

**Living in the Spirit**

The First Reading reminds us that the Messiah, our King and Savior, is not a conquering hero who rides into town on a great charger as the Jews thought, but one who is meek and gentle, riding in on a donkey. Yet this King is victorious, establishing the same borders for the promised land as King David had. True love truly conquers. • The Responsorial is a hymn of praise to this King, our God, who though mighty and powerful, is also gracious and merciful. We praise Him because He did not abandon us in our folly, but reaches out to us with profound compassion, understanding our plight, willing to heal us by His own sacred wounds. He is not an angry God that will destroy us and all creation at the slightest infraction, but rather He is angry at the sin, not His children. When He died for us on the cross, Jesus bore our pain and showed the deepest level of compassion, He reached out to us when we were bowed low. • In the Second Reading, St. Paul reminds us that God created the world good, but that when we sinned we hurt not only ourselves but also creation, in that we are now capable of misusing the world. Sin has caused good and evil to struggle within us. The Spirit calls us to the freedom of God's children and truth. By choosing to live for and in the Spirit, we die to sin and help stifle the battle within. • In today's Gospel, Jesus speaks of those who are invited into God's wisdom, the simple who are humble enough to listen to God. On the other hand, the proud and self-sufficient do not listen, but worse, tell God what they want Him to do. This is why Jesus invites the meek and humble of heart to Himself, offering comfort and healing. When we turn over our troubles to the Lord in humility, then we find incredible peace. This is not resignation but surrender to His will.

**Prayer of the Week**

God our Father, in the rising of your Son death gives birth to new life. The sufferings he endured restored hope to a fallen world. Let sin never ensnare us with empty promises of passing joy. Make us one with you always, so that our joy may be holy, and our love may give life. We ask this through Christ our Lord. Amen.

**Faith First**

Humans are made in God's image and likeness, conformed to Christ Jesus who is "the image of the invisible God." Because God makes us in the divine image, we are beings of incomparable worth, endowed with a human soul with its two magnificent powers--intellect and free will. Humans are the only beings on earth that God created for our own sakes, destining us from the very moment of conception for eternal happiness. • The human intellect enables us to recognize and understand God's command to do good and avoid evil. Free will enables us to choose good with the guidance of our conscience and to obey God's law of love. In seeking and loving truth and goodness, we humans find our perfection and happiness. • In a perfect world, our intellects and wills would be wholly attuned to God's will. However, original sin has weakened us, inclining us to commit evil by making bad judgments and by choosing lesser goods. Jesus has freed us from Satan and sin, giving us a new life in the Holy Spirit. Baptism and faith in Jesus as our Lord and Guide make us the children of God. This adoption into God's family imparts in us Christ's life, enables us to live morally, and merits for us an eternal reward in heaven.

**Living the Beatitudes**

The Beatitudes summarize the morality followers of Jesus should strive to live in response to both God and neighbor. They introduce and capsulize the essence of New Testament morality found in the Sermon on the Mount (Matthew chapters 5 through 7). • Jesus did not give a detailed list of rules and regulations. Rather, he taught attitudes of being that his followers should have in relationship to other people and to God. • You are encouraged to read the Beatitudes found in the Gospel of Matthew 5:1-12 and what the *Catechism of the Catholic Church* 1716; 1725-1727, says about the Beatitudes. • The Beatitudes fulfill the promises which God made to Abraham and show us the way to achieve the desire for happiness God implanted in our hearts. They teach how to attain, with God's grace, the gift of eternal destiny as sons and daughters of a loving God whose life we are invited to share.

**Being a Human Being**

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**In Our Prayers**

**Daily Mass Intentions**

**July 5- July 12**

<b>Sun</b>	8:00am	For the People of the Parish
	10:00am	Mary Flynn (+)
	12:00pm	Charlie Ternan (+)
<b>Mon</b>	8:00am	Victor Finkle (+)
<b>Tue</b>	8:00am	Thomas More Oswald Pereira (+)
<b>Wed</b>	8:00am	Ian Cotton (+)
<b>Thu</b>	8:00am	Josip Batarelo (+)
<b>Fri</b>	8:00am	Int...Altar Society Members
<b>Sat</b>	9:00am	Gene Vittori (+)
	5:30pm	For the People of the Parish
<b>Sun</b>	8:00am	Don & Anita Cerqui (+)
	10:00am	Margaret Tucher (+)
	12:00pm	No intention requested

**In Memoriam**

Let us pray for all those who have died and are in need of prayer. May they enjoy peace, happiness and light.

**Please Pray for the Sick**

Anne-Louise Radimsky, Dick Grutzmacher, Rick Barbara, Gene Yeager, Adria Laubacher, Margarita Enriquez, Marjorie Green, Robert McAleese, Helena Enright, John Vostrez, Robin Aurelius, Diana Zuniga, Suzy Riehl, Isabel Harper, Richard Honey, Dale Wooldridge, Donnal Anderson, Nancy McGarry, Patrick Valenzuela, Michael Fletcher, Gary Pepe, William Daniel Reed, Stephanie Merenda, Victoria Generoso, Jim Collins, Robert Arkebauer, Libby Basurto, Dena Foster-Cook, Marie Schumacher, Josephine Haddock, G.R. Gurley, Darren Stewart, Marge Mugartegui, Angel Curiel, Phillip Worth, Sonia Damiano, Ava Grace Arnold, Karen Amnon, Mary Terese Henriksen, Pamela Saenz, Stan Boyd, David Hunn, Addison Parker, Brett Stover, Norma Clark, Robert Clark, Jr.

