

# St. Mary of the Visitation Parish



16 Cooper Street, Cambridge (Hespeler), Ontario N3C 2N2  
Tel: 519-658-4443 Email: [stmarycambridge@hamiltondiocese.com](mailto:stmarycambridge@hamiltondiocese.com)  
[www.stmaryhespeler.ca](http://www.stmaryhespeler.ca)

Rev. Ed Henhoeffler, Pastor

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Rosanne Nusca, Administrative Assistant

*St Mary of the Visitation Parish exists to be a light on the hill and offer every person in our community  
a life-changing encounter with Jesus*



## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Ministry: Programs are suspended  
until further notice.*

## WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH ADORATION CHAPEL

Our Chapel is closed until further notice.

## SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m.

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

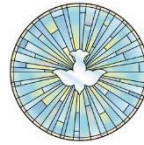
Current restrictions do not allow our Ministers of Communion to enter nursing homes or hospitals at this time.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

**ADORATION OF THE BLESSED SACRAMENT:**

**Every Tuesday** in the church from 9 a.m. until 6:30 p.m. The period of adoration will conclude with Benediction of the Blessed Sacrament. All are welcome to join us. If you have any questions, please call Sheila at (519) 658-9414.



**CONFIRMATION 2020/21:**

Congratulations to the youth that were confirmed these past weekends. Confirmation Liturgies conclude this weekend.



*Mass Intentions*

**Tuesday, November 16 at 7 p.m.**

+ Doris Opperman  
+ Domenico Altomare

**Wednesday, November 17 at 8 a.m.**

+ Marie Durnford

**Thursday, November 18 at 8 a.m.**

+ Mary McDonald

**Friday, November 19 at 8 a.m.**

+ Virginia Braga

**Saturday, November 20 at 5 p.m.**

+ Robert Norcott  
+ Joseph O'Neill

**CONFIRMATION FOR 2021-2022 STUDENTS**

Parents of grade 7 students who wish to participate in the Sacrament of Confirmation in 2022, are asked to **register online by December 12, 2021.**

**FIRST RECONCILIATION & FIRST COMMUNION FOR 2021-2022 STUDENTS:**

Parents of grade 2 students who wish to participate in the Sacraments of Reconciliation and First Holy Communion in 2022 are asked to **register online by December 12, 2021.**



**ST. VINCENT DE PAUL CHRISTMAS PROJECT:**

This year the Saint Vincent de Paul Society is asking the parish to help provide gifts to the families that they serve. In the foyer and church hall there will be a Christmas tree with tags attached. Take a tag and return the requested gift by *no later than December 12<sup>th</sup>*. There will be requests for children's toys, for single moms, care packages for seniors, as well as gift cards which can be used as stocking stuffers. We thank you for your generous support of this year's project.



**JOIN IN PRAYING THE ROSARY**

The Rosary is prayed at 6:30 p.m. before Mass on Tuesday and at 7:30 a.m. before morning Mass on Wednesday, Thursday and Friday. All are welcome.



**ENTERING INTO THE SPIRIT OF ADVENT:**

Join us on Saturday mornings (*November 27, December 4, and December 11*) for a time of prayer and reflection. There will be a Mass at 8:30 a.m. followed by a talk in the parish hall at 9:00 a.m. (Father Ed will lead a discussion on the Gospel accounts of the Christmas story) Following the discussion, we will return to the Church for Eucharistic adoration concluding with Benediction at 10:30 a.m. All are welcome.

**INDULGENCES FOR THE SOULS IN PURGATORY:**

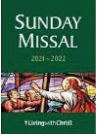
You can obtain a plenary indulgence, applicable only to the souls in purgatory, if you devoutly visit a cemetery and devoutly, at least mentally, pray for the departed. **This indulgence is normally granted for the period the Octave of All Saints. (November 1-8) but this year, because of the pandemic has been extended to the whole month of November.** In addition, all indulgences require offering prayers for the intentions of the Holy Father, going to Confession (within about 20 days either before or after) and the reception of Holy Communion.



**CHRISTMAS FLORAL TRIBUTES:**

During the holy season of Christmas, it is a fitting gesture to dedicate floral tributes in memory of deceased relatives and friends. Christmas flowers for the church will be placed in memory of your loved ones and their names will be kept near the altar and remembered at all the Masses during the Christmas season. *Please pick up a floral tribute form at the church entrances or in the office. You may also print a form from our parish website or contact the parish office at 519-658-4443.*

**ADORATION CHAPEL:** We are in need of only a few more people to sign up to cover all the time slots for the Adoration Chapel. Please consider taking an hour in prayer before our Lord in the Blessed Sacrament. Please contact Sheila or Frank Mauser at (519) 658-9414.



