



OUR LADY OF MOUNT CARMEL
Lay Carmelite Community #578
Northern California/Nevada Region
2700 Dover Avenue
Fairfield, CA 94533
NEWSLETTER
SEPTEMBER 2020

This month, the Church and the Order of Carmelites honor and remember the following Carmelite Saints

September 01 – St. Teresa Margaret Redi of the Sacred Heart, Virgin

Teresa Margaret was born in Arezzo in Tuscany in 1747 of the noble Redi family, and entered the Discalced Carmelites at Florence on September 1, 1764. She was given a special contemplative experience concerning the words of St. John, “God is love.” She felt deeply that her vocation was to live a hidden life of love and self-immolation. That vocation was confirmed by her heroic exercise of fraternal charity, but was soon completed: she died in 1770, aged twenty-three.

PRAYER

Father, you enabled Saint Teresa Margaret Redi to draw untold resources of humility and charity from the fountain-head, our Savior.

Through her prayers may we never be separated from the love of Christ.

Grant this through Christ, our Lord.

September 17 - St. Albert of Jerusalem, Bishop, and Lawgiver of Carmel

Albert Avogadro was born in the middle of the twelfth century in Castel Gualteri in Italy. He became a Canon Regular of the Holy Cross at Mortara and was elected there prior in 1180. Named Bishop of Bobbio in 1184 and of Vercelli in 1185, he was made Latin Patriarch of Jerusalem in 1205 where, in word and example, he was the model of a good pastor and peace-maker. While he was Patriarch (1206-1214) he united the hermits of Carmel into one community and wrote a Rule for them. He was murdered at Acre on September 14, 1214.

PRAYER

Lord God, through St. Albert of Jerusalem, you have given us a rule of life according to your Gospel to help us attain perfect love.

Through his prayers may we always live in allegiance to Jesus Christ and serve faithfully until death him who lives and reigns with you, in the unity of the Holy Spirit, One God, forever and ever.

(Source: Carmelites.ie)

VIRTUAL COMMUNITY MEETING

DATE: SEPTEMBER 19, 2020

TIME: 10:00 AM – 12:30 PM

Website Link: <https://call.lifetimesizecloud.com/239157>

Call in by phone (audio only) 1 312 584-2401, 239157#

[A message from your Director](#)

Fellow Carmelites, greetings:

Have you ever asked yourself the question, “why am I on this journey?” With this question in mind, let us go back to the old adage question, “Why did God create me?” What is God’s plan for me? According to the Baltimore Catechism, God created me to know Him, to love Him and to serve Him in this life and to be happy with Him forever and in the next.

To reach our eternal home, let us consider what St. Peter told his listeners then (1Peter: 14-16), “Like obedient children, do not return to your former life given over to ignorance and passions. Imitate the ONE who called you. As he is holy, so you, too, must be holy in all your conduct” .

*And we can be one by leaning continuously on the Pillars of Carmelite charisms: **PRAYER** (to know God), **COMMUNITY** (to love God and our neighbor) and **SERVICE** (to serve God in this world).*

*And so we move on.....remembering that “**without holiness no one will see the Lord**” (Hebrews 12:14).*

As I quote

“In this life, our lot is not to enjoy God, but to do his holy will.”

St. Teresa of Avila, a Carmelite Doctor and Saint

Let us all continue to pray for our community that St. Raphael, the Archangel may guide us in this life just as he guided young Tobit in his journey,

1) For good health and safety of all the lay Carmelites here present and absent in our meeting

2) For those affected by COVID-19 and the people caring for them,

3) For the sick members of our community especially Tom Quinn and Dina Cruz.

“Loving God, we lift up to you all the sick members of our community who are in need of healing, please grant them health of mind and body and complete recovery from their illnesses, surround those who are afflicted with Covid-19 with your love and with the great power of your healing presence. Grant our community members, the caregivers and all workers at this pandemic time, patience and perseverance and good spiritual and physical health, that they too will be protected from this virus. We also pray for those whose lives were affected because of the wildfires and other calamities, that they will keep their faith and hope in your mercy and love, these we ask, with all the holy angels, saints and martyrs in heaven, through the intercession of our Lady of Mount Carmel, in the name of your son our Lord, Jesus Christ, Amen. ”

From your Formation Director

Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again.

The water that I will give him will become in him a spring of water welling up to eternal life. – John 4:13-14

Holy Thirst Book:

*We are on Chapter Three: **Praise, Simple and Obedient***

Jesus longs for us, as much as we long for His presence. This on-going formation is our divine intimacy with God. We should let go of all things that may distract us of this union with Him. And so now, how do we respond to his Thirst?

