



May 19, 2019

Fifth Sunday of Easter (C)

Acts 14:21-27

Rev 21:1-5a

In 13:31-33a, 34-35

God's Reign in Heaven and Earth

The trumpeters in the center of the huge Sistine Chapel wall fresco declare the new reign of God, the coming of the new Jerusalem, which was sent from heaven from God Most High. This new heaven and earth is the civilization of love brought about by Christ's passion, death, and resurrection.

It's not an abstract ideal or some faraway lost city. It's a city that exists in heaven around the throne of the Lamb and grows by means of the Church as God's kingdom on earth.

Just as Paul and Barnabas appointed elders and the Church took on a stable, hierarchical structure, we are reminded of the historical growth of this city of love—God's Church on earth. From the beginning it was founded on faith. The apostles prayed, fasted, and commended these elders to the Lord. It was their common faith in Christ that was the foundation of this new kingdom of God.

The glory of this kingdom isn't in church buildings or organizations, but it's the glory that Jesus mentions in today's Gospel. "Now is the Son of Man glorified, and God is glorified in him" (John 13:31). It's the glory that comes from Jesus' faithful love toward the Father and his disciples, leading him to be enthroned on the cross and rule as the Lamb that was slain yet still



Piece: *The Last Judgment* (detail), 1536-1541
Artist: Michelangelo
Location: Sistine Chapel

For Reflection

Do I believe that the essence of real, lasting power is found in love?

Old forms of hate and division are destined to pass away. Am I hastening the arrival of the new kingdom by the love with which I live?

stands. It is the new commandment of love that is their glory. Thus the bride that is the Church will be great to the degree that it loves like Jesus, its husband and King.

—Fr. Mark Haydu, LC

[Jesus said,] "I give you a new commandment: love one another. As I have loved you, so you also should love one another."

John 13:34

SACRED HEART PARISH

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Deacon Walter Corrigan

SACRAMENTS

Baptism: Call church for appointment

Marriage: 5-6 Months preparations are required.
Call for an appointment.

Reconciliation: Saturday at 5:00 p.m. or by
appointment.

MASSES THIS WEEK

05/21 Tues: 12 p.m. Mass

05/22 Wed: 12 p.m. Mass

05/23 Thurs 12 p.m. Mass

05/24 Fri: 12 p.m. Mass

05/25 Sat: 5:30 p.m. Mass

05/26 Sun: 9 a.m. Rosary 9:30 a.m. Mass; 12:30
p.m. Mass at St John Neumann

FIFTH SUNDAY OF EASTER

First Reading: Acts 14:21-27

"It is necessary for us to undergo many hardships to
enter the kingdom of God."

Responsorial Psalm: Psalm 145:8-13

"I WILL PRAISE YOUR NAME FOREVER, MY
KING AND MY GOD."

Second Reading: Revelation 21:1-5a

"The former heaven and the former earth had passed
away, and the sea was no more."

GOSPEL: John 13:31-35

"I give you a new commandment: Love one
another."

SATURDAY, May 25

Lector - Diane Owens

E.M. - Sandi Schiff

SUNDAY, May 26

Lector - Clinton Paul

E.M. - Lee Corrigan

SUNDAY COLLECTION - Last week, the people
of Sacred Heart shared \$2,011 with the parish.

PARISH WEBSITE! - Thanks to the work of
Clare Sullivan, our new parish website is up and
running... the url is: sacredheartseward.org Check it
out, and let us know if you have any comments or
requests as it grows.

MEN'S PRAYER BREAKFAST - The men's
prayer breakfast continues on Wednesdays, at 7
a.m. in the Parish Hall.

ARCHBISHOP ETIENNE FAREWELL - a
farewell Mass will be held for Archbishop Etienne
at Our Lady of Guadalupe Co-Cathedral on May
29th at 5:30 p.m. Everyone is invited and there will
be a reception afterwards.

FR. BILL'S 50TH JUBILEE - will be held at
Sacred Heart Church on Friday, May 31 at 5:30 p.m.
A prime rib dinner will follow. Everyone is invited.

ONE BREAD, ONE BODY - By now, you should
have received your letter from Archbishop Etienne
asking you to be partners for the gospel and to
support Archdiocesan ministries for all of
parishioners in our faith communities. When you
pledge your support for the 2019 *One Bread, One
Body* Annual Catholic Appeal, you help make
possible diocesan-wide ministries that offer
opportunities
for ongoing conversation and lifelong faith
formation.

*Please prayerfully consider making a gift to this
year's Annual Catholic Appeal.*

Your participation as an active steward of these vital ministries matters more than the amount of your gift. We are united in this effort – join the mission.

ARCHDIOCESE OF ANCHORAGE OFFICE OF SAFE ENVIRONMENT STATEMENT:

"The Archdiocese has prepared an opportunity for everyone to submit their comments, questions and/or suggestions relating to the Abuse reports in the Catholic Church and the Church's Response About Abuse of Vulnerable Persons on the Archdiocese of Anchorage Website."

