

# St. Mary of the Visitation Parish



16 Cooper Street, Cambridge (Hespeler), Ontario N3C 2N2  
Tel: 519-658-4443 Email: [stmarycambridge@hamiltondiocese.com](mailto:stmarycambridge@hamiltondiocese.com)  
[www.stmaryhespeler.ca](http://www.stmaryhespeler.ca)

Rev. Robert Love, Pastor

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Rosanne Nusca, Administrative Assistant

*St Mary of the Visitation Parish exists to be a light on the hill and offer every person in our community a life-changing encounter with Jesus*



## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Ministry: Programs are suspended until further notice.*

## WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 8:30 a.m. to 4:00 p.m.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH ADORATION CHAPEL

Our Chapel is closed until further notice.

## SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m.

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

Current restrictions do not allow our Ministers of Communion to enter nursing homes or hospitals at this time.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

**UPDATE ON PARISH CLOSURE:** A stay-at-home order is currently in effect. In addition to the provincial health measures announced this week, the Diocese of Hamilton has provided the following directives to all parishes:

- No public Masses, No Communion services.
- No drive-in services.
- No Eucharistic Adoration.
- Baptisms postponed.
- Weddings and funerals allowed with a maximum of 10 people but no mass, all guidelines must be adhered to.
- Confirmations for January, February and March postponed to a later date.
- *Ash Wednesday* - if we are able to celebrate it instruction will be forthcoming.
- Offices remain closed to the public.
- All meetings must be done virtually.

Please know that you can still reach us by email: [stmarycambridge@hamiltondiocese.com](mailto:stmarycambridge@hamiltondiocese.com) or by phone: 519-658-4443. Please continue to check the parish website: [www.stmaryhespeler.ca](http://www.stmaryhespeler.ca) for updates and information.

**MASS INTENTIONS:** All Mass Intentions scheduled during the shutdown will be rescheduled to a new date when public Masses resume. Please contact the office if you would like to request a specific date.

**CONFESSION:** Confession during the period of shutdown is available by appointment only. Please call or email the parish to make an appointment.

**PARISH OFFERINGS** (*mailed in, dropped off, online*)  
**January 1 - 14**

Sunday & Initial Envelopes:	\$1,935.00
New Year's Offerings	\$150.00
Building Fund:	\$230.00

**PRE-AUTHORIZED GIVING for JANUARY 2021**

Sunday Offerings (74):	\$ 4,571.00
Building Fund (46):	\$ 955.00

***Thank you for your continued support during the parish closure.***

*If you are looking for ways to support the parish during the closure, please visit*

<https://www.stmaryhespeler.ca/donate>

**2021 OFFERTORY ENVELOPES:** Please contact the office to schedule a pick-up or request a mailing

**PARISH BULLETIN:** We will continue to publish an online bulletin. If you would like to receive the parish bulletin via email, please visit our parish website and scroll down the home page to 'subscribe to bulletin'!

**2020 TAX RECEIPTS:** Annual Tax Receipts for the 2020 year will be mailed out in February. Per the CRA, donations received on, or after, January 1, 2021 will appear on your 2021 contribution record. Thank you for your understanding.



**CAMPAIGN UPDATE:** Thank you for your positive response and generous pledges to date! **As of Friday, January 8<sup>th</sup>, St. Mary of the Visitation Parish has received 82 gifts totaling \$130,713!**

We ask you to continue to pray for the success of the campaign, and we will be grateful for any gift you can make! Please mail in your gift or make an online pledge at [www.oneheartonesoul.ca/give](http://www.oneheartonesoul.ca/give) For more information about the campaign, visit [www.oneheartonesoul.ca](http://www.oneheartonesoul.ca)

**A WALK THROUGH FRATELLI TUTTI** – We are created to be relational, to be in communion with God and one another. Pope Francis's new Encyclical 'Fratelli tutti' expresses the Pope's deep concern that humanity is becoming more and more isolated from each other. He states, "If we take each other seriously, then we should be brothers and sisters and friends, and not just anonymous beings." Join us on Zoom for a **free webinar on Wednesday, January 27<sup>th</sup> at 7 p.m.** for a 90-minute look at this beautifully written document. Registration is required, since the zoom or phone link for joining the session will need to be e-mailed or provided to you by phone. Presented by Mrs. Teresa Hartnett, Director of the Family Ministry Office - register online at [www.hamiltondiocese.com](http://www.hamiltondiocese.com) or by calling 905-528-7988 ext. 2249.

**SUNDAY MISSALS AND MISSALETTES** are available for parishioners to pick up in the entrance to the parish office, from 9:00 a.m. to 3:00 p.m., Monday – Friday. You are also invited to pick up a 2021 Catholic Calendar.

**DIOCESE OF HAMILTON PRAYER CALENDAR**

	<i>January 18 – January 23</i>
Monday	Rev. Zygmunt Baranowski
Tuesday	Rev. Sam Restivo, C.R.
Wednesday	Youth Ministers
Thursday	Rev. David Perrin
Friday	Rev. Robert Bulbrook
Saturday	Rev. Timothy Higgins

**PARENTING TIP OF THE MONTH:** Children love to read the same book repeatedly, eat the same lunch every day and they do best, in fact thrive, on a daily routine. The predictable makes children feel secure and competent because they know what to expect. With little children, routines for mealtimes, bed and bath times, prayer time and even playtime, can be a great comfort, making for happier children. This same wellness from routines also works for older children. The more routine in their lives, the more relaxed and happy their personality. So, start the New Year by creating a schedule for all family members, try it out and see how much peace can come to your household! (Family Ministry Office, thartnett@hamiltondiocese.com).