Let's read Chapter Three and share your reflections spontaneously with us.

May our Lady of Mount Carmel continue to guide us to the summit.

Please continue to offer prayers for our candidates:

Jorge (Phase One), **Marilyn** (Phase Two), **Steve** (Temporary Professed), **Celia** and **Claire** (Final Profession).

Lord, help them grow in love as they continue to journey with us. We ask the guidance of the Holy Spirit and all of the Carmelite Saints in heaven be their constant companion and inspiration. We ask this through Christ our Lord. Amen

[From your Secretary](#)

Highlights of the August 15 Community Meeting

Present (22): Cherie Bauer, Steve Butsko, Desi Byerley, Marietta Castillo, Annie Castro, Celia Guevara, Seantelle Guillory, Celina Hess, Melody McCloskey, Anne Obiacoro, Claire Oribello, Evelyn Pacheco, Jess Pacheco, Cindy Perazzo, Bob Rillo, Teresa Smith, Marilyn Stahlberger, Rose Terris, Carmelita Torres, Jorge Urrutia, Shelia Williams and Mindy Zindel.

Absent (6): Oralia Anaya, Dina Cruz (sick), Olivia Makinano, Tom Quinn (sick), Valentine Ramos and Irma Torres.

Guests (2): Laura Hernandez and Dolly Icban.

- Lectio Divina was regarding a Canaanite woman who called out, "Have pity on me, Lord, Son of David, help me." Jesus said, "**O woman, great is your faith! Let it be done for you as you wish.**" And the woman's daughter was healed from that hour.

Initial insights from the community:

- Cherie – have faith in Jesus and don't give up.
- Jess/Evelyn – Faith will bring us joy.
- Annie/Jorge/Mindy – persevere and be persistent in our prayers.
- Celia/Annie – overcome the crowd obstacle to our prayers.
- Marilyn/Laura/Cherie/Rose – live and pray for our families with a strong faith in God.
- Congratulations to Desi Byerley on her appointment to another 3 year term as Co-Regional Coordinator beginning Sept. 1, 2020.
- August ministry – St. Vincent de Paul Society
- Monthly community meeting goes back to its regular schedule of **10:00 am to 12:30 pm** every **3rd Saturday of the month**.
- Carmel's call was read,
- Discussion of the following topics:
 - Government
 - The Establishment of the Officials
 - Administration of Goods
- Teresa gave an update of our current cash position.

- *The on-going formation led by Annie, our Formation Director on “HOLY THIRST” Part Two, “ FRIENDSHIP with JESUS” was filled with inspiring contributions into the “Spiritual Gumbo” as the community members profoundly expounded on the following quotes:*
 1. *Cherie on St. Teresa of Avila, “What do their honors mean to me since I have realized that the primary honor of a poor person resides in his being truly poor?” p.41*
 2. *Jess highlighted Brother Lawrence. “The desire for spiritual consolation must not be our purpose in carrying on....Let us do it out of love for God and because it is his will. p.39*
 3. *Seantelle on letting the Lord rule our lives, as Brother Lawrence said, “There is no manner of life in this world sweeter or more delicious than continual conversation with God.” p.38*
 4. *Teresa on St. Teresa of Avila, “The spiritual beginner must look upon himself or herself as planting garden, which our Lord may take, enjoy and delight in.” p.38*
 5. *Desi on St. Teresa, “I have the fewest worries when I possess least, and the Lord knows that I am more afflicted when I have excess of anything than when I have a lack of anything.” p.40*
 6. *Marietta on Brother Lawrence, “Faith was the only light he used to know God...faith to instruct and guide himself in all the ways of God.” p.50*
 7. *Jorge on Brother Lawrence, “Christ alone is capable of making himself known to us he is.” p.51*
 8. *Celia on Brother Lawrence, “We must make our faith alive, and by faith rise above our feelings, to adore God and Jesus Christ in all their divine perfections.” p.51*
 9. *Mindy went deep into St. John of the Cross, “(Re: manna in Exodus 16] a total renunciation is needed first, for this bread of angels is disagreeable to the palate of anyone who wants to taste human food.” p.56*
 10. *Evelyn on St. John of the Cross, “Since, when the hour of reckoning comes, you will be sorry for not having use this time in the service of God, why do you not arrange and use it now as you would wish to have done were you dying?”p.60*
 11. *Melody on St. Teresa, “The habit of performing some conspicuously virtuous actions through seeing it performed by another is one that easily takes root.” p.45*
 12. *Cindy and Desi promoted a simple and humble life, but never complacent, with St. Teresa of Avila, “My daughters must believe that the Lord has allowed me to experience in some small ways the blessings of holy poverty.” p.40*
 13. *Rose on the presence of God from Brother Lawrence, “Live the rest of your days in God’s holy presence....for the sake of his love.” p.37*
 14. *Steve on St. Therese of Lisieux, “You have heard that it was said, ‘Love your neighbor and hate your enemy.’ But I tell you, love your enemies and pray for those who persecute you.” p.42*
 15. *Jess and Annie concluded the on-going formation with the challenging and inspiring words of St. Elizabeth of the Trinity, “....everything is delightful in Carmel. We find*