**Meetings & Events**

**Calling the Homebound**

As we all know, many parishioners are still sheltering in place and are not able to attend Mass. If you would like to receive a telephone call from a parishioner, to check up on you or just to chat, please call the Parish Office. Moreover, many stay-at-home parishioners do not have computers or the computer skills to read our bulletin online and won't hear of this offer. If you know of anyone in the parish who might benefit from a telephone call, please let the office know and they will be contacted.

**How We Got Here**

The Parish is extraordinarily blessed to have as parishioners so many people who have worked so long and hard to get the church ready for reopening. You see some of them at Mass--greeters, ushers, door monitors, sanitizer aides, pew wipers--along with the Eucharistic Ministers, and the Lectors. But these people are just the visible part of an entire army of volunteers. Many, many people have contributed their labors for the reopening: writing instructions for volunteers, running the sign-up program for Mass attendance, ordering supplies, helping with cleaning the entire church, helping with signage and pew marking to name a few of their jobs. As a parish, we may never know the names of all the volunteers, but we can all be grateful that their love of God, the Church, and our parish brought them to us so we could reopen. Thank you for giving of your time and talent. • Call the Parish Office to volunteer.

**The Parish Website**

We hope that you have begun to establish the habit of visiting <http://www.sacredheart.church>, the Parish website frequently. If not, there is always time to do that now! We especially encourage you to visit the FAQ tab on the Home page and look at the number of rich resources to be found on the Corona Virus page. Ironically the new restrictions to limit social contact and to shelter at home have spurred the Parish to list many resources to enrich your faith and prayer life. A blessing in disguise. The website will take you directly to spiritual and prayerful resources, books, pamphlets, prayers, novenas, and monthly Mass and prayer books. • How do I read and meditate on Sacred Scripture? Go to the website for directions on where to find guides. • Open Wide Our Hearts. There are links to videos, publications and articles that address current affairs. • Coming Back to Mass. You will find helpful guidelines for what we need to do when we return to Mass. You can find the link to sign up to come to Mass. There are instructions on how we receive Communion while still respecting social distancing. • We hope you have found the website to be useful during this pandemic and you will continue to use as we go forward.

**Change in Weekday Mass Schedule**

After four weeks, it is apparent that the noon Mass on Monday through Friday does not have enough attendance to justify the volunteer efforts needed for every Mass. Therefore, the noon Mass Monday - Friday will be discontinued with the sole exception of the noon Mass on the First Friday of every month.

**Sign up for Coming to Mass**

Bishop Soto has asked each Parish to put in place a mechanism for contacting people who may have been exposed to Covid-19. In the unfortunate event that a parishioner comes down with the coronavirus there needs to be a way to 'contact trace' others who may have been exposed. For this reason and because seating restriction limit us to 90 persons per Mass, we are all asked, if possible, to sign up online each for weekday and weekend Masses via the Parish Website. On the Parish Home Page, just below "Resuming Public Mass," you will see Signup Sheets click here. (There are 70 slots for each Mass. At each Mass there will be 20 slots available for parishioners to just "walk up" to Mass.) Remember, **only 90 people per Mass!**

**Staying Home**

**During the Pandemic**

Bishop Soto's Dispensation from the Sunday obligation to attend Mass, issued March 17, is still in full effect. That means that, even though Masses have now resumed in parishes, you are NOT required to attend, regardless of your age or health. Those who are sick, or are vulnerable due to age or infirmity, should definitely stay home, rather than risk their health by attending Mass in person. If anyone is healthy but simply uncomfortable around crowds, just stay home. • Check the Parish website for the parish bulletin or call the Parish Office and we will happy to mail it to you.

**Safety/Security Projects**

Before the suspension of the public celebration of Mass due to the Covid-19 outbreak, the Parish Safety Committee studied the recommendations of the parish vulnerability assessment report conducted last year by the Central California Intelligence Center Critical Infrastructure Protection Unit. Our Safety Committee recommended that the Parish undertake three safety projects: (1) re-open the exterior church doors in the Pieta Chapel as an emergency exit only. The project requires a complete reconfiguration of the chapel interior and exterior improvements. (2) Install new iron fencing/gates between the church/parish hall and the medical building next door; replace parish hall exterior doors; pour a new concrete walkway for ADA access; and extend the fencing and gate to close off the main hall entrance. (3) Install new exterior church/rectory lighting along 39th Street. The Parish Pastoral Council and Parish Finance Council are in agreement that we should proceed with the projects. • Funding will come from the Parish Building Fund at a total cost of approximately \$365,000. Jackson Construction has been hired to provide project supervision. We are hoping to begin the projects in a couple of weeks.

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**Parish Building Fund**

The safety/security projects are funded by the Parish Building Fund. That fund was established initially by a bequest from a very generous parishioner who gave the Parish in his estate planning a duplex with the understanding that it would be sold. The proceeds would go to establish the Parish Building Fund. Subsequently, another parishioner, who asked to remain anonymous, has contributed very generously to the Fund. We are extremely grateful to these individuals and many others who have donated to the Fund. Donations are donor-restricted and can only be used for church/parish hall/rectory projects. • Please consider making a donation to the Building Fund. Our goal is to begin rebuilding the Fund.