

All are Invited into God's Covenant

In the First Reading, we celebrate the Lord's blessings, that is, the comfort He will give His people. He has more warmth and compassion than the intimate relationship between a mother and her child. This point is made by parallelism, a common technique of Hebrew poetry. The blessings of prosperity, described here, are for all who hear the Good News and accept it into their life. ● The Responsorial is a psalm of thanksgiving. Our God is a God who is concerned with everyone. The psalmist calls on all nations to praise the Lord, for God saved Israel in her times of need, and He will do likewise for all other nations. We see this also in today's Gospel, *all* are invited into God's covenant. ● In the Second Reading, St. Paul tells the Galatians of his choice to follow the Lord with his whole heart and soul, not just saying "yes" to Him, but also rejecting all things that get in the way. (This is what it means to be crucified to the world.) By the death and resurrection of Jesus we are a *new* creation, leaving behind old ways that dragged us down. This is a continual process of conversion. ● The Alleluia Verse speaks of the power of Christ's peace and His word, to transform us. If we surrender to His word within us, it will bring us a deep inner peace no one can take away from us. ● The focus of today's Gospel is the second group Jesus sent out to evangelize, i.e., the 72 disciples. (This is the same number of elders chosen to help Moses govern Israel.) They were to trust in the Lord's provident goodness and power, not making provisions for themselves with full trust that God would provide. They were to depend on the generosity of those to whom they preached. Love means both, serving others and allowing them to serve us; to give and be willing to receive. However, we cannot force people to change, we can only invite them. Only some will respond affirmatively. The disciples return joyful over their success, but Jesus warns them (and us), not to be proud (Satan's downfall) about this, but to rejoice in what the Lord has accomplished through them (and us) by His love.

Prayer of the Week

Let us pray for greater willingness to serve God and our neighbor. ● Father, in the rising of your Son

Faith First

death gives birth to new life. The sufferings he endured restored hope to a fallen world. Let sin never ensnare us with empty promises of passing joy. Make us one with you always, so that our joy may be holy, and our love may give life. Through Christ our Lord. Amen.

What is a Covenant?

A covenant is the open-ended contract of love God made with the Israelites and with all people everywhere in the person of Jesus Christ. In the Old Testament, God established covenants with Noah, Abraham, and Moses. The Prophets prepared people for the new and eternal covenant established by Jesus Christ.

Salvation History: A Story of Covenants

The story of God's self-disclosure, God's saving action in history, is known as *salvation history*. The story of God's generous love began with the creation of our first parents. After their fall God promised to redeem us and gave hope of eternal life to the human race. God's abiding love revealed itself in covenant-loving agreements between God and humans. For example, in the covenant with Noah after the Flood, God immediately began to reach out to the divided peoples with the goal of eventually uniting all people in Christ our Lord. ● A profound event in God's plan was the covenant with Abraham and the creation of the nation of Israel. Through the patriarchs, the founding fathers of Israel, and Moses, through whom God revealed the divine law, God taught the people of Israel to acknowledge him as the one true God. Through prophets like Isaiah and Jeremiah, God gave Israel hope for salvation: a future Messiah who would write a new covenant in the hearts of all humans. The poor and humble, whose dependence on God was shown beautifully in the life of Mary the Mother of God, bear this hope in a special way. ● Salvation history reached its high point in the coming of Jesus Christ, the fullness of God's revelation. Jesus is the Word of God made flesh, the Son, who lived among us, taught us in human words and deeds about his Father, and completed the Father's work of salvation. Jesus is God's final Word; God has no other word to give us. To see Jesus is to see the Father.

In Our Prayers

**Daily Mass Intentions
July 7 - July 14**

Sun	8:00am	For the People of the Parish
	9:30am	Norma Idzinga (+)
	11:00am	Thomas More Pereira (+)
Mon	8:00am	Alfonso Palacios (+)
Tue	8:00am	John Silveira (+)
Wed	8:00am	Mike Luong (+)
Thu	8:00am	Grace Grant (+)
Fri	8:00am	James Soares (+)
Sat	9:00am	Mary E. Sousa (+)
	5:30pm	For the People of the Parish
Sun	8:00am	Catherine Werry (+)
	9:30am	Aaron Sanchez (+)
	11:00am	Jean-Jacques Devaud (+)

In Memoriam

May the souls of all the faithful departed, through the mercy of God, rest in peace.

Please Pray for the Sick

Thomas Wolfanger, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Rouzbeh Daylami, Howard Huston, Mark Zane, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Barbara Cramer, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Thank you, Schola Cantorum!

As Schola Cantorum begins its summer break, we take this opportunity to express our heartfelt gratitude for their dedication to singing at the 11:00 am Mass throughout the year. The choir members give hundreds of hours at rehearsals, concerts, and Masses to enhance the beauty of the Sacred Liturgy. The Parish is blessed to have Dr. Donald Kendrick, music director, and Schola to help lift our worship and prayer to God at Mass. We hope the summer months will be a time of rest and renewal for each member.

