

SAINT JAMES SCHOOL
MAY 31, 2020

- ✓ From the School
- ✓ Spirituality Committee
- ✓ Counselor's Corner
- ✓ Athletics



6/5: 8th Grade Graduation
6/9: PreSchool/PreK Closing
6/10: Kindergarten Closing
6/12: Last Day of formal classes
6/15-6/17: Year End Events

SAINT JAMES
LIVESTREAMED LITURGIES ON YOUTUBE

SAINT FRANCIS CATHEDRAL
DAILY 7 AM MASS LIVESTREAM



KINDNESS

LUKE 4:38-39
RUTH 1:16-18

JOHN 2:3-11
LUKE 10:33-35

FROM
THE
PRINCIPAL

Dear Parents & Guardians,

Yesterday, we celebrated our 8th graders' accomplishments at our awards ceremony. Unfortunately, we had to celebrate virtually, but we were able to see our graduates as they came to the school to pick up their awards and gifts. What a wonderful morning! On the next page you will find a summary of the award recipients. Congratulations, again, to a very involved and passionate group of students!

So far, I have met with parents from PreKindergarten, Kindergarten, and 1st grade in our Coffee & Conversation meetings. Thank you to all who have attended and for your questions and feedback. I look forward to meeting with parents in grades 2 - 7 this week. If you have not responded, please do so you will receive the Zoom ID and password for each meeting. If the link is not working or you can't find it, please just email me and I'll add you to the response list.

Be on the look out this week for a sign-up genius to return school property and pick up your child(ren)'s property before we close school for the summer. All safety precautions will be communicated and enforced and we thank you for your cooperation.

I can't believe that we've made it to June! If there is *anything* we can do to help you or if you have prayer intentions that you would like to share with us, please do not hesitate to contact Monsignor Cronin (scronin@diometuchen.org), Sister Joann Marie (sjmaumand@sjsbr.org), or me (sflorendo@sjsbr.org).

Love and prayers,
Mrs. Florendo



Congratulations to our 8th Graders!

Yesterday, we celebrated the many accomplishments of our 8th graders. We are so proud of our graduates as they were excellent role models and passionate learners!

Outstanding Achievement in Religion.....	Jake Patetta
Outstanding Achievement in Writing.....	Remy Batista
Outstanding Achievement in Literature.....	Cornelia Rovito
Outstanding Achievement in Algebra.....	Thomas Baeyens
Outstanding Achievement in Mathematics.....	Giuseppe Milelli
Outstanding Achievement in Science.....	Matthew Porr
Outstanding Achievement in Social Studies.....	Katharine Walto
Art Award.....	Mikayla Sharif
French Award.....	Katharine Walto
Music Award.....	Samantha Hummel
Physical Education Award.....	Jake Patetta
Spanish Award.....	Minha Parthiban
Technology Award.....	Thomas Baeyens
Daughters of the American Revolution Award....	Minha Parthiban
Knights of Columbus Award.....	Lucia Redling
James Morris Memorial Service Award.....	Teresa Jones
H.S.A. Award.....	Sean Laska & Samantha Hummel
The Caruso Memorial Art Award.....	Gabriella Fitch

COFFEE & CONVERSATION

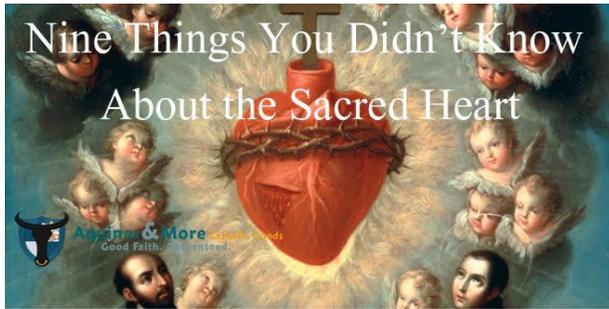
I hope you will join me and your fellow parents for some end-of-year conversation! If you have not already, please RSVP for your class's meeting(s).

RSVPs must be submitted to obtain the Zoom ID & Passwords.

- Grade 2 & 3: Monday, June 1, 8:30 AM
- Grade 4: Tuesday, June 2, 8:30 AM
- Grade 5: Wednesday, June 3, 8:30 AM
- Grade 6: Thursday, June 4, 8:30 AM
- Grade 7: Friday, June 5, 8:30 AM

**From
Flynn & O'Hara**

Summer 2020
Flyer



A wonderful devotion encouraged by the Church is devotion to the Sacred Heart, especially by consecrating our families to the Sacred Heart.

9 Facts About the Sacred Heart

Did you know that there are 12 promises of the Sacred Heart for those who are faithfully devoted?

1. I will give them all the graces necessary for their state of life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. I will be their refuge in life and especially in death.
5. I will abundantly bless all their undertakings.
6. Sinners shall find in my Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise speedily to great perfection.
9. I will bless those places wherein the image of My Sacred Heart shall be exposed and venerated.
10. I will give to priests the power to touch the most hardened hearts.
11. Persons who propagate this devotion shall have their names eternally written in my Heart.
12. In the excess of the mercy of my Heart, I promise you that my all powerful love will grant to all those who will receive Communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my Heart will be their secure refuge in that last hour.

From the Spirituality Committee

[BACK](#)

Here is one version of a consecration.