**SUNDAY MISSALS:** Missals for the new Liturgical Year (beginning Nov. 28) are available for purchase in the church and in the parish office. Missals are \$5 each.

**PARISH OFFERINGS**

**November 6-7**

Sunday Envelopes (90): \$3,031.00  
 Loose Offerings: \$205.00  
 World Mission Sunday (2): \$80.00

**Your continued financial support is greatly appreciated.**

If you are looking for ways to support the parish, please visit [www.stmaryhespeler.ca/donate](http://www.stmaryhespeler.ca/donate)

**Please note:** donation cheques must be payable to 'St. Mary of the Visitation Parish'.  
 Thank you.

**SUNDAY OFFERING ENVELOPES FOR 2022:**

Sunday Offering Envelopes for 2022 are available in the hallway along the parking lot. **Envelope boxes are in numerical order.** Please make note of your current envelope number. A list of names will be posted for those who need to look up their number. Please contact the office if you cannot locate your box or if you would like a set of envelopes for 2022.

**DIOCESE OF HAMILTON PRAYER CALENDAR**

**November 15 – 20**

Monday Rev. Ambroise Tshiaba Ntumba  
 Tuesday Rev. Andrew Quarshie  
 Wednesday Deceased Consecrated Brothers and Sisters  
 Thursday Rev. Drago Gacnik, S.D.B.  
 Friday Rev. Andrew Lopatniuk  
 Saturday Rev. James Link, C.R.

**MARRIAGE TIP OF THE MONTH:** One of the sad facts of life is that many people are struggling with feelings of loneliness. When it comes to marriage, you are not meant to feel lonely, since marriage is meant to be life-giving, joyful and shared partnership. If loneliness in your marriage is something you are experiencing it is time to talk about it with your spouse. Take action to change the feelings: plan to share on a more intimate level the "stuff" of life; spend time together engaging in some kind of regular activity; be specific about what you need so you will not feel lonely in your marriage. Alleviating loneliness is vital for your mental and emotional health and it will certainly help you to recapture the true joy and meaning of your married relationship.

**PARENTING TIP OF THE MONTH:** Our children are healthier and happier when their emotional, physical, intellectual and social needs are looked after. Add to this list one more essential need that requires care - a child's spiritual well-being. A relationship with God is as essential to their welfare as water. The month of November is the month we pray for and remember those who have already died. This is a wonderful month to pray for the deceased and help your children understand that God is always with us and when we seek his help to live as we are called, we too can share in eternity. So, pray together, attend Mass as a family, share readings from the Bible, talk about the awe of God's creation and remind your children that God is always present. His love will guide them and be a source of comfort as they grow.



**THE 2021 – 2023 SYNOD OF BISHOPS** brings an invitation from Pope Francis to embark on a journey together. How can you get involved? Offer your thoughts on how we can deepen our communion in the Lord and

how all members of the Church can participate more fully in its mission. Visit:

<https://hamiltondiocese.com/synod/#about>

**HEARTACHE TO HEALING – Coping with**

**Christmas:** Grieving the loss of a loved one at any time is difficult but it can seem all the worse as we approach the Christmas season. This time of year often reminds us of our loved ones who are no longer with us along with feelings of loss and sadness. We may begin to worry about our sense of belonging and how we are going to cope without our loved one. Join us as we watch a video and discuss ways to reduce stress while still being able to find joy in each moment trusting that there will be brighter days ahead. **Wednesday, December 1<sup>st</sup>, 2021, 7 – 8:30 pm** (doors open at 6:30 pm) at St. Michael Parish (Parish Centre – basement), Waterloo. Registration required: 519-884-9311 or [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca) All Covid precautionary requirements will be in place. Please register to **reserve your spot by Wednesday, November 17<sup>th</sup>.** Everyone is welcome. Bring a friend!



**THE POPE'S NOVEMBER PRAYER**

**INTENTION:** People who suffer from depression.

*We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life.*

Pope Francis – November 2021

Visit [www.thepopevideo.org](http://www.thepopevideo.org).



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