

“Meet You at the Altar” Parent & Student Weekly Guide

If you have any questions about any part of the program, please feel free to get in touch with either Jonathan at jgalo@falmouthcatholic.org or Julia at jgoldschmidt@falmouthcatholic.org.

1. Attend Mass each week in-person
 - a. Our weekend Mass schedule can be found on our parish website at www.falmouthcatholic.org or in the weekly bulletin
 - b. You may also attend a Mass at any other Catholic Church if you are unable to attend one of our many weekend Masses here in Falmouth.
 - c. We will still be offering Mass via our livestream www.falmouthcatholic.org/live-stream for those who are unable to attend in person due to illness
2. Once you have attended a Mass, please have your child complete their weekly Mass journal using one of the methods listed below
 - a. Journals begin on **September 19th** for all grades and will continue until the end of the program year. Students should complete their journals every week even when they are not meeting in-person

Journal Option #1- Online via our website

1. Access our website at www.falmouthcatholic.org/faithformation
 - a. Scroll down the main page and click on your child’s grade
2. Fill out the weekly Mass Journal form on the page
 - a. Be sure to include a valid email address so that our small group leaders can reply back with comments on the journals each week
 - b. Please select your child’s small group leader from the list provided as we have multiple group leaders per grade level. If you are unsure of who your child’s small group leader is, please select the “Not sure/I don’t remember” option and we will make sure they get your child’s journal
 - c. **Be sure to click “Submit”** once you are finished
 - i. You will get a confirmation screen indicating that the journal has been submitted
 - d. You will also have the option to print the journal (please be sure to do this **before** clicking submit)
 - e. For those families with multiple children in the same grade level, simply refresh the page and you will be given a new form to complete
 - f. **Online journal will be available until the Wednesday following a Mass** and then will change over to the following weekend. You may still access the previous weeks’ journals (**see Journal Option #2**)
3. After submitting your weekly journal, you will receive a copy of that submission in your inbox
 - a. Your child’s small group leader will also receive a copy of the journal which they will respond to, so be sure to check your email periodically for these comments
 - b. You may need to check your “spam” folder as sometimes emails may get sent there by mistake
4. Please note, we will **not** be using the Canvas site this year for our online journals.

Journal Option #2- Downloaded from Website

1. Visit www.falmouthcatholic.org/faithformation and click on your child’s grade level
 - a. On the right side of the screen you will find a list of all the current and previous Mass journals which you can download and print
2. Complete the journal and email it either to your child’s small group leader or to Jonathan/Julia or brought with you to our monthly, in-person sessions

Journal Option #3- Hard Copies

1. Hard copies will be passed out during our parent meetings
2. You may also obtain a hard copy of the journals from each of our parish churches.
3. You may fill out the hard copies and bring them with you to our monthly, in-person sessions
 - a. You may also scan/email all hard copies to your child's small group leader, Jonathan/Julia, or dropped off to the Faith Formation Office

In-Person Sessions

1. Once a month, students will gather for our in-person sessions
 - a. Sessions will be held on Sundays from 9:30am to 10:45am at St. Anthony's over in Fatima Hall (the building directly across the parking lot from the church)
 - b. Students are encouraged to attend Mass at St. Anthony's either prior to our session (8:45am) or afterwards (11am) to fulfill their weekly Mass requirement
 - i. You may also choose to continue to attend your regular Mass time/location as well
 - c. Please see the "Meet You at the Altar" calendars for a full listing of in-person session dates
2. Our sessions will begin with a group teaching by Jonathan & Julia
 - a. Each month we will provide an overview of a core topic of our faith (God, Jesus, the Sacraments, etc.)
 - b. For those who wish to learn more about these topics, consider participating in our "Meet You at the Altar Plus +" program.
3. After our group teaching, students will be broken out into the small groups where they will have time to complete various activities & discussions based off of the teaching that they just heard
4. Per the mandates by the CDC, Commonwealth of Massachusetts, and the Diocese of Fall River, we will be observing the following safety procedures for our program this year
 - a. Masks will be worn at all times while indoors regardless of vaccination status
 - b. Hand sanitizing stations will be at the entrances of our program building. Persons who enter the building are encouraged to use these stations to help prevent the spread of germs
 - c. Anyone who is feeling sick or exhibiting symptoms are encouraged to stay home and not attend our in-person sessions
5. When dropping off and picking up your student for these sessions, please be mindful of the traffic situation in the parking lot
 - a. A parent **must** be present inside the building to pick up their student at the end of our session (no student will be released until we know that there is someone there to pick them up)

Sacramental Students

1. For students who are planning on receiving a sacrament in the spring—1st Reconciliation/1st Communion (gr. 2) and Confirmation (gr. 9)—we will be holding twice a month in-person sessions to better help your child prepare for these special moments in their lives of faith
 - a. Our program structure for these sessions will vary in content from our main Faith Formation program
 - b. Please see the program calendars for all session dates