

The Attitude of Gratitude

The First Reading is a foreshadowing of the Gospel incident. Naaman, a foreigner, a Syrian and therefore a pagan, through reluctant obedience to the Prophet Elisha, is healed of his leprosy by washing seven times in the Jordan. Naaman reacts to his healing with tremendous gratitude and converts to true faith in the Lord. He begs to take home some of the Israelite soil on which he could worship the Lord, for he has now claimed the God of Israel as his own. • The Responsorial continues this theme of praise and gratitude, the appropriate attitude to God who has done such great things for us. (This is what Naaman recognized, and why he came to believe and worship the one true God.) God's deeds are so great that we should be willing to tell everyone, including the pagan nations. Even they should praise Him, for His goodness extends to them equally. It is not always easy to be grateful, because it requires vulnerability on our part to admit that on our own; we could not succeed without God's help. • Today's Gospel is an important lesson in gratitude. As was foreshadowed in the First Reading, a foreigner, a Samaritan, was one of 10 men Jesus healed of leprosy. The other nine were all Jews. After following Our Lord's order to go to the priests to certify their healing (as prescribed by the law), the Samaritan was the only one who returned to Jesus to give thanks. This humble man had a great attitude, the attitude of gratitude to Our Lord. It is the attitude we should all have toward Him for all the good He has done for us.

Interested in Becoming a Catholic?

Classes are held once a week starting Tuesday, September 17 from 6:30 pm to 8:00 pm in the Parish Hall. The program continues a few weeks after Easter Sunday. • If you know anyone (a family member, a friend, a neighbor, and a co-worker) interested in joining the Rite of Christian Initiation of Adults (R.C.I.A.) process, please share this information. They are encouraged to contact Rita Spillane at the Ministry Office (916-452-4830) and leave a message or email Rita at ritaspillane@gmail.com

Faith First

before us in our pilgrimage of life, anticipate our needs and prevent our falling. Send your Spirit to unite us in faith, that sharing in your service, we may rejoice in your presence. We ask this through Christ our Lord. Amen.

Prayer of the Week

Father in heaven, the hand of your loving kindness powerfully yet gently guides all the moments of our day. Go

Gratitude

Gratitude begets humility because it reveals our God-given neediness. Humility is a heart condition that recognizes that all of our blessings have been received, not earned.

Gratitude

It is almost unbelievable that Jesus heals 10 lepers simultaneously as recorded in St. Luke's Gospel. Without fanfare, Jesus simply commands the motley crew, "Go, show yourselves to the priest." They left and their skin is restored. • Jesus certainly missed an opportunity there to make a big, impressive scene. The Lord was never concerned with aggrandizement. What was unbelievable to him, however, was the lack of thankfulness from the former lepers. Only one came back to thank him for his tremendous cure. Only one. • As Scripture records, "When he saw he was healed, he came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him--and he was a Samaritan" (verses 15-16). • Jesus asked, "Were not 10 cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner? • The unfortunate result was that 90 percent of the lepers missed the second, more important gift Jesus had planned for them. To the lone, grateful Samaritan he responded, "Rise and go your way; your faith has made you well." Even more important than physical health, this person's spiritual life had been restored. • Scripture does not tell us why the other lepers failed to praise God. Yet it is clear from Jesus' response that thankfulness was the only proper response to the miracle.

In Our Prayers

**Daily Mass Intentions
October 13 - October 20**

Sun	8:00am	Kang Simon Lee (+)
	9:30am	Int... Abby Madrigal
	11:00am	Pierre-Henri Guichard (+)
Mon	8:00am	Stephen Coonley (+)
Tue	8:00am	Joan T. Koster (+)
Wed	8:00am	Christine Burkitt (+)
Thu	8:00am	Mary Ann Rich (+)
Fri	8:00am	Holy Souls (+)
Sat	9:00am	Altar Society members (+)
	5:30pm	Jack Mullins (+)
Sun	8:00am	For the People of the Parish
	9:30am	Myra Field Gonzales (+)
	11:00am	Daniel Basurto (+)

In Memoriam

Let us pray for all those who have died and are in need of prayer. May they enjoy peace, happiness and light.

Please Pray for the Sick

Thomas Wolfanger, John Vostrez, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Mark Zane, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Rita Doherty, Patrick Valenzuela, Cheryl Halm Lincoln, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Meetings & Events

