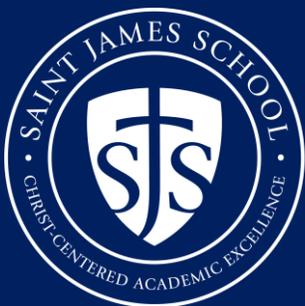


SAINT JAMES SCHOOL
SEPTEMBER 18, 2020

- ✓ [From the School](#)
- ✓ [Spirituality Opportunities](#)
- ✓ [Nurse's Nook](#)
- ✓ [Counselor's Corner](#)
- ✓ [Challenge Club](#)



Important Dates

9/23 & 9/24: Back to School Night
(see "From the School" page)
9/25: 8 AM Mass, Grade 7

FROM THE PRINCIPAL

Dear SJS Families,

As we settle into our regular school routine, I have seen our students growing, learning, and flourishing here at Saint James School! This week, our first full week, brought triumphs and challenges. I am so thankful to be working with a faculty and staff that is here simply because they want to help children to learn and grow. I am reminded of something Pope Francis said about Catholic school teachers:

"Let us thank all those who teach in Catholic schools. Educating is an act of love; it is like giving life."

As you get to know our teachers and staff, I'm sure you will agree that they certainly epitomize that statement.

This week, we studied the virtue of Gratitude. Through prayer, classroom discussion, and practice, our students showed how grateful they are for all God's blessings! Congratulations to the following students who most exemplified Gratitude this week:

Nathan Resciniti, Olivia Mucciolo, Abigail Lewis
Fatima Alvites, Julia Naulty, Christian Androcoupolis
Nataliya Goworek, James Naulty, Bentley Heinze
Micaela Cardone, Alex Bager, Megan Hummel
Olivia Heiden, John Karuitha, Michela Vaccaro
Olivia Milelli, Mary Cate King, Bridget Schelhorn

Please see in the next pages more information about what's happening at Saint James School.

Have a great weekend!

Mrs. Florendo



Gratitude

Venerable Solanus Casey
Saint Josephine Bakhita
Saint Mary Magdalene
Saint Augustine

Pray for us!

From the School

BACK

MORNING DROP-OFF PROCEDURES

Some (more) notes:

- Please do not walk through traffic in the drop-off line. Walk around the perimeter of the lot.

2019-2020 YEARBOOKS ARE NOW FOR SALE!

The cost of a yearbook is \$30. You can purchase a yearbook in one of two ways:

Go to the yearbook order form on our Saint James School website at <https://sjsbr.org/yearbook>. Complete the form and make your payment online. Yearbook orders will be delivered to the oldest child in his/her classroom.

Yearbooks will also be for sale after school on Tuesday, September 22, and Wednesday, September 23, at the table by the preschool playground. Bring exact change or check made payable to Saint James School. Social distancing and mask procedures apply.

BACK TO SCHOOL NIGHT

PreK3 – Grade 4: Wednesday, September 23

- **Presentations – PreRecorded (will be posted on school website on Wednesday afternoon)**
- **Class meetings: [See schedule](#)**

Grades 5-8: Thursday, September 24

- **Presentations – PreRecorded (will be posted on school website on Wednesday afternoon)**
- **Class meetings: [See schedule](#)**

FRIDAY, 8 AM MASS

We encourage our students to attend Mass as often as possible. Each week, on Fridays, one class attends the 8 AM Mass together (grades 4-8). This tradition will begin again on Friday, September 18. The September schedule is as follows:

September 25: 7th Grade

October 9: 6th Grade

Check the school calendar for your class's schedule!

Spirituality Opportunities

[BACK](#)

Try this beautiful opportunity to listen to world class speakers unpack the mysteries of the Rosary. One meditation on a particular mystery will be released each weekday over the next month. You can access them (and additional content) on demand at Parousiamedia.com

PENTECOST PILGRIMAGE

PAROUSIA

smart catholics

THE SPIRITUAL ROSARY PILGRIMAGE

A BIBLICAL JOURNEY THROUGH THE LIFE OF CHRIST WITH MARY

SEP 8 - OCT 7 • 4 WEEKS • 20+ SPEAKERS • 5 KEYNOTE TALKS • FREE ONLINE

ONLINE EVENT

PAROUSIAMEDIA.COM

"The Rosary is the most beautiful and the most rich in graces of all prayers; it is the prayer that touches most the Heart of the Mother of God...and if you wish peace to reign in your homes, recite the family Rosary."

