

# 1<sup>st</sup> GRADE – Alive in Christ

- Begin 1<sup>st</sup> grade with the opening lesson - an “Introduction to the year”
- The church year feasts and seasons can be found in the beginning of the text. These can be done throughout the year when that season occurs
- There are two chapters without standards: Chapters 3 & 7

The standards on the Mass are found in the back of the book

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
What is the Mass?	<p><b>P 1.4 Mass is the highest form of prayer</b></p> <ol style="list-style-type: none"> <li>a. Know everyone should go to Mass every weekend and participate by praying and singing</li> <li>b. Understand the church building is a special place to pray during the Mass and outside of Mass</li> <li>c. Be introduced to the selected communal prayers and responses of the Mass:               <ol style="list-style-type: none"> <li>1. “Amen”</li> <li>2. Responses to Greeting (“And with your spirit”)</li> <li>3. Responses to the Readings (“Thanks be to God”)</li> <li>4. “Alleluia”</li> <li>5. Response to the Gospel introduction (“Glory to you O Lord”)</li> <li>6. Response to the Gospel (“Praise to you Lord Jesus Christ”)</li> <li>7. Response to Intercessions (“Lord hear our prayer”)</li> <li>8. The Great Amen</li> <li>9. Response to the Sign of Peace (To the priest, “And with your Spirit” and to others, “Peace be with you”)</li> <li>10. Final Blessing and Dismissal (“Thanks be to God”)</li> </ol> </li> </ol>	<p>CCC 2655, 2659</p> <p>CCC 1181</p> <p>CCC 1346-1355</p>		<p>Invite your priest to class and ask him to give a blessing so that the children learn when he says, “The Lord be with You” they respond with “and with your spirit” They will also learn to make the sign of the cross at the end.</p> <p>You can do a Liturgy of the Word in your classroom. Start teaching students the responses.</p> <p>Include prayer of intercessions and teach students to respond, “Lord hear our prayer”</p>

## The Church Year – Feasts and Seasons

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
What are the special times we celebrate during the year?	<p><b>S 1.5 We celebrate the seasons of the Church (The Liturgical Year)</b></p> <ul style="list-style-type: none"> <li>a. Recognize there is a liturgical year in which we celebrate the life of Jesus, Mary, and the saints</li> <li>b. Begin to know the colors associated with each liturgical season: Advent (violet), Christmas (white), Ordinary Time (green), Lent (violet), and Easter (white)</li> <li>c. Be introduced to the significance of Christmas and Easter</li> <li>d. Begin to understand Advent prepares us for Christmas and Lent prepares us for Easter</li> </ul>	CCC 1163-1173	Create Advent or Lent chains out of paper. You can have students color or write something they are going to do for someone else	Include different colors of cloth to match the seasons in your sacred space.

## CHAPTERS 1 & 2

### Created by God & God's Gifts for Us

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
Who is God?	<p><b>PF 1.1 God loves us and is Creator of all</b></p> <ul style="list-style-type: none"> <li>a. Recognize the world is good and God created it out of love</li> <li>b. Know that God created the first man and woman (Adam and Eve)</li> <li>c. Understand God wants all people to care about creation</li> </ul> <p><u>Not covered in text:</u></p> <ul style="list-style-type: none"> <li>d. <i>Know God created angels as messengers and helpers and that he gave each of us a guardian angel</i></li> </ul>	<p>CCC 221, 279 John 3:16 CCC 293-294 CCC 315</p> <p>CCC 355-361</p> <p>YOUCAT 54-55 CCC 328-330 CCC 336</p>		<p><i>See resource section: Blessed Fra Angelico and image of angels</i></p> <p><i>See resource section storybooks: "Dan's Angel"</i></p>
Why should we care about the environment?	<p><b>ML 1.6 We show our love for God by caring for his creation</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand how our actions toward God's creation/environment can have good or bad effects</li> <li>b. Begin to understand God gives us animals and plants (etc.) to help us be happy and live in harmony with God and his creation</li> </ul>	CCC 2415-2418	Discuss ways people in the community care for God's creation.	Trace your hand and then add images of creation around it. "we are his creation and we care for his creation"

