

# **ATHLETIC TRYOUT INFORMATION**

June 2020

**Dear Titan Parents and Athletes:**

**The 2021-2022 athletic season will soon be upon us. On behalf of our coaching staff, I would like to share our procedures with you. This will answer many of your questions and help you arrange your summer schedule. Please remember: All athletes must have a current physical examination and a valid Parent Consent Form on file in the Health Office to be eligible for tryouts. No athlete will be able to tryout without BOTH of these forms completed correctly. Students cannot attend tryouts if they have not submitted the required forms.**

**There are two very important forms necessary to try out for fall sports. These forms are available as follows:**

**Go to the school website, [www.holytrinityhs.org](http://www.holytrinityhs.org), and click on: Titan Athletics, the links for the Parent Consent and the Physician Report Forms can be found there.**

## **1. PHYSICIAN REPORT FORM**

**This form MAY BE mailed in to the Health Office any time after student's physical is complete.**

**In compliance with the State Education Department's directive, no student may practice or participate in inter-scholastic athletics without an adequate health examination and clearance from the school medical officer. Per NYS law, the physical will be valid for a period of twelve months through the last day of the month in which the physical was conducted.**

**If the physical expires during a sports season, the student athlete may complete that season.**

**BE SURE TO BRING THE PHYSICIAN REPORT FORM TO THE (DOCTOR'S) APPOINTMENT. Before you leave the doctor's office, please check to make sure the doctor completes the form in its entirety. Uncompleted sections render the child ineligible to tryout.**

**AND**

## **2. PARENT CONSENT FORM**

**Completed Parent Consent form must be dated on or after July 20, 2021. This form CANNOT be mailed in to the Health Office before July 20th.**

**Please Note: A separate parent consent form is required for each season and must be completed no earlier than 30 days prior to the start of tryouts. All parent consent forms that are dated incorrectly will not be accepted and therefore your son/daughter will be ineligible to tryout.**



## **TRYOUT SCHEDULES**

**ALL TRYOUTS WILL CONTINUE FOR SEVERAL DAYS. TRYOUTS LAST APPROXIMATELY 2-4 DAYS. AT THE CONCLUSION OF THE TRYOUT PERIOD, PRACTICES WILL BEGIN AND CONTINUE THROUGH THE START OF THE SCHOOL YEAR.**

### **TEAM MEMBERS ARE EXPECTED TO ATTEND ALL PRACTICE SESSIONS.**

Athletes should come prepared to play and should bring any personal items required for participation (cleats, sneakers, etc.) with them.

#### **Football**

Coach – Kahmal Roy - [Kroy@holytrinityhs.org](mailto:Kroy@holytrinityhs.org)

Tryouts (ALL GRADES) – Fri., Aug. 20<sup>th</sup> – 8:00 AM -10:00 AM on HT field

Lunch Break 10:00AM – 11:45AM      12:00PM - 2:00PM on HT field

#### **Boys' Cross Country**

Coach – Candace Carroll - [C.Carroll110@gmail.com](mailto:C.Carroll110@gmail.com)

Tryouts (ALL GRADES) – Mon., Aug. 23<sup>rd</sup> – 10:00 AM-12:00 PM on HT track

#### **Girls' Cross Country**

Coach – Candace Carroll - [C.Carroll110@gmail.com](mailto:C.Carroll110@gmail.com)

Tryouts (ALL GRADES) – Mon., Aug. 23<sup>rd</sup> – 10:00 AM-12:00 PM on HT track

#### **Cheerleading**

Coach – Nina Ragno - [Ninaragno@yahoo.com](mailto:Ninaragno@yahoo.com)

Tryouts (ALL GRADES) – Mon., Aug. 23<sup>rd</sup> – 10:00 AM-12:00 PM in HT gym

#### **Boys' Soccer**

Coach – Zef Kabashi - [ZKNY9@hotmail.com](mailto:ZKNY9@hotmail.com)

Tryouts (ALL GRADES) – Mon., Aug. 23<sup>rd</sup> – 10:00 AM-1:00 PM on HT Soccer Field

#### **Girls' Soccer**

Coach – Paul Roderick - [Proder@hotmail.com](mailto:Proder@hotmail.com)

Tryouts (ALL GRADES) – Mon., Aug. 23<sup>rd</sup> – 10:00 AM-12:00 PM on HT Soccer Field

#### **Girls' Volleyball**

Coach – Karen Hogan - [Khogan@holytrinityhs.org](mailto:Khogan@holytrinityhs.org)

Tryouts – Mon., Aug. 23<sup>rd</sup> – 10:00 AM-12:00 PM in HT gym 9th & 10th grade

12:00 PM-2:00 PM in HT gym 11th & 12th grade

#### **Girls' Swimming**

Coach – Megan McNeely - [Mmcneely@holytrinityhs.org](mailto:Mmcneely@holytrinityhs.org)

Tryouts (ALL GRADES) – Mon., Aug. 23<sup>rd</sup> Informational Meeting/Land Workout

12:00 PM-1:00 PM at Holy Trinity

#### **Girls' Tennis**

Coach – Josephine Frey - [Jfrey135@aol.com](mailto:Jfrey135@aol.com)

Tryouts (ALL GRADES) – Mon., Aug. 23<sup>rd</sup> – 10:00 AM-12:00 PM at Cantiague Park

Tennis Courts

It is our hope that this information will answer your questions. If you have any further questions you can email the coach or feel free to email me at: [Chardardt@holytrinityhs.org](mailto:Chardardt@holytrinityhs.org)  
You can also call our Athletic Office (516-433-2577) for more information.

Sincerely yours,

**Chris Hardardt  
Athletic Director**