

## Reflection - 5th Sunday in Easter - John 14:1-11

Today's Gospel is the beginning of what is called Jesus' farewell discourse in John's gospel. He is saying goodbye to his disciples and they are distressed. We too may feel distresses, perhaps more now than in any time we remember. The first words from Jesus in the gospel of John 14:1-11 are very appropriate for our time now. "Let not your heart be troubled; believe in God, believe in me." In times of major crises when all the business of life and all the superficial things that tend to take up our time drop away, we come to the realization that we are vulnerable, powerless, and not in control as we imagined. Our normal, everyday life is gone, the things we counted on have disappeared, we may ask "what now?" As faithful believers in Jesus Christ we are reminded that He loves us and cares for us and asks us to put our trust in Him alone. Those words of Jesus, "Let not your hearts be troubled; believe in God, believe also in me", reassures us to put our trust in God and have faith in Him. The powers of this world are nothing compared to Christ.

In response to Thomas' question "How can we know the way?", Jesus' words "I am the way, the truth, and the life", encapsulates how we should live our daily life. There are many things in this world that want our attention, and our allegiance. As Christians we know there is only one way, one truth, life through Christ. We are to place our faith and trust in Him alone. This world will always have its crises but today's gospel encourages us to put our trust in God and believe in Him. In this time of the pandemic when our lives have been severely disrupted and we do not know what the future holds, the one constant, the one absolute that we can count on is the loving, caring Lord, Jesus Christ.

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