## CHAPTER 3 Made to Care

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
<p>How are we like God?</p> <p>How do we keep ourselves healthy and happy?</p>	<p><b>ML 1.1 We are created in the image and likeness of God</b></p> <p>a. Recognize that you are created to be a unique member of God's family</p> <p>b. Understand God loves you (unconditional love)</p> <p>c. Begin to understand you are created to know, love, and serve God and others</p> <p>d. Recognize God wants us to care for ourselves (establish good habits)</p> <p><u>Not covered in text:</u></p> <p>e. <i>Understand the difference between good choices and bad choices (free will)</i></p>	<p>CCC 355-358</p> <p>CCC 1700</p> <p>CCC 1803</p> <p>CCC 1732</p>	<p>Discuss ways children can serve God and others in their family, school and community</p> <p>Discuss what happens in our community when people make good and bad choices</p>	<p>Have children add their fingerprints to a large piece of paper. Write their name below and discuss how each of us are a unique beautiful child of God</p>

## CHAPTER 4 The Holy Trinity

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
<p>Who is God?</p>	<p><b>PF 1.2 God is the Holy Trinity</b></p> <p>a. Begin to understand that we believe in the Holy Trinity: God the Father, God the Son and God the Holy Spirit</p> <p><u>Not completely covered in text:</u></p> <p>b. <i>Begin to understand there is only one God; Who always was and always will be</i></p>	<p>CCC 232-237</p> <p>CCC 249-260</p>	<p>Explain how St. Patrick was a missionary, he was sent to teach people about Jesus (Trinity)</p> <p>Discuss: what is Mission</p>	<p><b>See resource section:</b> Trinity craft</p>

## CHAPTER 5 The Holy Family

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
Who is Jesus?	<p><b>PF 1.3 Jesus is the son of God</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that Jesus is both God and man</li> <li>b. Know Jesus teaches us to love and take care of one another</li> </ul>	CCC 464-478		
Who is the Holy Family?	<p><b>PF 1.4 Jesus grew up in a family</b></p> <ul style="list-style-type: none"> <li>a. Know the members of the Holy Family: Jesus, Mary, and Joseph, foster-father of Jesus</li> <li>b. Know Mary is the mother of Jesus and our mother too</li> <li>c. Recognize Jesus obeyed Mary and Joseph</li> <li>d. Understand Jesus is our role model</li> </ul>	CCC 525  CCC 495 CCC 531-534  CCC 520-521	Discuss ways your family helps each other and how we help others	Field trip: if there are any pictures of the holy family in church or hall  <i>See resource section: Holy Family craft</i>

## CHAPTER 6 About the Bible

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
What is the bible?	<p><b>PF 1.10 The bible is God's written word</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand the bible is the Word of God written in human words</li> <li>b. Begin to understand the bible has two main parts:               <ul style="list-style-type: none"> <li>1. Old Testament</li> <li>2. New Testament</li> </ul> </li> </ul> <p><u>Covered in the opening lessons of "A New Year"</u></p> <ul style="list-style-type: none"> <li>c. <i>Begin to understand the bible has four Gospels that tell us about the life and teaching of Jesus</i></li> </ul>	CCC 105-108   CCC 120, 125, 129	Discuss how people, especially saints would teach people about God and Jesus using the bible	Discuss and show how we treat bibles with respect. We don't place things on them or toss them on the floor, etc.

**CHAPTER 7**  
**Jesus the Healer**

**CHAPTER 8**  
**Jesus Teaches Love**

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
How do we live and follow God?	<p><b>ML 1.3 God gave us the Ten Commandments so we know how to live a good and holy life</b></p> <ul style="list-style-type: none"> <li>a. Begin to recognize God has rules for us to follow called the Ten Commandments</li> <li>b. Know that God wants you to love yourself and become like him</li> </ul>	<p>CCC 62, 2056 CCC 1849-1851</p>		

**CHAPTER 9**  
**Jesus Teaches Us to Pray**

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
Why do we pray?	<p><b>P 1.1 God loves us and wants to form a relationship with us</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand Jesus told us to pray and in the Gospel stories he taught us to pray</li> <li>b. Begin to understand prayer helps us in our daily lives</li> </ul>	<p>CCC 2565 CCC 2607-2615 CCC 2598</p>	<p>Pray for communities: parish, neighborhood &amp; school</p>	

