

We are Triply Blessed

In the First Reading, we find Moses praying for God's mercy on Mount Sinai. As sinners we will always need God's mercy, but He promises to grant it when we seek it. • The Responsorial is the prayer (of praise) of the three young men in the furnace. We praise God in His temple, for He reveals Himself in great love and allows us to encounter Him. • In the Second Reading, we find the first clear references to the Holy Trinity presented by St. Paul in his two Letters to the Corinthians. These letters were written long before the Gospels. In the last verses of this account, we find a three-fold blessing: in the name of the Lord Jesus Christ ("Lord" meaning that Jesus is God, "Christ" is Greek for Messiah), in the name of God (as Father) and in the name of the Holy Spirit. This familiar blessing is extended to us as a greeting every Sunday in the Introductory Rite of the Liturgy: "The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all." Thus, we are greeted with a Trinitarian blessing. • The Alleluia Verse comes from the Book of Revelation; it is the doxology of praise to the Triune God: Father, Son, and Holy Spirit. • This excerpt from St John's Gospel demonstrates God's great love for us. God loved us so much that He sent His only Son into the world, not to condemn it, but that we would be saved through His death on the cross. After all, God called His Son to the cross out of love for us. Our Salvation depends on our belief in God and His love for us.

Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.

Faith First

and Savior, Spirit of love. You reveal yourself in the depths of our being, drawing us to share in your life and your love. One God, three Persons, be near to the people formed in your image, close to the world your love brings to life. We ask this, Father, Son, and Holy Spirit, one God, true and living, for ever and ever. Amen.

Prayer of the Week

Let us pray to our God who is Father, Son, and Holy Spirit. • God, we praise you: Father all-powerful, Christ Lord

Parish Website Resources

We have posted on the Parish Website at <https://sacredheart.church/> some spiritual resources to nourish our faith and prayer life. There are a number of websites that celebrate Mass daily. • [Daily Mass with Word on Fire](#), Bishop Barron's website • [EWTN](#) Eternal Word Television Network • [Catholic TV](#) • [Salt and Light Media](#) [Canadian Daily TV](#) on You Tube.

Here are some helpful spiritual resources and some daily meditations on the Scripture readings of Mass: • St. Louis University has a brilliant website exploring the depths of Sunday readings. Explore historical, cultural context, thoughts from the early Church, Scripture in depth, and other areas of significant import. Find it at liturgy.slu.edu • [Word on Fire](#) is Bishop Barron's website which is extremely popular. Bishop Barron explains the Sunday readings each week. The site has numerous videos, homilies, and other Catholic resources.

Temporary Change in Mass Times

Monday through Friday at 8:00 am & 12:00 pm
Saturday at 9:00 am & 5:30 pm
Sunday at 8:00 am, 10:00 am & 12:00 pm

Monday through Friday, the church doors will open at 7:30 am and 11:30 am, and close shortly after the Masses. On Saturday, the doors will open at 8:30 am and 4:00 pm, and close shortly after the Masses. On Sunday, the doors will open at 7:30 am, and close shortly after the 12:00 pm Mass.

At all Masses, we are asked to leave shortly after Mass so that the pews can be cleaned in preparation for the next Mass.

We appreciate your patience, understanding, and cooperation.

In Our Prayers

Daily Mass Intentions

June 7 - June 14

Sun	8:00am	For the People of the Parish
	9:30am	Rigoberto C. Mederos (+)
	11:00am	No intention requested
Mon	8:00am	John James (+)
Tue	8:00am	No intention requested
Wed	8:00am	Alberto & Concepcion Gabunada(+)
	12:00pm	Rigoberto C. Mederos (+)
Thu	8:00am	No intention requested
Fri	8:00am	No intention requested
Sat	9:00am	John Silveira (+)
	5:30pm	For the People of the Parish
Sun	8:00am	Don & Anita Cerqui (+)
	9:30am	Terry Andrews (+)
	11:00am	Maxine Vanacore (+)

In Memoriam

Mary Equi • May 27, 2020
Father Anthony Traynor • May 27, 2020

Eternal rest grant unto them, O Lord.
 And let perpetual light shine upon them.

