

**God's Healing Love & Forgiveness**

Today's readings show us that God is always ready to forgive our sins. • The First Reading from the Book of Wisdom reminds us that God is merciful because He is so great and loves all His creation. He is compassionate to all who need His mercy because He is a lover, a Lover of souls. In His great love for us He chastens us, little by little, that we may be able to love more. • The Responsorial praises God for His goodness and compassion. Comparing this to the image of an angry God in the Old Testament, we recognize that God was angry at our sin more than at us. He saw sin as something destructive to His children, a poison that robbed them of their vitality. He hated sin, but loved His children, and would not take away His greatest gift, free will. God is not capricious nor vindictive, but always faithful even when we are not. • The Second Reading reminds us of our partnership with God in achieving our sanctification. If God does not send His grace into our hearts, we cannot be faithful to Him. However, we are also responsible to do our best to respond to His grace. • Today's Gospel underscores God's healing love through the example of a tax collector's encounter with Jesus, Love itself in the flesh. In those days, there was no incentive to be honest when collecting taxes, for the system was such that the collector paid up front to collect in an area and then all he collected above that amount was his. This tax collector, Zacchaeus, wanted to see Jesus and risked climbing up a tree. The encounter that ensued shows a transformed man. We are saved the moment we meet Jesus, in the Sacraments and other times of grace, for He gives us the love that heals us from the effect of our sins.

**Faith First**

**Acts Required for Forgiveness**

The sacrament of Reconciliation requires that repentant sinners be contrite and confess and make satisfaction for their sins. • *Contrition* is genuine sorrow for one's sins, a detesting of them, and a firm resolve not to sin again. "Perfect" contrition is sorrow that comes from love of God. It forgives venial sin and even mortal sin if a person intends to receive the sacrament of Reconciliation as soon as possible. "Imperfect" contrition is also a gift from God. It arises from a fear of eternal damnation or from thinking about the ugliness of one's sins. Although imperfect contrition does not forgive moral sin, it does ready a person to celebrate the sacrament of Reconciliation. • *Confession* of sin is the second required act of penitents. Before that takes place, however, penitents should examine their consciences in light of God's word, especially the Ten Commandments, the Sermon on the Mount, and the apostolic letters. With the help of the Holy Spirit, an honest examination of conscience will disclose the presence of sin in our lives and will move us to want to seek forgiveness and repair any harm we have caused by our sin. • Confession is good for the soul. It helps us confront and take responsibility for our sins. Saying them aloud to God's representative is a concrete sign that we have owned up to them and are honestly sorry for them and ready to do something about them. The Church obliges us to confess all mortal sins of which we are consciously aware. We must do this at least once a year or before receiving Holy Communion--which requires us to be in the state of grace. Although the Church does not mandate the confession of venial sins, doing so has many benefits. It strengthens conscience formation, empowers us to fight our evil inclinations, allows the Divine Physician to heal us, and enables us to grow in the spiritual life, especially life, especially by extending God's mercy to others. • Absolution forgives our sins, but it does not repair or make *satisfaction* for the harm our sins have caused. Doing satisfaction, also called *penance*, is part of the reparation sinners need to do. Sincere contrition proves itself in repairing any harm our sins cause and includes the saying of prayers, works of mercy or service, acts of self-denial, and the like.

**Prayer of the Week**

Father in heaven, God of power and Lord of mercy, from whose fullness we have received, direct our steps in our everyday efforts. May the changing moods of the human heart and the limits which our failings impose on hope never blind us to you, source of every good. Faith gives us the promise of peace and makes known the demands of love. Remove the selfishness that blurs the vision of faith. Through Christ our Lord. Amen.

**In Our Prayers**

**Daily Mass Intentions  
November 3 - November 10**

<b>Sun</b>	8:00am	For the People of the Parish
	9:30am	Daniel Basurto (+)
	11:00am	Int...Susan Jones
<b>Mon</b>	8:00am	Emily & John Farry (+)
<b>Tue</b>	8:00am	All Souls (+)
<b>Wed</b>	8:00am	Gloria & Robert Wingard (+)
<b>Thu</b>	8:00am	John Silveira (+)
<b>Fri</b>	8:00am	Michael Considine (+)
<b>Sat</b>	9:00am	Thomas More Pereira (+)
	5:30pm	Jean Marquez (+)
<b>Sun</b>	8:00am	Vivian Buletti (+)
	9:30am	For the People of the Parish
	11:00am	Int...John Gisla, M.D.

**In Memoriam**

Let us pray for all those who have died and are in need of prayer. May they enjoy light, happiness and peace.

**Please Pray for the Sick**

Thomas Wolfanger, John Vostrez, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Mark Zane, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Rita Doherty, Patrick Valenzuela, Michael Fletcher, Grayson Kemp, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Ralph Goodall, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henricksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

**Meetings & Events**

**Accepting Applications for 2020-21**

Sacred Heart Parish School is now accepting applications for Transitional Kindergarten and Kindergarten for next school year. Students in TK must be 4 years old by September 1, 2020. Kindergartners must be 5 by September 1, 2020. Applications may be found online at the school website ([www.sacredheartsschool.com](http://www.sacredheartsschool.com)) or in the school office. • Questions? Please call the school office at 916-456-1576.