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
What is prayer?	<p><b>P 1.2 Prayer is listening and talking with God</b></p> <ul style="list-style-type: none"> <li>a. Recognize prayer helps us develop our personal relationship with God (Father, Son, and Holy Spirit)</li> <li>b. Recognize God wants us to pray</li> <li>c. Recognize Jesus taught us the “Lord’s Prayer”</li> <li>d. Know prayer is talking with God and listening to him <ul style="list-style-type: none"> <li>1. Quiet times of prayer help us to know, love, and hear God</li> <li>2. Prayer is asking good things from God, thanking God, and praising God</li> </ul> </li> </ul>	<p>CCC 2590</p> <p>CCC 2558-2561</p> <p>CCC 2567</p> <p>CCC 2602</p> <p>CCC 2610</p>	<p>Point out that we pray the Lord’s prayer at Mass. We also call it the “Our Father”</p>	<p>Be sure to see the blue boxes throughout chapters called “Quick tip” in the teacher’s manual. Shows different ways and expressions children can use when they pray</p>
How do we pray?	<p><b>P 1.3 There are many ways to pray</b></p> <ul style="list-style-type: none"> <li>a. Know there are different ways to pray: memorized prayers, spontaneous prayer, gesture, song, reflection, and silence</li> <li>b. Know prayers with words can be said aloud or silently</li> <li>c. Know memorization of prayers is an important part of our prayer life</li> <li>d. Know the following prayers: <i>(see back of book)</i> <ul style="list-style-type: none"> <li>1. Sign of Cross</li> <li>2. Our Father</li> <li>3. Hail Mary</li> <li>4. Angel of God</li> <li>5. Grace before Meals</li> <li><b>6. Glory Be</b></li> <li><b>7. St. Michael the Archangel</b></li> </ul> </li> </ul> <p><u>Not directly covered in chapter:</u></p> <ul style="list-style-type: none"> <li>e. <i>Begin to know how to pray spontaneously: “I love you God,” “Thank you God,” “Help me God,” etc.</i></li> <li>f. <i>Begin to know how to pray with stories from the bible (Lectio Divina)</i></li> <li>g. <i>Begin to understand how to reflect in prayer by listening and thinking about the prayer, song, etc.</i></li> <li>h. <i>Know basic gestures: sign of the cross, folding hands in prayer, genuflecting and bowing</i></li> </ul>	<p>CCC 2699</p> <p>CCC 2765-2766</p> <p>CCC 2688</p> <p>CCC 2708</p> <p>CCC 2723</p>	<p>Discuss that we should always keep our families, our communities and even events that happen in the world in our prayers</p>	<p><b>See resource section</b> Our Father bracelet</p> <p>Make a contest out of memorizing prayers</p> <p>The prayers in bold are the new ones added from the year before</p>

## CHAPTER 10

### Responding to God

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
Who is God's family?	<p><b>PF 1.6 The Church is God's family</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand baptism makes us part of God's family, the Church</li> <li>b. Begin to understand we work together to build up the Church family</li> </ul>	<p>CCC 759-60</p> <p>CCC 765</p>	Discuss ways you can help people in your parish who are part of the Church family	

## CHAPTER 11

### The Church's Guide

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
How does the Holy Spirit help?	<p><b>PF 1.7 Jesus promises a helper will come: the Holy Spirit</b></p> <ul style="list-style-type: none"> <li>a. Know the Holy Spirit helps us be holy</li> <li>b. Begin to understand the Holy Spirit helps guide the Church</li> </ul>	<p>CCC 737-741</p>	Pray to the Holy Spirit for your church	See resource section The Holy Spirit dove craft:



## CHAPTER 12

### Friends of God

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
Who are the saints?	<p><b>PF 1.5 Angels and saints are in heaven</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand how the saints loved Jesus</li> <li>b. Begin to understand how the saints become special friends of Jesus</li> </ul> <p><u>Not covered in text:</u></p> <ul style="list-style-type: none"> <li>c. <i>Know the saints want to be our friends</i></li> </ul>	CCC 956, 1173, 828	Ask students to find out the Confirmations names of those confirmed in their family and discuss how the saints help them	
How are the saints' models of moral life?	<p><b>ML 1.5 Through their lives, saints show us how to love Jesus and others</b></p> <ul style="list-style-type: none"> <li>a. Know that Mary is the perfect model saint (she always said yes to God)</li> <li>b. Know the saints are friends of God and your friends</li> <li>c. Begin to understand how the lives of saints' model love of God and concern for others.</li> <li>d. Begin to know the stories about the saints</li> </ul>	<p>CCC 2683</p> <p>CCC 148, 2617</p> <p>CCC 828-829</p>	Field trip: look for different images of saints in the church or hall	<p><b>See resource section:</b></p> <p><b>storybooks</b></p> <p>Read from "Saintly rhymes for modern times"</p>

