccb.org/peters-pence.

2019-2020 Faith Formation Registration

Children attending a non-Catholic school in grades Kindergarten through 8th grades have been signed up for the Parish's Faith Formation Program. In case you did not previously register, registration forms and other program information are available in the vestibule. • Starting Tuesday, September 3, classes will be held from 4:00 pm - 5:00 pm every Tuesday at Sacred Heart Parish School, 856 39th Street. • The fees for classes are as follows: \$75 for one child and \$100 for two or more children. There are additional per child fees for First Holy Communion and Confirmation. • If you have any questions regarding the program, please do not hesitate to contact Tila Madrigal, Religious Education Coordinator, at 916-947-2683 or by email at tilamadrigal@gmail.com.

Altar Society News

Changes are coming for our fundraiser at the Fall Festival. We will neither have our White Elephant Sale nor our raffle. Our new endeavor will be a bake sale and craft show. Interested crafters may contact Tila Madrigal at 916-947-2683 or tilamadrigal@gmail.com for more information.

Please Remember

Since we do not have security around the church, please, for your child protection and safety, always accompany him/her to the restrooms located in the church vestibule. We are located on a busy corner with increasing foot traffic.

Food Donation Collection: This Weekend

Parishioners are invited to bring to non-perishable unexpired food donations this weekend to all the Masses. This month, the pantry needs are: condiments (mayo, mustard, ketchup, relish, pickles and salad dressing in small bottles), small boxes of crackers, peanut butter and jelly, cereal and *especially canned fruit*. Please check expiration dates on all items as we are not able to dispense out-of-date food. A bag filled with non-perishable food may be left inside the altar rail. Many local families rely on assistance from our St. Vincent de Paul food pantry to make it through the month. Thank you for your generosity!

Join Lay Mission Project: Save the Date!

Join other Catholics from our Diocese and this parish who seek to deepen their understanding of the faith, and participate in Jesus' mission to the world in the ordinary circumstances of daily life. Bring Scripture to life. Make the Faith relevant and life-giving for you and your family. Learn how to effectively use your gifts to influence your work, society, and your relationships for the good, and draw others to our Lord. Whether you are a young adult, middle-aged, or elderly, single or married, professional, retired, or a homemaker, the Lay Mission Project offers engaging formation that is accessible to the average busy layperson. You are invited to attend an evening presentation by Anne Marie Flaherty, Teri Krouse, Tila Madrigal, and Rita Spillane who will speak about this transformative program on Tuesday, July 9 at 7:00 pm in the Parish Hall. We hope you will be able to join us to learn about the Lay Mission Project.

Email and Texting Scam on the Rise

The Diocese has received multiple reports from parishioners of several parishes about receiving scam emails from an imposter who creates an email address using the pastor's name and then sends a phony email asking for money in the form of gift cards. The scam has recently evolved and parishioners are now receiving text messages from the imposter/scammer using the pastor's name and a local telephone number. A pastor or clergy member will never ask for gift cards electronically via email or text message. • Please Note: Four Sacred Heart parishioners have received bogus requests allegedly from Father Walton asking for gift cards. • If you would like more information on how to protect yourself on the internet, go to the SANS website and subscribe to the OUCH! Monthly Newsletters. • If you believe you are a victim of an internet crime (no matter what the dollar value), go to the following website to file a report with the FBI Internet Crime Complaint Center. For more information, go to their website at <https://www.ic3.gov/default.aspx>.

Seniors News

The next social gathering of seniors will be at Three Hermanas, 3260 J Street, on Saturday, July 13. We will meet there at 6:30 pm. Please let Nancy Reid know by July 11, if you are planning on joining us, as the restaurant needs a count. We hope to see you there! • To RSVP email Nancy at ReidNancy@aol.com or 916-541-4441.

In Our Prayers

Daily Mass Intentions

June 30 - July 7

Sun	8:00am	McGee Family (+)
	9:30am	Doris Wagner (+)
	11:00am	For the People of the Parish
Mon	8:00am	Dorothy Kelly (+)
Tue	8:00am	Joan T, Koster (+)
Wed	8:00am	Patricia Norris (+)
Thu	9:00am	Leslie Cary (+)
Fri	8:00am	Bill Riehl (+)
	12:00pm	Gene Vittori (+)
Sat	9:00am	Brad Frahm (+)
	5:30pm	Gene Vittori (+)
Sun	8:00am	For the People of the Parish
	9:30am	Norma Idzinga (+)
	11:00am	Thomas More Pereira (+)

In Memoriam

Michael Davis • June 20, 2019

May his soul and the souls of all the faithful departed, through the mercy of God, rest in peace.

Please Pray for the Sick

Thomas Wolfanger, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.