"The Catholic Church values the dignity of its members. The horrors of child abuse continue to haunt the Church and its victims. In order to deal with this crisis in a responsible, accountable, and transparent manner, the Archbishop is working to address the concerns of victims, parishioners, and the broader community.

The Archdiocese of Anchorage values everyone's thoughts regarding the abuse against the vulnerable of our Church and the Church's response. We want to make available an opportunity for everyone to express their thoughts, please submit any questions or comments and offer recommendations by using the following online form.

All submissions can be anonymous if preferred. When possible, answers to questions submitted will be posted publicly through the Archdiocese of Anchorage website and/or the Catholic Anchor. Comments and Suggestions will be shared with Archbishop Etierine and his staff and at his discretion, may be published.

The identity of those submitting concerns, questions or comments and recommendations will not be made public.

"Please note that it is the policy of the Archdiocese of Anchorage to report all allegations of abuse or endangerment of a minor or vulnerable adult or child pornography."

ST. PAUL'S CORNER - Looking for Catholic books, gifts, and items of faith? Come see what's new at St. Paul's Corner at the Holy Family Cathedral. Hours of service:

· Sundays: 8:30AM to 5:30PM
· Closed Mondays
· Tuesdays and
Wednesdays: 11:00AM–2:00PM
· Closed Thursdays
· Fridays: 11:00AM-2:00PM
· Saturdays: 10:00AM – 2:00PM
· If you have questions, please call 907-646-3070

Project Rachel to Begin New Support Group -

Suffering, sad, or confused because of an abortion – you or a family member? Whether recently or long ago, consider grieving your loss through the Archdiocesan-supported Project Rachel healing group. It is free and confidential. For further information or to participate phone our confidential phone line: 297-7781 or Toll Free (outside the Anchorage area).

RAIS is in need of warm winter blankets, kitchen tables, and chairs. Please drop off donations at 3710 E. 20th Avenue.

MISSION DONATION ADDRESSES

Magadan Missions

C/o Russian Desk
Archdiocese of Anchorage
225 Cordova Street
Anchorage, AK 99501

Thai Missions

Friends of Sarnelli House UA
P.O. Box 88234
Milwaukee, WI 53288
E-mail: sheamick@gmail.com

REGISTRATION – In order to provide needed data for the Archdiocese, to provide sacramental service for our parishioners and so that we may give special recommendations for ministries, programs and sponsors, it is necessary for all parishioners to be registered in the parish. Forms are available on the bulletin board in the vestibule. All information provided is kept confidential.

Calendar

Monday
MAY 20

Easter Weekday
Acts 14:5-18
In 14:21-26

Tuesday
MAY 21

Easter Weekday
Acts 14:19-28
In 14:27-31a

Wednesday
MAY 22

Easter Weekday
Acts 15:1-6
In 15:1-8

Thursday
MAY 23

Easter Weekday
Acts 15:7-21
In 15:9-11

Friday
MAY 24

Easter Weekday
Acts 15:22-31
In 15:12-17

Saturday
MAY 25

Easter Weekday
Acts 16:1-10
In 15:18-21

Sunday
MAY 26

Sixth Sunday of Easter
Acts 15:1-2, 22-29
Rev 21:10-14, 22-23
In 14:23-29

Dear Padre,

Can people with celiac disease take substitutes for the wheat host?

This is becoming an increasingly important pastoral issue. In some cases, food allergies are so toxic that even a bit of the allergen can lead to death. Attention was drawn to this issue when a bishop refused a mother's request to allow her child to receive first Communion with a wafer made from rice. The bishop suggested the child receive Communion only from the cup. Not satisfied by this recommendation, the entire family joined a Christian denomination that allowed the use of rice wafers.



The Vatican has decreed that there must be at least some gluten to make the host valid bread for Communion and that men who have celiac disease shouldn't be admitted to the priesthood because the priest must be able to eat and drink the Body and Blood of Christ.

So how much is *some* gluten? The Vatican was not specific. A group of US Benedictine nuns

took on the challenge of making a wheat host that would contain .01 percent gluten. Their recipe was approved by the Vatican in July 2003. Since that approval, the nuns have been amazed at the number of requests they receive for these low-gluten wafers.

Low-gluten hosts are usually purchased by the parish and consecrated at the same time as the gluten hosts, with the low-gluten hosts placed in a separate container. Communicants who can't tolerate even the low-gluten hosts may choose to share only in the cup of Communion.

From *The Eucharist: 50 Questions from the Pews*,
© 2009 Fr. Richard Fragomeni, PhD (Liguori),
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Know Someone Overly Anxious About Sin?

For more than fifty years, Redemptorists have ministered compassionately with those struggling with scrupulosity. For more information and to sign up for our

free monthly newsletter, visit:
ScrupulousAnonymous.org



A Word from Pope Francis

We must not forget that we celebrate the Eucharist in order to become eucharistic men and women. What does this mean? It means allowing Christ to act within our deeds: that his thoughts may be our thoughts, his feelings our own, his choices our choices too....Doing as Christ did is Christian holiness.

—General audience, April 4, 2018



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