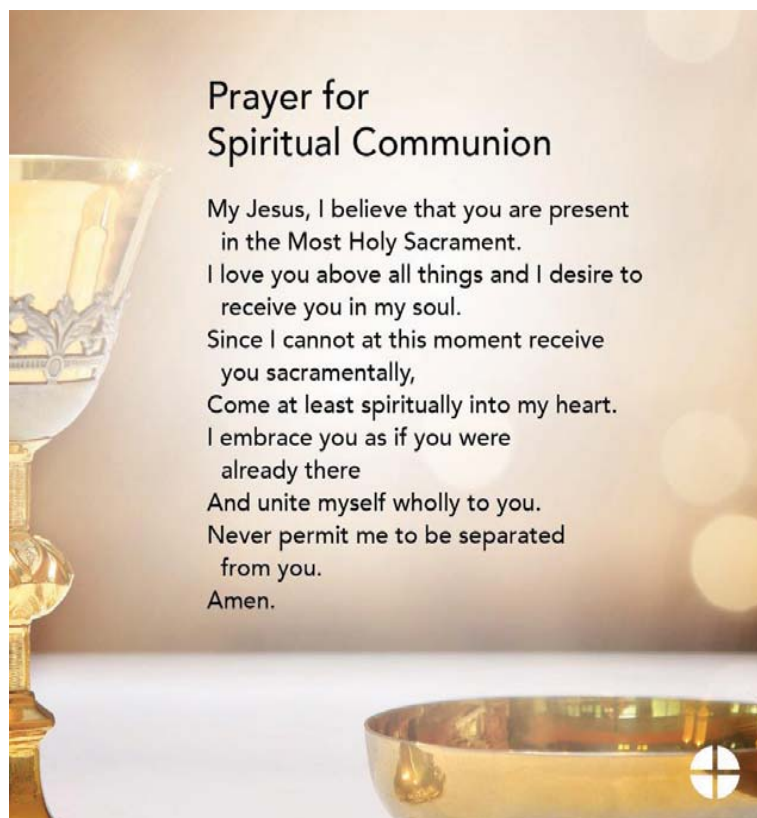
**MARRIAGE TIP OF THE MONTH:** Marriage unites two people together in an intimate partnership, allowing each person to feel loved and cared for by their spouse. God made us relational, so marriage meets our need for another in our lives and fulfills our deepest need to be known. Yet, sadly, too many married people feel lonely. So, why not make 2021 a year of joy? Talk to each other about your hopes for the future; tell your spouse about good things or bad that have occurred at work; share a joke, funny story or a frustrating event from your day. When we share our lives with another we connect more deeply, feel part of the others life and loneliness disappears. An easy way to keep intimacy intact and loneliness away. (Family Ministry Office, thartnett@hamiltondiocese.com).

**MARRIAGE SUPPORT** - Is your marriage experiencing more trouble than joy, feeling stagnant or disconnected? The solution is **Retrouvaille**, a program for married couples facing challenges in their relationship. Its purpose is to help couples restore their marriage and rebuild a loving relationship. It is a practical program where sharing is not required except between the couple themselves, designed to improve communication, build stronger marriages, and help couples reconnect. It also works for couples who may be considering separation or divorce. The next weekend begins March 12, 2021. For more information call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com)

**THE WEEK OF PRAYER FOR CHRISTIAN UNITY** is traditionally celebrated January 18th-25th, which, this year, is in the middle of a pandemic lockdown. The Biblical Text for 2021 is John 15:1-17. The theme, taken from that passage is: Abide in my love and you shall bear much fruit (John 15:5-9). See <http://www.christianunity.va/content/unitacristiani/en.html>

**VOCATIONS:** A good vocation prayer to say every day from the time we are young until we are in our golden years is found in today's first Scripture reading: "*Speak Lord, for your servant is listening*". Just try it with sincerity, starting today and, if you think God is calling you to be a priest, religious, or permanent deacon, email the Vocations Office [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com) or visit <https://hamiltondiocese.com/vocations/>

**TELEVISED MASS** is available on Salt and Light Television and Vision TV. **Online Mass** is also available on a number of Catholic sites such as [www.slmedia.org](http://www.slmedia.org) and [www.dailytvmass.com](http://www.dailytvmass.com).



## Prayer for Spiritual Communion

My Jesus, I believe that you are present  
in the Most Holy Sacrament.  
I love you above all things and I desire to  
receive you in my soul.  
Since I cannot at this moment receive  
you sacramentally,  
Come at least spiritually into my heart.  
I embrace you as if you were  
already there  
And unite myself wholly to you.  
Never permit me to be separated  
from you.  
Amen.

**WOW SOCIAL/WOW VIRTUAL:** To prevent isolation from happening and to stay connected to others in these unprecedented times, please join us on the phone or the computer for our WOW programs. WOW Social connects small groups of people on the phone and WOW Virtual connects groups through Zoom programs on the computer. We play games, bingo and trivia, we listen to live music and guest speakers about a large variety of topics. Feel free to join once or many times, have a laugh, chat or just listen. For more information, call Lisette at 519 740 4681 Ext 4242, email [machanl@cambridge.ca](mailto:machanl@cambridge.ca) or register for programs at [www.cambridge.ca/registration](http://www.cambridge.ca/registration)

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