Please Pray for the Sick

Jennifer Jewell, Dick Grutzmacher, Rick Barbaria, Gene Yeager, Adria Laubacher, Margarita Enriquez, Marjorie Green, Robert McAleese, Helena Enright, John Vostrez, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Richard Honey, Dale Wooldridge, Donald Anderson, Nancy McGarry, Patrick Valenzuela, Michael Fletcher, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

Meetings & Events

Sunday's Scripture Readings

Exodus 34:4b-6,8-9; 2 Corinthians 13:11-13; John 3:16-18. • It has been said that the greatest love story of all time is the story of our salvation. God, despite all our sins, has such great love for us that he is unwilling to leave us in our sinfulness. And as today's Gospel reminds us, he was willing to sacrifice his only Son so that we might be raised from the death of sin and come to share in his life of communal love. • Today's solemnity of the Most Holy Trinity celebrates that life of communal love. For God is one God, in three person--Father, Son, and Holy Spirit--whose relationship is one of complete self-gift and outpouring of love. In other words, God is not a *being* who loves, *God is love itself*. • That God is greater than we can ever know and yet is also one who revealed himself to us in his Son is truly something to celebrate. For the God who is transcendent--above all things--is also immanent: present in all things. He invites us to relationship with him; to seek more and know more and to open our hearts and minds to how he reveals himself to us. • So today's solemnity is actually a double celebration; we celebrate what God has revealed and we accept the invitation to know him more, and to find joy and fulfillment in that knowing. • By celebrating the Trinity, we recall God's invitation to us to be in relationship with him. We are reminded that God loves each of us and wills only our good; that this love is so real that Christ was actually willing to die for us; and that the Spirit is the gift of the Father and Son to us, to remain present among us. The Holy Spirit teaches and reminds us of that Trinitarian love, strengthening and consoling us in times of challenge and trial, and empowering us to be disciples in a troubled world. • We will never fully know--in this world--how and why God loves us so much or why he has chosen to make us his sons and daughters. So let us today just simply revel in that divine love and that holy identity. Let it flow over us like a great wave--empowering us to live as faithful disciples.

Food Pantry Donations Needed

Recently, the Parish has received inquiries from families and individuals seeking food. Sacred Heart Parish will be col-

lecting non-perishable food items so we can assemble bags for takeaway. The pantry is in need of canned meat (chicken, ham, tuna, Spam etc.) marinara sauce, pasta, mac & cheese, peanut butter/jelly, crackers, canned vegetables, fruit, and beans, cereal, other canned meals, mayo, mustard, ketchup, salad dressings, microwave popcorn and cake/brownie/cookie mixes. We are also in need of ready to eat, small individual/single serving size items such as, fruit/dessert cups, tuna/chicken salad individual pouch/can, dried fruit/nut snack packs, small cracker packages, juice boxes, and energy/granola bars. A bag filled with non-perishable, unexpired food may be left inside the altar rail.

"Coming Back to the Table" Masses Resume Monday, June 8, 2020

On Friday, May 29 Bishop Soto announced: "I am lifting the heartbreaking suspension of public celebrations of the Sacrifice of the Mass starting on Monday, June 8th." Reopening will not mean an immediate return to our practice prior to suspension of public Mass. The Bishop encourages us that we are "...called to greater patience, charity and understanding during the transition."

The following excerpts are taken from *Coming Back to the Table*, the Diocesan Guide to the Public Celebration of the Mass.

- The decree issued by Bishop Soto on March 13, 2020, dispensing ALL the faithful from the obligation to attend Sunday Mass and Holy Days of Obligation **remains in effect.**
- "Each should consider his or her own health. Those over 65 or with a vulnerable condition should shelter-in-place. Each person must make a prudent decision..."
- "While understanding the prominence of the Sunday Mass, the faithful are encouraged to attend Mass during the week as these usually have smaller crowds."

Parish Request

Sign up for Coming to Mass - Bishop Soto has asked each Parish to put in place a mechanism for contacting people who may have been exposed to CoVid-19. In the unfortunate event that a parishioner comes down with the coronavirus there needs to be a way to 'contact trace' others who may have been exposed. For this reason and because seating restriction limit us to 90 persons per Mass, we are all asked, if possible, to sign up online each for weekday and weekend Masses via the Parish Website. On the Parish Home Page, just below "Resuming Public Mass," you will see Signup Sheets click here. (There are 70 slots for each Mass. At each Mass there will be 20 slots available for parishioners to just "walk up: to Mass.) Remember, **only 90 people per Mass!**

hands as flat as possible to make it easy to place the Host safely and securely in your palm. • We will then step away from the EM and lift our mask to receive the Host. • After receiving Holy Communion we will return to our pews via the side aisles.

Entering & Exiting Church

We will be directed to our pews by the Ushers starting at the front of the church and dismissing us pew-by-pew starting from the back and moving forward down the side aisles.