

SACRED HEART MENU

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Chicken-n-Gravy over Mashed Potatoes Corn	2
3	4 Election Day Pizza	5 Spaghetti Sauce Breadsticks	6 Chicken Patties Au Gratin	7 Grilled Cheese Tomato Soup	8 Nachos Refried Beans	9
10	11 Fish Sticks Fettuccine Alfredo	12 Chicken Noodle Soup Chili	13 Chicken Fajitas Rice	14 Meatballs Buttered Noodles	15 Sloppy Joes Bbq Pork Chips	16
17	18 Cheese Quesadillas Ravioles	19 Hot Dogs Baked Beans	20 Subs Chips	21 Chicken Nuggets Hash Browns	22 Pancakes Sausage	23
24	25 Corn Dogs Mac-n-Cheese	26 Hamburgers French Fries	27 Pizza Dippers Spaghetti O's	28 Tacos Refried Beans	29 NO SCHOOL	30
31		USDA is an equal opportunity provider and employer. Menu Subject to change Fresh Fruits and vegetables and milk served daily				

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October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Egg McMuffin Fresh Fruit Milk	2
3	4 Donuts Fresh Fruit Milk	5 Breakfast Pizza Fresh Fruit Milk	6 Granola Bar Fresh Fruit Milk	7 French Toast Sticks Sausage Fresh Fruit Milk	8 Cereal Fresh Fruit Milk	9
10	11 Pancakes Sausage Fresh Fruit Milk	12 Fried Eggs Bacon	13 Granola Bars Fresh Fruit Milk	14 Cinnamon Rolls Fresh Fruit Milk	15 Muffins Fresh Fruit Milk	16
17	18 Cereal Fresh Fruit Milk	19 Bagels Fresh Fruit Milk	20 Granola Bars Fresh Fruit Milk	21 Waffles Sausage Fresh Fruit Milk	22 Donuts Fresh Fruit Milk	23
24	25 Muffins Fresh Fruit Milk	26 French Toast Sticks Sausage Fresh Fruit Milk	27 Granola Bars Fresh Fruit Milk	28 Cereal Fresh Fruit Milk	29 NO SCHOOL	30
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