

**THE INTROIT** CF. PSALM 74 (73): 20, 19, 22, 23

Look to your covenant, O Lord, | and forget not the life of your poor ones for ever. | Arise, O God, and defend your cause, and forget not the cries of those who seek you.

**THE KYRIE**

V. Ký-ri - e, e-lé-i-son. R. Ký-ri - e, e-lé-i-son.

V. Chri-ste, e-lé-i-son. R. Chri-ste, e-lé-i-son.

V. Ký-ri - e, e-lé-i-son. R. Ký-ri - e, e-lé-i-son.

**GLORIA**

Glory to God in the highest,  
and on earth peace to people of good will.

We praise **yòu**,  
we bless **yòu**,  
we adore **yòu**,  
we glorify **yòu**,  
we give you thanks for **yòur great** glóry,  
Lord God, heavenly **King**,  
O God, **almighty** Fát<sup>h</sup>er.

Lord Jesus Christ, Only Begotten **Sòn**,  
Lord **God**, Lamb of **God**, Son of the **Fathèr**,  
you take away the sins of the **wòrld**,  
have mercy on us;  
you take away the sins of the **wòrld**,  
receive our prayer;  
you are seated at the right hand of the **Fathèr**,  
have mercy on us.

For you alone are the Holy **Òne**,  
you alone are the **Lòrd**,  
you alone are the Most High,  
Jesus **Christ**,  
with the Holy **Spirit**,  
in the glory of **Gòd** the **Fát<sup>h</sup>er**.  
**A** men.

**THE OLD TESTAMENT** | 1 KGS 19:9A, 11-13A

At the mountain of God, Horeb,  
Elijah came to a cave where he took shelter.  
Then the LORD said to him,  
“Go outside and stand on the mountain before the LORD; the LORD will be passing by.”  
A strong and heavy wind was rending the mountains and crushing rocks before the LORD—  
but the LORD was not in the wind.  
After the wind there was an earthquake—  
but the LORD was not in the earthquake.  
After the earthquake there was fire—  
but the LORD was not in the fire.  
After the fire there was a tiny whispering sound.  
When he heard this, Elijah hid his face in his cloak and went and stood at the entrance of the cave.

**THE PSALM** | 85:9, 10, 11-12, 13-14

Lord, let us see your kind - ness, and grant us your sal - va - tion.

I will hear what God proclaims;  
the LORD — for he proclaims peace.  
Near indeed is his salvation to those who fear him,  
glory dwelling in our land.

**R.**  
Kindness and truth shall meet;  
justice and peace shall kiss.  
Truth shall spring out of the earth,  
and justice shall look down from heaven.

**R.**  
The LORD himself will give his benefits;  
our land shall yield its increase.  
Justice shall walk before him,  
and prepare the way of his steps.

**R.**

**THE EPISTLE** | ROMANS 9: 1-5

Brothers and sisters:

I speak the truth in Christ, I do not lie;  
my conscience joins with the Holy Spirit in bearing me witness  
that I have great sorrow and constant anguish in my heart.  
For I could wish that I myself were accursed and cut off from  
Christ

for the sake of my own people,  
my kindred according to the flesh.  
They are Israelites;  
theirs the adoption, the glory, the covenants,  
the giving of the law, the worship, and the promises;  
theirs the patriarchs, and from them,  
according to the flesh, is the Christ,  
who is over all, God blessed forever. Amen.

**THE HOLY GOSPEL** | MATTHEW 14:22-33

After he had fed the people, Jesus made the disciples get into a boat  
and precede him to the other side,  
while he dismissed the crowds.  
After doing so, he went up on the mountain by himself to pray.  
When it was evening he was there alone.  
Meanwhile the boat, already a few miles offshore,  
was being tossed about by the waves, for the wind was against it.

During the fourth watch of the night,  
he came toward them walking on the sea.  
When the disciples saw him walking on the sea they were  
terrified.

“It is a ghost,” they said, and they cried out in fear.  
At once Jesus spoke to them, “Take courage, it is I; do not be  
afraid.”

Peter said to him in reply,  
“Lord, if it is you, command me to come to you on the water.”  
He said, “Come.”

Peter got out of the boat and began to walk on the water  
toward Jesus.

But when he saw how strong the wind was he became  
frightened;  
and, beginning to sink, he cried out, “Lord, save me!”  
Immediately Jesus stretched out his hand and caught Peter,  
and said to him, “O you of little faith, why did you doubt?”  
After they got into the boat, the wind died down.  
Those who were in the boat did him homage, saying,  
“Truly, you are the Son of God.”

**THE NICENE CREED**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*all bow:*

and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

**SUNG RESPONSES & LITANIES OF THE EUCHARISTIC PRAYER****THE HOLY, HOLY, HOLY**

**S** Auctus, \* Sanctus, Sanctus Dominus De-us Sá-ba-oth. Ple-ni sunt  
caeli et terra glo-ri-a tu-a. Ho-sán-na in ex-cel-sis. Be-ne-dic-tus  
qui ve-nit in no-mi-ne Do-mi-ni. Ho-sá-na in ex-cel-sis.

**THE MEMORIAL ACCLAMATION**

*The Priest intones: "The mystery of faith..."*

We pro-claim your Death, O Lord, and pro-fess your Res-ur-rec-tion  
un-til you come a-gain.

**THE LAMB OF GOD (AGNUS DEI)**

A-gnus De-i, \* qui tol-lis pec-cá-ta mun-di: mi-se-ré-re no-bis.  
A-gnus De-i, \* qui tol-lis pec-cá-ta mun-di: mi-se-ré-re no-bis.  
A-gnus De-i, \* qui tol-lis pec-cá-ta mun-di: do-na no-bis pa-cem.

**THE COMMUNION ANTIPHON | JOHN 6:51**

The bread that I will give, says the Lord,  
is my flesh for the life of the world.

**Before Mass:**

- If you are in your car, please tune your radio to:
  - St. Frances Cabrini: **95.1 fm** | St. Joseph: **96.3fm**
- Please enter only through the main doors so an accurate count can be made for 50% occupancy.
- Wear your mask.
- A basket will be available for your stewardship offering.
- Find a seat noting that some will be blocked off and that 6-foot distancing is required.
- Families in the same household who have regular contact with each other may sit together.
- Recollect yourself before Mass.
  - What intentions do I bring to the altar today?
  - What graces do I need to ask of The Lord?
  - Am I conscious of mortal sin? Do I need to go to Confession because of this?

**During Mass:**

- Pray along with the Mass.
- Maintain 6-foot distancing when coming forward for Holy Communion.
- Remove your mask only to receive Holy Communion.
- Reception of Holy Communion in the hand is encouraged, but not required.
- Please **DO NOT** touch the priest's hands when receiving Holy Communion. He will have to pause to go wash his hands and return.

**After Mass:**

- Take a few extra moments to offer a prayer of thanksgiving for The Mass, The Eucharist, and your own intentions.
- Maintain 6-foot distancing.
- Exit through the nearest door.
- Take a bulletin if you would like one.

**Please take this sheet with you!**

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