



Blessed

Step 1: Watch "From the Bible: Adam and Eve" video.

Step 2: Complete the following activity.

Step 3: Together complete the prayer on the back.

True or False

1. ____ We are always happier when we walk in God's ways.
2. ____ If we love God with all our hearts, souls, and minds we won't listen to him.
3. ____ One of the most powerful ways we show God we love him is by being mean to other people.
4. ____ God is constantly trying to show us the best way to live.
5. ____ God has a marvelous plan for you and your life.
7. The best way to deal with temptation is to turn to God in _____ and ask him for his help.
8. Following our conscience makes us _____ and ignoring our conscience makes us restless and _____.
9. God's _____ helps us to become the-best-version-of-ourselves.
10. Our God is a God of _____ chances.

Fill in the blank

1. God wants you to become a great _____.
2. One of the greatest blessings God has given you is the ability to make _____.
3. God loves you so much that he blesses you with _____.
4. The best way to deal with sin is to go to _____.
5. By guiding us to make great decisions, God's laws are designed to help us live _____ and _____ lives.

Word Bank

PRAYER	HOLY
HAPPY	FREE WILL
GRACE	RECONCILIATION
DECISION MAKER	CHOICES
SECOND	UNHAPPY
HAPPY	



My Little Prayer Process

1 Thank God for whomever and whatever you are most grateful today. List what you are grateful for.

2 Think about today. Talk to God about the times when you were and were not the-best-version-of-yourself.

3 What do you think God is trying to say to you today? Talk to God about that.

4 Ask God to forgive you for anything you have done wrong and to fill your heart with peace.

5 Talk to God about some way he is inviting you to change and grow.

6 Pray for the other people in your life by asking God to guide them and watch over them. List those you are praying for.

7 Pray the Our Father.