**Rose Window Update**

ARG-Conservation Services of San Francisco has begun the terra cotta stained-glass window frame repair work. There are seven areas in need of repair due to cracks or small missing pieces of terra cotta. While cleaning the frame last week, the conservationists noticed some cracks in the stained glass window. While here they will make a temporary fits until the stained-glass specialists are able to come and restore/repair/relead the entire rose window. • The church entrance will remain usable during the project. The project is paid for through the Church Building Fund, which has this year alone also paid for the church's new boiler (cost: \$161,000) and the repair of the rectory tile roof (cost: \$73,000). The Church Building Fund was initially funded by the Parish share from the Diocesan ONE campaign, and by the sale of a duplex generously donated by a parishioner. These projects have depleted much of the Fund. We will need to replenish the Fund for future projects. • You are encouraged to consider making a special donation to the Fund. Please write in the "Memo" field *Church Building Fund*. • Thank you for your consideration of this request.

**Parish Study Group**

We are discussing *Catholicism: A Journey to the Heart of the Faith* by Bishop Robert Barron. The assignment for Tuesday, November 5 is Chapter 5, Pages 116-142. We meet from 1:00 pm to 2:30 pm in the Parish Hall. Newcomers are always welcome. • For more information, please call Mary Anne Smith at 530-676-7874.

**Parish Safety Committee**

The Parish has undergone a vulnerability assessment of the church, parish hall, and rectory, conducted by an independent consultant. The Safety Committee has reviewed the assessment report, and is in the process of implementing many of its recommendations. • The Committee also in the process of developing safety protocols to respond to medical events and disruptive person events. • Watch the bulletin for periodic updates.

**Grab a Bag, Fill a Bag : A Great Success!**

Thank you for supporting the "Grab a Bag, Fill a Bag" campaign. As Christians we do feed the poor and help those who are in need. The Society of St. Vincent de Paul of Sacred Heart and St Mary's Parishes will be making Thanksgiving food baskets for families who have been served this past year that live in the two parish area. Food donations will also be provided for the families of Cristo Rey High School and for the students at Sac State that visit the Catholic Newman Center. Your generosity is very much appreciated by all. The Parish would also like to thank Trader Joe's on Folsom Blvd for donating the bags and the 8th graders of Sacred Heart Parish School for tying a ribbon on each bag. • Questions Emilia Jankowski at 916-927-1667.

**Altar Society News**

We are grateful to Lois Considine who is providing the flowers to adorn the Blessed Sacrament Altar during November. • The Altar Society's next meeting will be November 15 at 10:00 am in the Parish Hall. All members are invited.

**Baptism Class for Parents and Godparents**

A baptism preparation class is offered the second Monday of every month at 6:30 pm in the Parish Hall. The next class is Monday, November 11 (Veterans Day). • To attend you must sign up by calling the Parish Office at 452-4236 ext. 2. At the class, the necessity and importance of baptism are explained as are the obligations and duties of parents and godparents. Baptisms take place on the first and third Sundays of the month after the 11:00 am Mass (around 12:15 pm). Parents and godparents must attend a preparation class. • For more details, please call the Parish Office.

*Just as Jesus died and has risen again,  
so through Jesus God will bring with him  
those who have fallen asleep;  
and as in Adam all died, so also in Christ  
will all be brought to life.*

*From All Souls' Day Mass  
cf. 1 Thessalonians 4:14; 1 Corinthians 15:22*

**Youth Group Update**

The Sacred Heart Youth Group had a great month of October. At its first meeting last month, the group had a great time at its annual "Charity Game Night". The members donated dozens of packages of candy to the parish school's collection for "Operation Gratitude". These Halloween treats will be sent to support our servicemen and service-women overseas. At our second meeting last month, we had a fun-filled Halloween/All Saints Day Party featuring a "Cheesy Homemade Costume Contest" and a pumpkin-decorating contest. • On November 13, the group will be hosting a "Charity Cornhole Tournament." The suggested donation of \$10 per player will be donated to the St. Vincent de Paul Society to help feed the hungry during the holiday season. Prizes will be awarded to the winning team. Due to the Thanksgiving Holiday, the group will meet only once in November. The group's next meeting will be a Christmas Party held on December 11. • If you are a student in grades 8 through 12, please consider joining us for one of our upcoming meetings. All meetings are held in St. Anthony's Hall on the parish school campus from 6:30-7:30 pm. • If you have any questions, please do not hesitate to contact Mr. Sunderman at [psunderman@sacredheartsschool.net](mailto:psunderman@sacredheartsschool.net)

**Mercy General Guild**

**Christmas Luncheon and Boutique**

This annual event will take place on Thursday November 21, 2019 at the Dante Club 2330 Fair Oaks Blvd, 916-424-2628. Join us at 10:30 am to purchase various gifts: lighted boxes, bottles, vases, jams, jellies, dips, various spices, and olive oils. There will also be children clothes and toys, adult apparel, purses and wallets, stationary, and aprons and linen gifts. • Lunch will begin at 12:00 noon. There will be two menus from which to choose; advanced notice is required. A raffle with a grand prize of \$300 and other donated gifts will cap the event. To donate and receive 12 tickets for \$10.00 please call the Mercy Guild House at 916-731-7189.