## CHAPTER 13

### Disciples Serve

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
<p>How does God show He loves us?</p> <p>How do we treat people in God's family?</p>	<p><b>ML 1.2 We are made for relationship with God and others</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand God sent his son, Jesus, to show us his love and how to live</li> <li>b. Know Jesus teaches us to love and take care of one another and that love includes everyone</li> <li>c. Begin to understand how our own behavior affects others in good ways and bad ways</li> </ul>	<p>CCC 299 CCC 422-429</p> <p>CCC 1877</p>	<p>Discuss acts of kindness. Tie this into the project in the book with service coupons</p>	<p>See resource section storybooks: Any of the Max Lucado books</p>
<p>How do we share God's love with others?</p>	<p><b>ML 1.4 We show our love for God by sharing what we have with others</b></p> <ul style="list-style-type: none"> <li>a. Begin to recognize the needs of others</li> <li>b. Begin to understand we can help others by praying for them</li> <li>c. Begin to understand how our actions can help others</li> </ul>	<p>CCC 2443-2445</p> <p>CCC 2634</p>		

## CHAPTER 14 & 15

### Making Choices & Showing Sorrow

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
How do we live and follow God?	<p><b>ML 1.3 God gave us the Ten Commandments so we know how to live a good and holy life</b></p> <ol style="list-style-type: none"> <li>a. Begin to understand how sin hurts our relationship with God</li> <li>b. Know we need to forgive others and/or ask for forgiveness from God and others</li> <li>c. Know Jesus said the greatest commandments are loving God and loving neighbor</li> <li>d. Be introduced to the Ten Commandments:               <ol style="list-style-type: none"> <li>1. 1<sup>st</sup> Commandment: love God more than anything</li> <li>2. 2<sup>nd</sup> Commandment: keep God’s name holy</li> <li>3. 3<sup>rd</sup> Commandment: keep holy the Sabbath (we go to Church on Saturday evening or Sunday)</li> <li>4. 4<sup>th</sup> Commandment: obey parents</li> <li>5. 5<sup>th</sup> Commandment: do not hurt others</li> <li>6. 6<sup>th</sup> Commandment: be faithful in love and marriage</li> <li>7. 7<sup>th</sup> Commandment: do not steal</li> <li>8. 8<sup>th</sup> Commandment: do not lie</li> <li>9. 9<sup>th</sup> Commandment: think good thoughts, be pure of heart</li> <li>10. Commandment: do not be jealous of others</li> </ol> </li> </ol>	<p>CCC 62, 2056</p> <p>CCC 1894 – 1851</p> <p>CCC 2052</p> <p>Mt 19:16-19</p> <p>CCC 62, 2056</p> <p>Table before CCC 2052</p> <p>Mt 22: 36-39</p>	<p>Discuss what they are and ask students where would be a good place to display them? School, Courthouse, stores, etc.</p>	

## CHAPTER 16

### Jesus the Savior

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
Who is Jesus?	<p><b>PF 1.3 Jesus is the Son of God</b></p> <p>a. Begin to understand Jesus suffered, died and rose from the dead so that all people could go to heaven</p>	<p>CCC 464-478</p> <p>CCC 612, 629, 638</p>		<p>Make crosses: paper, salt dough, sticks, etc.</p> <p><b>See resource section:</b> Resurrection Garden craft</p>

## CHAPTER 17

### Holy Signs

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
How does God give us his love through the Church?	<p><b>S 1.1 The sacraments are signs of God's love for us</b></p> <p>a. Begin to understand that we receive God's life (grace) in the sacraments</p> <p>b. Be introduced to the seven sacraments:</p> <ol style="list-style-type: none"> <li>1. Baptism</li> <li>2. Penance/Reconciliation</li> <li>3. Confirmation</li> <li>4. Eucharist</li> <li>5. Anointing of the Sick</li> <li>6. Marriage</li> <li>7. Holy Orders</li> </ol>	<p>CCC 1114-21</p> <p>CCC 1210</p> <p>YOUCAT 172</p> <p>CCC 1213</p>	<p>Take a tour of the church to point items that are used in the sacraments: Font, water, oil, confessional, altar, bread, stole, vestments.</p>	

