

August 10, 2021

Dear Sacred Heart Families,

Sacred Heart is participating in the USDA Seamless Summer Option (SSO) for the entirety of the 2021-22 school year. This means that our school is providing *free* meals to all students! This program provides additional support and flexibility for our district to continue serving meals to children while maintaining safety measures and managing the impacts of the COVID-19 pandemic. Even though receipt of free meals does not depend on an approved free and reduced-price meal application, we are still distributing and processing them so Sacred Heart families may qualify for P-EBT benefits as well as other school funding.

When your child participates in our healthy and delicious school meals program, it will save your family time and money. At breakfast, all children are offered at least four food items from three food components (grain, fruit, and fluid milk) and at lunch are offered five food components (grain, protein, fruit, vegetable, and fluid milk). For your child's breakfast to be free, they must take at least three food items, one of which is ½ cup fruit or vegetable. For your child's lunch meal to be free, they must take at least three different food components, one of which is ½ cup fruit or vegetable. Second meals, a la carte items, milk only, or meals that do not meet the requirements described above will be charged a fee.

Please contact me with any questions at (715)526-5329 or email me at tmyerchin@sacredheartshawano.org

Sincerely,

Tanya Myerchin
Food Service Manager
Sacred Heart Catholic School

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disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

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