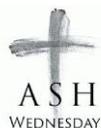


PARISH CLOSURE: Thank you for your patience as we await an update from the Diocese regarding the re-opening of Churches.



Please continue to check the parish website: www.stmaryhespeler.ca for updates and information about Ash Wednesday liturgies.

The following restrictions remain in effect:

- No public Masses, No Communion services.
- No Eucharistic Adoration.
- Baptisms are postponed.
- Weddings and funerals allowed with a maximum of 10 people but no mass, all guidelines must be adhered to.
- Confession is permitted by appointment only. Please call or email the parish to make an appointment.
- Offices remain closed to the public.
- All meetings must be done virtually.

You can still reach us by phone: 519-658-4443 or by email: stmarycambridge@hamiltondiocese.com

PARISH OFFERINGS (*mailed, dropped off, online*)
January 29 – February 12

Sunday Offerings:	\$4,315.00
Building Fund:	\$ 475.00
Seminary Education:	\$ 100.00

Your generous support during the parish closure is greatly appreciated.

If you are looking for ways to support the parish during the closure, please visit

<https://www.stmaryhespeler.ca/donate>

2020 TAX RECEIPTS: Annual Tax Receipts for the 2020 year have been mailed. Please contact the parish office if you have not received your tax receipt within the next few weeks (*delays with Canada Post may occur due to Covid*)

One Heart, One Soul Campaign: Tax receipts for donations made through this campaign will be issued and mailed by the Hamilton Diocese.

FEBRUARY

17

HAPPY BIRTHDAY TO FR. LOVE!

We wish Fr. Love a very happy birthday and many blessings this day and always!

Ash Wednesday, February 17, begins the Holy Season of Lent. The Diocesan Office for Evangelization and Catechesis and the Diocesan Office for Liturgy have prepared an Ash Wednesday program that can be celebrated at home – with the Gospel proclamation and a brief reflection by His Excellency, Bishop Douglas Crosby. Parents may bless their children by tracing the Sign of the Cross on their foreheads, marking the beginning of the annual Lenten journey. For more information and additional resources for celebrating Lent in pandemic times, please see our Diocesan website: <https://hamiltondiocese.com/lent2021/>



PARENTING TIP OF THE MONTH: Two kinds of love are on display in the month of February this year – one on Valentine’s Day celebrating romantic love and one on Feb. 17th, Ash Wednesday, celebrating the infinite love of a merciful God. When we recognize the depth of God’s love, so powerful that nothing can separate us from it, we feel secure that God is always with us. Both these loves are important and this is a great month to help children understand that God is responsible for both. Talk to them about how He created us to want to be in relationships, care about others and love important people in our lives. Help them to understand that the six weeks of Lent ends with the celebration Easter. Easter, the day we rejoice over Christ’s resurrection and through his love, our ability to spend eternity in Heaven.



MARRIAGE TIP OF THE MONTH: In February we celebrate Valentine’s Day, a day created to celebrate love and a great month to think back to the days of dating we experienced with our spouses! Days when we flirted, complimented, spent endless hours talking, hated to be apart and planned and went on dates! Now compare it to your time together today – have you given up all or most of these actions? Marriages that continue to have relationships that reflect their dating days feel connected, vitalized and loved. Why not consider making February a month of renewal for your marriage? Purposely create a relationship with your spouse where you give them your time and attention by making them your number one priority and ignite that same spark of love you felt in those early days of dating.



WEDDING ANNIVERSARY CERTIFICATE:

Bishop Crosby would love to offer congratulations to all those who will be married 25, 40, 50, 60 and 60 plus years in 2021, and so we encourage couples to register for their wedding anniversary certificate on the Hamilton Diocese website: www.hamiltondiocese.com. Please also inform Fr. Love if you are celebrating a special anniversary this year!

VOCATIONS: Today’s Gospel says that “Jesus was moved with pity when He saw a leper”. Are you moved with love and compassion when you see the outcasts of today’s society? Today, Jesus continues to call forward men and women to minister as he did. If God is calling you to be a priest, religious, or permanent deacon, email vocations@hamiltondiocese.com or visit <https://hamiltondiocese.com/vocations/>

MARRIAGE ENRICHMENT - Looking for a wonderful opportunity to spend time together as a couple, in the safety of your own home? Join the Virtual/Online Worldwide Marriage Encounter experience from **March 5-7**. Restore your loving communication with your spouse and rekindle the romance. The Marriage Encounter experience is a skill-building enrichment program where together, you, as husband and wife, learn how to be the best couple you can be. No group discussion. Based on Catholic values but open to couples of all faiths. Rediscover the love in your relationship! Contact: Marge & Gerard McCauley at gerard.marge@rogers.com or (905) 792-1925 or visit the website at: www.me.org



Prayer for Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart. I embrace you as if you were already there And unite myself wholly to you. Never permit me to be separated from you. Amen.

DIOCESE OF HAMILTON PRAYER CALENDAR

February 15 – February 20

Monday	Rev. Thomas Vermiglio, M.C.C.J.
Tuesday	Rev. Stephen Murrin
Wednesday	Ash Wednesday
Thursday	Rev. Toby Collins, C.R.
Friday	Rev. Joseph de Viveiros, C.R.
Saturday	Rev. Jungheon (Francisco) Kwak



THE POPE’S FEBRUARY PRAYER INTENTION:

Let us pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded by all. Pope Francis – February 2021. Visit <https://thepopevideo.org>

COME RETREAT WITH LOYOLA HOUSE VIRTUALLY!

Are you looking to break away and spend some time in silence? See our website at loyolahouse.com for more information on upcoming retreats & programs. These virtual retreats may include video links and/or Zoom (or telephone) gatherings, and optional individual meetings with your spiritual director where indicated. Register online at www.loyolahouse.com or contact registration@ignatiusquelph.ca or by calling 519 824 1250 ext 266.

THE DIOCESAN OFFICE FOR FAMILY MINISTRY

is offering sessions on “Diving Deeper into Fratelli Tutti” (Pope Francis’ most recent Encyclical). The sessions are offered twice on the Mondays of **March 1st, 8th, 15th, 22nd, and 29th** at 1:30 to 3:00 p.m. AND 7:00 to 8:30 p.m. The sessions will look into the writings of the Pope and his statements conveying how we are created to be relational, to be in communion with God and one another. For more information visit <https://hamiltondiocese.com/offices/family-ministry/fratelli-tutti>

LIFT JESUS HIGHER RALLY: CONSUMING FIRE

“For our God is a consuming Fire” Hebrews 12:29 The 2021 Lift Jesus Higher Rally will be a virtual event, from Ann Arbor, MI (U.S.A.), live streamed on YouTube, **on Saturday, February 27, 2021**. Keynote speakers include Cardinal Thomas Christopher Collins. Visit www.ljhr.ca

DYNAMIC WOMEN OF FAITH:

Catholic Women’s Conference on **Saturday March 6, 2021**. Make it your online live virtual 2021 Lenten retreat! Keynote Speakers: Dr. Carrie Gress & Dr. Josephine Lombardi. Hosted by Dorothy Pilarski. Registration fee is \$40. To get more information or to register visit www.dynamicwomenfaith.com