Seniors News

The next social gathering of seniors will be at Three Hermanas, 3260 J Street, on Saturday, July 13. We will meet there at 6:30 pm. Please let Nancy Reid know by July 11, if you are planning on joining us, as the restaurant needs a count. We hope to see you there! ● To RSVP email Nancy at ReidNancy@aol.com or 916-541-4441.

Interested in Becoming a Catholic?

Easter 2020 will be on April 12! Will you be ready? Are you, or someone you know, interested in becoming a Catholic? Call RCIA director Rita Spillane at 916-452-4830 to explore the possibility of becoming a Catholic or renewing the practice of your Catholic faith.

Parish School Summer Hours

During the summer months the Sacred Heart Parish School office has the following schedule: Monday to Friday 9:00 am to 2:00 pm. The school will be closed July 8, 9, and 10. The new school year begins August 15.

Altar Society News

- Our gratitude to Elizabeth Haeling who will be caring for the altar server vestments through September and to Linda Bottalo Zuniga and Diana Zuniga who will be adorning the Blessed Sacrament Altar with flowers during July.
- The next Altar Society Meeting will be held on the parish hall on Friday, July 19 at 10:00 am. All members are invited to discuss our Fall Festival plans.
- Do you have a hidden talent? Have friends told you your crafts are good enough to sell? At the Altar Society Bake and Craft Sale at the Fall Festival, you can share your creativity with hundred and earn some money! Get your inventory ready and contact Tila Madrigal at 916-947-2683 or tilamadrigal@gmail.com for more information.

Join Lay Mission Project: Save the Date!

Join other Catholics from our Diocese and this parish who seek to deepen their understanding of the faith, and participate in Jesus' mission to the world in the ordinary circumstances of daily life. Bring Scripture to life. Make the Faith relevant and life-giving for you and your family. Learn how to effectively use your gifts to influence your work, society, and your relationships for the good, and draw others to our Lord. Whether you are a young adult, middle-aged, or elderly, single or married, professional, retired, or a homemaker, the Lay Mission Project offers engaging formation that is accessible to the average busy layperson. You are invited to attend an evening presentation by Anne Marie Flaherty, Teri Krouse, Tila Madrigal, and Rita Spillane who will speak about this transformative program on Tuesday, July 9 at 7:00 pm in the Parish Hall. We hope you will be able to join us to learn about the Lay Mission Project.

Meetings & Events

Email & Texting Scam on the Rise

The Diocese has received multiple reports from parishioners of several parishioners about receiving scam emails from an imposter who creates an email address using the pastor's name and then sends a phony email asking for money in the form of gift cards. The scam has recently evolved and parishioners are now receiving text messages from the imposter/scammer using the pastor's name and a local telephone number. A pastor or clergy member will never ask for gift cards electronically via email or text message. ● Please Note: Several Sacred Heart parishioners have received bogus requests allegedly from Father Walton asking for gift cards. ● If you would like more information on how to protect yourself on the internet, go to the SANS website and subscribe to the **OUCH! Monthly Newsletters**. ● If you believe you are a victim of an internet crime (no matter what the dollar value), go to the following website to file a report with the FBI Internet Crime Complaint Center. For more information, go to their website at <https://www.ic3.gov/default.aspx>.

"Second Sunday" Social: Next Sunday!

Join us next Sunday, July 14, after the 11:00 am Mass (around noon) for our monthly Sacred Heart "Second Sunday" Social in the Parish Hall. "Second Sunday" is offered each month as a way to help build parish community. All parishioners, and their families/children, are welcome, regardless of the Mass they attend. Walk over to the Parish Hall for coffee and donuts along with fun and fellowship.

Keep the Seal of Confession

You are invited to attend the California Assembly Public Safety Committee on Tuesday, July 9 at 9:00 am at the California State Capitol, Room 126. This meeting is open to the public. Voice your opposition to Senate Bill 360. ● The "seal of confession" is one of the most sacrosanct of Catholic beliefs and penitents rely on this unbreakable guarantee to freely confess and seek reconciliation with God. A priest who breaks the seal is automatically excommunicated (Canon 1388). ● Information: visit www.scd.org/keeptheseal.

Parking Issue

A new restaurant has opened across J Street from the church. This restaurant specializes in breakfast and lunch, but unfortunately it has no parking lot. Sacred Heart will need to restrict its parking lot for parishioners only. We will have appropriate signage as well. Although parking in the medical lot next to Sacred Heart is available to us, we cannot restrict that space as we can our lot. We are asking that parishioners help out by moving their cars from our lot after they have attended Mass in order to free up spaces for the next Mass. If you decide to patronize the restaurant after Mass, please do not leave your car in the church lot, but find alternate parking. Thank you for your cooperation.

Automatic Church Giving

Most banks and credit unions provide their customers with the service of paying many of their recurring bills automatically, e.g. utilities, communication services, etc. Many parishioners may not realize that this service is also a convenient way to make their regular donation to the church. Several parishioners, who are using this banking service, have been very pleased with it. We encourage parishioners to consider using this manner of giving. Also, please make sure your envelope number appears on your check.