POPE SAINT PIUS X

COVID SCREENING TOOL

Please review the Daily COVID-19 Screening Tool (next page) and assess your child each morning. If you have any questions or are unsure, please keep your child home and call the school nurse at 908-766-4774 ext 228.

MASKS

Please send an extra mask in your child's backpack in case it gets soiled or broken. Some children are experiencing dry and scratchy throats from mask wear. Please remember to send in a water bottle each day with your child.

UNIVERSAL CHILD HEALTH RECORD

Pre K 3, Pre K 4, and Kindergarten students are required by the State of NJ to submit a Universal Child Health Record signed by your child's doctor along with their immunization record. ***This includes virtual learners.***

If you did not submit the form, please do so as soon as possible. If you are unsure if you submitted the form or your child is due for a checkup soon, please email the nurse at sjsnurse@sjsbr.org.

11 YEAR OLD VACCINES

1 dose of Tdap and 1 dose of Meningococcal Conjugate (MC4) required by age 11. Please send in documentation of these vaccines to the nurse's office when your child receives them.

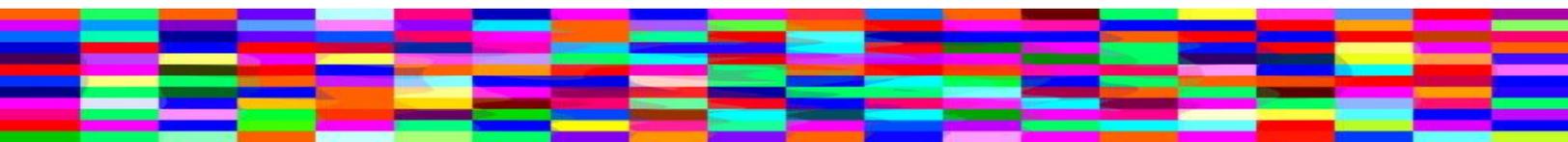
FLU VACCINES

N.J.A.C. 8:57-4.19 stipulates that children **6 months-59 months of age** attending child care/preschool shall annually receive at least one dose of influenza vaccine between September 1 and December 31st of each year.

****Children who do not have documentation of the flu vaccine or have a valid medical/religious exemption will be excluded from school until they receive their vaccine or turn 5 years old prior to the December 31st deadline.**

Please visit the NJ Department of Health for Frequently Asked Questions.

https://www.state.nj.us/health/cd/documents/vaccine_qa.pdf



Parents/Guardians: Please complete this short check each morning and report your child's information per your school's reporting instructions.

Section 1: Symptoms

Any of the symptoms below could indicate a COVID-19 infection in children and may put your child at risk for spreading illness to others. Please note that this list does not include all possible symptoms and children with COVID-19 may experience any, all, or none of these symptoms. Please check your child daily for these symptoms:

Column A

<input type="checkbox"/>	Fever (measured or subjective)
<input type="checkbox"/>	Chills
<input type="checkbox"/>	Rigors (shivers)
<input type="checkbox"/>	Myalgia (muscle aches)
<input type="checkbox"/>	Headache
<input type="checkbox"/>	Sore Throat
<input type="checkbox"/>	Nausea or Vomiting
<input type="checkbox"/>	Diarrhea
<input type="checkbox"/>	Fatigue
<input type="checkbox"/>	Congestion or runny nose

Column B

<input type="checkbox"/>	Cough
<input type="checkbox"/>	Shortness of Breath
<input type="checkbox"/>	Difficulty Breathing
<input type="checkbox"/>	New loss of smell
<input type="checkbox"/>	New loss of taste

Students who are sick (e.g. fever, vomiting, diarrhea) should **not** attend school in-person. If **TWO OR MORE of the fields in Column A are checked off OR AT LEAST ONE field in column B is checked off**, please keep your child home and notify the school for further instructions.