God at the wash just as at prayer. Everywhere is only Him. We live him, breathe Him. If you knew how happy I am, my horizon grows larger each day.” p.57

COMMUNITY MEETING AGENDA

- *Opening Prayer (page 139 CARMEL’S CALL)*
- *Liturgy of the Hours*
 - *Leader: Jess Pacheco*
 - *Psalms and Canticles: page 989*
 - *Antiphon: page 1426*
 - #1: Steve B (if NA, Desi B)*
 - #2: Marietta C (if NA, Celia G)*
 - #3: Seantelle G (if NA, Celina H)*
 - *Reading: page 1383(Galatians 4:4-5)*
Reader: Melody McC (if NA, Anne O)
 - *Canticle of Zechariah: page 1385, #5*
 - *Intercession: page 1385*
 - *Closing prayer: page 1386*

- *Lectio Divina*

(“Lectio Divina is a traditional way of praying the Scriptures so that the word of God may penetrate in our hearts and that we may grow in an intimate relationship with Lord”, Carmel’s Call, page133.)

We will begin with the sign of the cross and close with the Lord’s Prayer.

After each reading, please allow 15 to 20 seconds of silence to allow the Word of God to penetrate into our hearts And then share.

After the 1st reading: Share a word or phrase that most touch your heart.

After the 2nd reading: Share an insight. What was the message that you received from God.

After the 3rd reading: And what is your response to that message? Start with “the grace I need to pray for is

Reader: Claire O (if NA, Evelyn P)

Mt.20:1-16 A

Jesus told his disciples this parable: “The kingdom of heaven is like a landowner who went out at dawn to hire laborers for his vineyard. After agreeing with them for the usual daily wage, he sent them into his vineyard. Going out about nine o’clock, the landowner saw others standing idle in the marketplace, and he said to them, ‘You too go into my vineyard, and I will give you what is just.’ So they went off. And he went out again around noon, and around three o’clock, and did likewise. Going out about five

o'clock, the landowner found others standing around, and said to them, 'Why do you stand here idle all day?' They answered, 'Because no one has hired us.' He said to them, 'You too go into my vineyard.' When it was evening the owner of the vineyard said to his foreman, 'Summon the laborers and give them their pay, beginning with the last and ending with the first.' When those who had started about five o'clock came, each received the usual daily wage. So, when the first came, they thought that they would receive more, but each of them also got the usual wage. And on receiving it they grumbled against the landowner, saying, 'These last ones worked only one hour, and you have made them equal to us, who bore the day's burden and the heat.' He said to one of them in reply, 'My friend, I am not cheating you. Did you not agree with me for the usual daily wage? Take what is yours and go. What if I wish to give this last one the same as you? Or am I not free to do as I wish with my own money? Are you envious because I am generous? Thus, the last will be first, and the first will be last.'

- **Carmel's Call**

(Carmel's Call is a call to seek the face of God in prayer, in community, and in service. Carmel's Call is one way among many that Christians seek to live a life of allegiance to Jesus Christ; how pure in heart and stout in conscience we seek to serve our master. This manual is an effort to provide some of the structures to help the Lay Carmelite achieve these aims.)

Assigned Topics for the month:

Part II, General Statutes: Structure

Chapter 7 – Extinction and Suppression, p.47, paragraphs 71-72

Chapter 8 – The Law Proper to the Third Order and its Interpretation, p.48, paragraphs 73-75

Part III, Membership and Formation

Chapter 1 – 5, paragraphs 76-94

- **Other Business announcements**

Ministry for the month: Retired Carmelite Priests

Next month's community meeting: Oct 17, 10:00 AM to 12:30PM

Birthday Celebrant: Jess Pacheco, Sept 26

"Wishing you a very special day and the best of everything all year through..."

Formation update/on-going formation: Annie Castro, PART THREE, Praise Simple and Obedient

Contacts:

Jess Pacheco, Community Director

(707) 688 - 8613

pacjessie8@gmail.com

Annie Castro, Formation Director

(707) 227 - 5510

accastro@gmail.com

Desi Byerley, Regional Director

(707) 426 - 0314

desibyerley@gmail.com