Prayer:

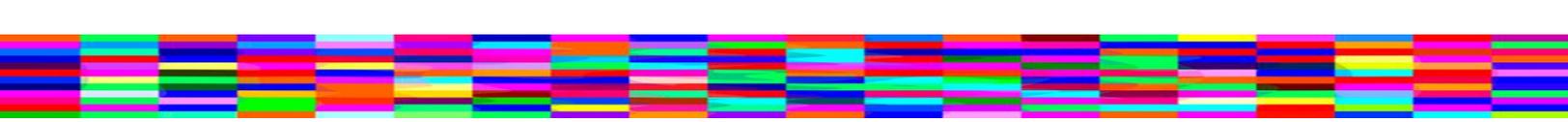
Place a picture or statue of the Sacred Heart in a conspicuous place in the home, or in the place of honor on the family altar. In the evening the whole family gathers there before the altar on which a number of candles (the baptismal candles may be used) are lighted as symbols of faith and love of the members for the Sacred Heart of Jesus. Here is the official form for the private devotion of the Enthronement.

O Most Sacred Heart of Jesus, Thou didst reveal to the blessed Margaret Mary Thy desire to rule over Christian families; behold, in order to please Thee, we stand before Thee this day, to proclaim Thy full sovereignty over our family. We desire henceforth to live Thy life, we desire that the virtues, to which Thou hast promised peace on earth, may flower in the bosom of our family; we desire to keep far from us the spirit of the world, which Thou hast condemned. Thou art King of our minds by the simplicity of our faith; Thou art King of our hearts by our love of Thee alone, with which our hearts are on fire and whose flame we shall keep alive by frequently receiving the Holy Eucharist. Be pleased, O Sacred Heart, to preside over our gathering together, to bless our spiritual and temporal affairs, to ward off all annoyance from us, to hallow our joys and comfort our sorrows. If any of us has ever been so unhappy as to fall into the misery of displeasing Thee, grant that he may remember, O Heart of Jesus, that Thou art full of goodness and mercy toward the repentant sinner. And when the hour of separation strikes and death enters our family circle, whether we go or whether we stay, we shall all bow humbly before Thine eternal decrees. This shall be our consolation, to remember that the day will come, when our entire family, once more united in heaven, shall be able to sing of Thy glory and Thy goodness forever. May the Immaculate Heart of Mary and the glorious Patriarch St. Joseph vouchsafe to offer Thee this our act of consecration, and to keep the memory thereof alive in us all the days of our lives.
Glory to the Heart of Jesus, our King and Our Father!

Things to Do:

From the Catholic Culture Library read [Enthronement of the Sacred Heart of Jesus: Sacred Scripture](#) by Bishop Raymond Burke.

Bake a heart shaped cake or cookies in honor of the Sacred Heart of Jesus



Staying calm during the novel coronavirus (COVID-19) pandemic isn't easy, but it's possible.

Having some fear and anxiety over coronavirus is perfectly normal. But if anxiety begins to impede your ability to care for yourself or others, it's a problem.

Reduce your stress with these nine tips:

- Meet your basic needs. Create a daily schedule. Prioritize healthy eating. Hydrate regularly. And aim for seven to nine hours of sleep a night. .
- Prioritize your health. Manage any current medical conditions. It will help you feel better and will offer greater protection if you get sick.
- Stay intentionally calm. An occasional outburst is OK. But staying composed most of the time will benefit you and others. Free apps like Calm and Headspace have brief meditation exercises to help you self-soothe.
- Get outdoors. Walk, hike, bike or jog.
- Be kind to yourself.
- Connect with others. Use online messaging and video apps to talk with family members and friends. Host virtual game nights or family dinners.
- Use uplifting words. Remind loved ones you appreciate them.
- Limit media exposure. Stay informed with reputable media sources but take screen breaks so every "breaking news" banner doesn't create stress.
- Get creative. Turn handwashing into a 20-second "spa" for your hands. Create a pandemic playlist - upbeat and energetic for your walks and runs and a chill one for when you need to relax.

Source: atlantichealth.org

Dr. Peter Bolo, MD



RUN WITH THE SPARTANS FOR A GREAT CAUSE!

**STUDENTS, FACULTY, STAFF AND YOUR FAMILIES
PLEASE JOIN THE ST. JAMES TRACK TEAM IN
THE 19TH ANNUAL VETERAN'S FLAG DAY VIRTUAL 5K RUN
AND FUN WALK
IN SUPPORT OF THE HOPE FOR VETERANS PROGRAM**

**MEMBERS OF THE TEAM WILL BE RUNNING ON
SATURDAY, JUNE 6th**

(you are able to run on any day up until June 11th)

**WALK OR RUN ANYTIME and WHEREVER YOU WOULD LIKE,
EVEN ON A TREADMILL (* SAFELY AND SOCIAL DISTANCED)
AND DOWNLOAD YOUR RESULTS TO THE WEBSITE**

**DON'T FORGET TO WEAR YOUR ST. JAMES SPIRIT WEAR AND
TAKE LOTS OF PICTURES!**

FOLLOW THIS [LINK TO JOIN THE "ST. JAMES TRACK TEAM"](#)

**CONTACT BETH DIDOMENICO WITH QUESTIONS
bethdido@hotmail.com**