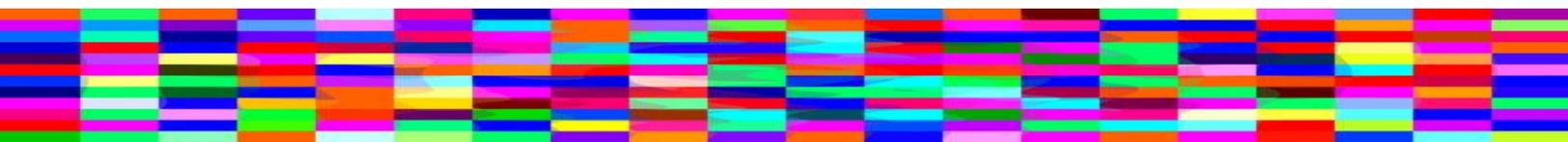
Section 2: Close Contact/Potential Exposure

Please verify if in the last 14 days:

<input type="checkbox"/>	Your child has had close contact (within 6 feet of an infected person for at least 10 minutes) with a person with confirmed COVID-19
<input type="checkbox"/>	Someone in your household is diagnosed with COVID-19
<input type="checkbox"/>	Your child has traveled to an area of high community transmission .

If **ANY of the fields in Section 2 are checked off**, your child should remain home for 14 days from the last date of exposure (if child is a close contact of a confirmed COVID-19 case) or date of return to New Jersey.

Contact your child's provider or your local health department for further guidance.



Getting Back in the Groove

This year's transition back to school has been like no other. While research shows that due to Covid-19, parents and children are experiencing higher levels of stress and anxiety, it is known that parents play an influential role in helping children cope, encouraging a positive back-to-school transition and helping to reduce children's anxiety and worries.

And as happy as children may be to be back at school and seeing friends, it can be tough to get back in the groove for the new school year, especially given the unique circumstances. Just like our muscles need to ease back into working out after time off, our brains need to ease back into full-scale work after a few weeks of relaxation.

Here are a few tips to get your child on track for a great 2020/2021 school year:

1. Be a Role Model With Positive Attitude

As a parent, you are probably the most influential person in your child's life. Displaying a positive attitude towards school is extremely important as it will set an example that your child can adopt. Explain to them they have a clean slate to start the new year off.

2. Get Your Child Involved

Often kids think school is just about homework and hours spent in the classroom. However it's also about fun after-school activities such as sports and clubs. Encourage your kids to pursue their interests as much as they can outside of regular school hours as this will give them something to look forward to once the school day is over. There are many possible activities, so there's bound to be something for everyone!

3. Don't Over-Schedule

On the flip side, it's also important that your kids aren't over-scheduled. Coming off several months at home, you don't want to overwhelm them. Make sure they have a healthy balance of after-school activities, time to complete homework, time to socialize and a few hours to relax too. If they do have a different activity every day it might burn them out, which could lead to negative associations with school. If this is the case, ask your child which two activities/clubs they enjoy the most and cut the others from their schedule.

4. Have a Homework Routine

Homework is still a huge part of school for any child. Making sure your child has designated homework time as part of their everyday routine is crucial. It will ensure they have time to study and stay on top of their schoolwork, meaning they will always be ready for their lessons. There really is nothing worse for children than to know they're unprepared or haven't completed the work that's due — in fact, it will make them dread going to school even more. Having a fun, vibrant homework space for them at home will also make this assigned time much easier and — dare we say — enjoyable.

5. Encourage Meaningful Relationships

Remind your child that with friends, quality is much more important than quantity. Avoiding the word 'popular' is also a good idea- instead encourage your child to have a few meaningful friendships. Knowing they have a great circle of friends at school to talk to, play with and share problems with will make it much more fun!

6. Show an Active Interest and Be Involved and Positive

Always try and show an active interest in your child's school life and remain positive when discussing it with them. Ask about assignments, what subjects they are enjoying, who is their favorite teacher — anything school related, really. Doing this will encourage them to say out loud about all the things they love about school, which should help them realize that it's not as bad as they think and that many aspects are exciting! If you can, why not try and go the extra mile by volunteering or being aware of what's going on in the school community? Doing this shows your kids that you value the effort they put in at school and that you care about how they are progressing.

Challenge Club Kickoff Meeting



Sunday, September 27, 2020 (Rain Date Oct. 4th)

6:00-7:30 p.m.

Outside in the parking lot behind St. James School

Girls and their parents are invited to learn more about Challenge, meet our teen and adult leaders and participate in socially distanced activities.

Masks are required.

Please bring your own chair or blanket to sit on.

Challenge is a dynamic club for girls ages 10-14 to grow in virtue, friendship, and their Catholic faith. Girls will also develop leadership skills and a love of service as they participate in apostolic projects to help our community, near and far. High school girls serve as team leaders and run meetings for the younger girls who are grouped by age/grade.

RSVP to alisondwessels@gmail.com.