

THE INTROIT | CF. PSALM 106 (105): 47

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

CONFITEOR

I confess to almighty God
and to you,
my brothers and sisters,
that I have greatly
sinned,
in my thoughts
and in my words,
in what I have done
and in

what I have failed to do,
And, striking their breast, they say:

through my fault,
through my fault,
through my most
grievous fault;

Then they continue:

therefore I ask
blessed Mary ever-Virgin,
all the Angels and Saints,
and you,
my brothers and sisters,
to pray for me
to the Lord our God.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you, | we bless you,
we adore you, | we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
A men.

THE KYRIE**THE FIRST READING** | Deuteronomy 18:15–20

Moses spoke to all the people, saying:
“A prophet like me will the LORD, your God, raise up for you
from among your own kin;
to him you shall listen.
This is exactly what you requested of the LORD, your God, at
Horeb
on the day of the assembly, when you said,
‘Let us not again hear the voice of the LORD, our God,
nor see this great fire any more, lest we die.’
And the LORD said to me, ‘This was well said.
I will raise up for them a prophet like you from among their
kin,
and will put my words into his mouth;
he shall tell them all that I command him.
Whoever will not listen to my words which he speaks in my
name,
I myself will make him answer for it.
But if a prophet presumes to speak in my name
an oracle that I have not commanded him to speak,
or speaks in the name of other gods, he shall die.’”

THE PSALM | 95:1-2, 6-7, 7-9

Come, let us sing joyfully to the LORD;
let us acclaim the rock of our salvation.
Let us come into his presence with thanksgiving;
let us joyfully sing psalms to him. *℟.*
Come, let us bow down in worship;
let us kneel before the LORD who made us.
For he is our God,
and we are the people he shepherds, the flock he guides. *℟.*
Oh, that today you would hear his voice:
“Harden not your hearts as at Meribah,
as in the day of Massah in the desert,
Where your fathers tempted me;
they tested me though they had seen my works.” *℟.*

THE EPISTLE | 1 COR 7:32-35

Brothers and sisters:
I should like you to be free of anxieties.
An unmarried man is anxious about the things of the Lord,
how he may please the Lord.
But a married man is anxious about the things of the world,
how he may please his wife, and he is divided.
An unmarried woman or a virgin is anxious about the things
of the Lord,
so that she may be holy in both body and spirit.
A married woman, on the other hand,
is anxious about the things of the world,
how she may please her husband.
I am telling you this for your own benefit,
not to impose a restraint upon you,
but for the sake of propriety
and adherence to the Lord without distraction.

THE HOLY GOSPEL | MARK 1:21-28

Then they came to Capernaum,
and on the sabbath Jesus entered the synagogue and taught.
The people were astonished at his teaching,
for he taught them as one having authority and not as the
scribes.
In their synagogue was a man with an unclean spirit;
he cried out, “What have you to do with us, Jesus of
Nazareth?
Have you come to destroy us?
I know who you are—the Holy One of God!”
Jesus rebuked him and said,
“Quiet! Come out of him!”
The unclean spirit convulsed him and with a loud cry came
out of him.
All were amazed and asked one another,
“What is this?
A new teaching with authority.
He commands even the unclean spirits and they obey him.”
His fame spread everywhere throughout the whole region of
Galilee.

THE NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

all bow:
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

SUNG RESPONSES & LITANIES OF THE EUCHARISTIC PRAYER**THE HOLY, HOLY, HOLY**

S Anctus, * Sanctus, Sanctus Dominus De-us Sá-ba-oth. Ple-ni sunt
caeli et terra glo-ri-a tu-a. Ho-sán-na in ex-cél-sis. Be-ne-dic-tus
qui ve-nit in no-mi-ne Do-mi-ni. Ho-sá-na in ex-cel-sis.

THE MEMORIAL ACCLAMATION

The Priest intones: "The mystery of faith..."

We pro-claim your Death, O Lord, and pro-fess your Res-ur-rec-tion
un-til you come a-gain.

THE LAMB OF GOD (AGNUS DEI)

A-gnus De-i, * qui tol-lis pec-cá-ta mun-di: mi-se-ré-re no-bis.
A-gnus De-i, * qui tol-lis pec-cá-ta mun-di: mi-se-ré-re no-bis.
A-gnus De-i, * qui tol-lis pec-cá-ta mun-di: do-na no-bis pa-cem.

THE COMMUNION ANTIPHON | CF. PSALM 31 (30): 17-18

Let your face shine on your servant.
Save me in your merciful love.
O Lord, let me never be put to shame, for I call on you.

Before Mass:

- If you are in your car, please tune your radio to:
 - St. Frances Cabrini: **91.5 fm** | St. Joseph: **96.3fm**
- Please enter only through the main doors so an accurate count can be made for 25% occupancy.
- Wear your mask.
- A basket will be available for your stewardship offering.
- Find a seat noting that some will be blocked off and that 6-foot distancing is required.
- Families in the same household who have regular contact with each other may sit together.
- Recollect yourself before Mass.
 - What intentions do I bring to the altar today?
 - What graces do I need to ask of The Lord?
 - Am I conscious of mortal sin? Do I need to go to Confession because of this?

During Mass:

- Pray along with the Mass.
- Maintain 6-foot distancing when coming forward for Holy Communion.
- Remove your mask only to receive Holy Communion.
- Reception of Holy Communion in the hand is encouraged, but not required.
- Please DO NOT touch the priest's hands when receiving Holy Communion. He will have to pause to go wash his hands and return.

After Mass:

- Take a few extra moments to offer a prayer of thanksgiving for The Mass, The Eucharist, and your own intentions.
- Maintain 6-foot distancing.
- Exit through the nearest door.
- Take a bulletin if you would like one.

PLEASE TAKE THIS SHEET WITH YOU!