Rose Window Update

The Parish has contracted with ARG-Conservation Services of San Francisco for the repair/restoration of the terra cotta frame of the rose window above the church's main entrance. A preliminary on-site meeting was held October 2 to finalize the project logistics, including daily access and safety. Scaffolding is scheduled to be erected starting Monday, October 14. Throughout the repair work, the main entrance will be fully accessible. Once the scaffolding is installed, a thorough cleaning of the exterior frame will be done. This is a rather involved process, taking a couple of days to accomplish. • The project is paid for through the Church Building Fund, which has this year alone also paid for the church's new boiler (cost: \$161,000) and the repair of the rectory tile roof (cost: \$73,000). The Church Building Fund was initially funded by the Parish share of the Diocesan ONE campaign, and by the sale of a duplex generously donated by a parishioner. These projects have depleted much of the Fund, and we will need to replenish it for future projects. • You are encouraged to consider making a special donation to the Fund. Please write in the "Memo" field *Church Building Fund*. • Also, in your estate planning, please consider three restricted funds the Parish has established: Sacred Heart Parish School Foundation Endowment, Church Building Fund, and Parish Ministry Fund. Each donor designates the fund(s) to receive the gifts. These funds are distinct from the ordinary parish operations account funded by the weekly collection. • Thank you for your consideration of this request.

Accepting Applications for 2020-21

Sacred Heart Parish School is now accepting applications for Transitional Kindergarten and Kindergarten for next school year. Students in TK must be 4 years old by September 1, 2020. Kindergartners must be 5 by September 1, 2020. Applications may be found online at our website (www.sacredheartschool.com) or in the school office. • Questions? Please call the school office at 916-456-1576.

"Second Sunday" Social - This Sunday!

Join us for the "Second Sunday" Social from 12(noon) to 1:30 pm this Sunday in the Parish Hall. It is a chance to catch up with fellow parishioners and meet some new faces. Bring a friend or make a new one. We hope to see you there!

Seniors News

Seniors, our next dinner will be at THAI, 4701 H St.. We will meet there after 5:30 pm Mass on Saturday, October 19. • If you are interested in joining us, please email Nancy Reid at reidnancy@aol.com or call 916-922-3830 by Thursday, October 17.

Children's Church Still Needs Your Help!

Children's Church needs volunteers to continue! This program provides nursery care for infants six to 36th months and a Sunday School Program for pre-school thru first grade children during the 9:30 am Mass. • If you are interested in helping periodically with the sessions, please contact Christie Montelongo at 916-455-5949. • You do not need to have a child in the program to volunteer. However, all volunteers in Children's Church must be fingerprinted and have completed the Diocese Online Safe Haven program. (Parents fingerprinted at the Parish School *must* be re-fingerprinted for the Parish.)

Fall Festival Success!

Thank you for joining us at the 78th annual Fall Festival. We had perfect weather, a fabulous turnout and a good time! A great big **Thank You** to Gabe and Mary Mullen for chairing the Festival this year. They had a great crew that helped with set up, clean up and everything in between. The Festival was a great success; thank you to all who helped make it so. Mark your calendars for the first weekend in October of 2020 for next year's big event.

Youth Group Update

The Sacred Heart Youth Group had a great month of September. Approximately 25 members attended the first meeting, participating in several fun activities designed to get to know one another. At our second meeting, the group shared suggestions for future meetings and competed in an epic "Paper Airplane Building Contest". • On Wednesday, October 9th, the group hosted its annual "Game Night". This yearly event is a member favorite, where students compete in various board games and video games. The meeting on Wednesday, the 23rd will be the groups annual Halloween/All Saints Party. We will be holding a "Cheesy Homemade Costume Contest", so come dressed in costume. You might win prize. If you attend the meeting, please consider bringing an unopened bag of Halloween candy, which will be donated to servicemen and servicewomen serving overseas. • Finally, please save the date for our "Thanksgiving Charity Cornhole Tournament" which will be held on November 13th. The suggested donation of \$10 per player will be donated to the St. Vincent de Paul Society to help feed the hungry during the holiday season. Prizes will be awarded to the winning team. • If you are a student in grades 8 through 12, please consider joining us for our next meeting. • If you have any questions, please do not hesitate to contact Mr. Sunderman at psunderman@sacredheartschool.net.

World Mission Sunday Collection: Next Weekend

Next weekend is World Mission Sunday, in a special Extraordinary Missionary Month. We are called through our baptism to be part of the Church's missionary efforts, through prayer, self-sacrifice, and support of missionary vocations through material aide. Remembering that we are baptized and sent as a Universal Church of Christ on mission in the world, we can pray for the Church worldwide missionary work and offer financial help and charity through the Society of the Propagation of the Faith for vulnerable communities throughout Asia, Africa, Latin America, and the Pacific Islands. • Special envelopes are available in the church vestibule. Your support of the missions is vitally needed. Please be generous.

Parish Safety Committee

This past June, the Parish established a Safety Committee to identify security issues in and around the Church, Parish Hall, and Rectory. The committee divided into two workgroups: Medical Event Response and Disruptive Person Event Response. Over the summer each group met to identify risks and propose some response strategies. The Parish has undergone a vulnerability assessment of all the buildings, conducted by an independent consultant. The final report was delivered on October 7. The committee is now studying its recommendations. • Safety and security issues have become critical issues that we all should be aware of. Watch the bulletin for periodic updates.