## CHAPTER 18

### We are Welcomed

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
<p>Why are we baptized?</p> <p>What is necessary for baptism?</p>	<p><b>S 1.2 We become members of God’s family through baptism</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that through baptism we receive grace and the forgiveness of Original Sin</li> <li>b. Begin to understand each baptized person belongs to God’s family, the Church</li> <li>c. Know that Jesus tells us to baptize with the words: “I baptize you in the name of the Father, and of the Son, and of the Holy Spirit”</li> <li>d. Know that baptism is the first sacrament you receive and is required in order to receive the other sacraments</li> <li>e. Be introduced to the symbols of baptism:               <ul style="list-style-type: none"> <li>1. water</li> <li>2. holy oils</li> <li>3. white garment</li> <li>4. candle</li> </ul> </li> <li>f. Recognize godparents play an important role in helping you to know God</li> </ul>	<p>CCC 1271</p> <p>CCC 1213</p> <p>CCC 1265-67 CCC 1279-80</p> <p>CCC 1213</p> <p>CCC 1311</p>	<p>Teach part of this lesson by the Baptismal font. And show how we are part of God’s family, the church when we enter and sign ourselves with the Holy Water.</p> <p>Discuss how we are to tell people about Jesus. This is our baptismal calling.</p>	<p>Have a bowl of Holy Water in the room by the door. Teach students when they enter and leave to sign themselves with Holy Water</p>

## CHAPTER 19

### We Give Thanks

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
How does Jesus feed us at Mass?	<p><b>S 1.3 Jesus feeds His family at Mass through the Eucharist</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand that the bread and wine become the Body and Blood of Jesus Christ at Mass</li> <li>b. Begin to understand that we receive Jesus in the Eucharist (Holy Communion)</li> </ul>	CCC 1384-1406		
<p>How does Mass help us to become more like Jesus?</p> <p>What are other items we find in the church to help us worship?</p>	<p><b>S 1.4 At Mass we come to know Jesus</b></p> <p><u>Covered in back of text more fully</u></p> <ul style="list-style-type: none"> <li>a. Begin to know there are two main parts of the Mass: Liturgy of the Word and Liturgy of the Eucharist               <ul style="list-style-type: none"> <li>1. Word of God from the bible (Liturgy of the Word)</li> <li>2. Changing the bread and wine into Body and Blood of Jesus (Liturgy of the Eucharist)</li> </ul> </li> <li>b. Be introduced to these liturgical items in the church:               <ul style="list-style-type: none"> <li>1. Altar</li> <li>2. Tabernacle (covered in back of book)</li> <li>3. Sanctuary lamp</li> <li>4. Crucifix</li> <li>5. Baptismal font (covered in chapter 18)</li> <li>6. Holy water font (covered in chapter 18)</li> </ul> </li> </ul> <p><u>Not covered in text:</u></p> <ul style="list-style-type: none"> <li>c. <i>Know the church building is the House of God</i></li> </ul>	<p>CCC 1088</p> <p>CCC 1346</p> <p>CCC 756</p>	<p>Ask your priest to add petitions to the Sunday Mass for the students in Religious education &amp; formation</p> <p>Take a tour of the church to identify different items</p>	<p>Ask the children specific questions about the Mass they were at on the previous Sunday (or this Sunday if class follows Mass) Such as: What color was Father wearing? Notice what we do before the Gospel is read, etc.</p>

## CHAPTER 20 Forever with God

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
What happens when we die?	<p><b>PF 1.8 Jesus wants us to live with him in heaven</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand after we die we can have a new life with Jesus</li> <li>b. Know we call this new place to live heaven</li> <li>c. Know the saints live in heaven</li> </ul>	CCC 1023		

## CHAPTER 21 God's Kingdom

Essential Questions	Standards and Basic Understandings	Resources	Mission & Community Life	Teaching Notes
What is God's Kingdom?	<p><b>PF 1.9 God has a kingdom</b></p> <ul style="list-style-type: none"> <li>a. Begin to understand there is a Kingdom of heaven and earth</li> <li>b. Know everyone is happy in the Kingdom of heaven</li> <li>c. Begin to understand that God's Kingdom in heaven is how we should also be living here on earth</li> </ul>	CCC 1023-1029		