Sacred Heart Catholic Church

The Most Holy Body and Blood of Christ
June 23, 2019

Jaume Huguet, The Last Supper, 1463

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On the Feast of Corpus Christi

Since it was the will of God’s only-begotten Son that men should share in his divinity, he assumed our nature in order that by becoming man he might make men gods. Moreover, when he took our flesh he dedicated the whole of its substance to our salvation. He offered his body to God the Father on the altar of the cross as a sacrifice for our reconciliation. He shed his blood for our ransom and purification, so that we might be redeemed from our wretched state of bondage and cleansed from all sin. But to ensure that the memory of so great a gift would abide with us for ever, he left his body as food and his blood as drink for the faithful to consume in the form of bread and wine.

O precious and wonderful banquet, that brings us salvation and contains all sweetness! Could anything be of more intrinsic value? Under the old law it was the flesh of calves and goats that was offered, but here Christ himself, the true God, is set before us as our food. What could be more wonderful than this? No other sacrament has greater healing power; through it sins are purged away, virtues are increased, and the soul is enriched with an abundance of every spiritual gift. It is offered in the Church for the living and the dead, so that what was instituted for the salvation of all may be for the benefit of all. Yet, in the end, no one can fully express the sweetness of this sacrament, in which spiritual delight is tasted at its very source, and in which we renew the memory of that surpassing love for us which Christ revealed in his passion.

It was to impress the vastness of this love more firmly upon the hearts of the faithful that our Lord instituted this sacrament at the Last Supper. As he was on the point of leaving the world to go to the Father, after celebrating the Passover with his disciples, he left it as a perpetual memorial of his passion. It was the fulfilment of ancient figures and the greatest of all his miracles, while for those who were to experience the sorrow of his departure, it was destined to be a unique and abiding consolation.

—St. Thomas Aquinas

Sacred Heart’s Stewardship of Treasure Report

<table>
<thead>
<tr>
<th>Ordinary Income</th>
<th>June 15 and 16</th>
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</thead>
<tbody>
<tr>
<td>Envelopes (68)</td>
<td>$ 3,996.00</td>
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<tr>
<td>Loose</td>
<td>$ 1,804.89</td>
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<tr>
<td>Total</td>
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The Holy Father’s Prayer Intentions for June 2019

That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor.

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**Important**

Please note that there are no daily Masses scheduled for Monday or Thursday this week.

Also the Feast of the Most Sacred Heart of Jesus will be transferred to Sun., Jun. 30 as it is our Patronal Feast Day! We will celebrate with the special Solemnity of the Mass and an ice cream social in the hall at noon. Please join us!
Welcome to Sacred Heart Parish
If you are just visiting, welcome! If you'd like to register at our parish, you can stop in at the parish office across the street, or go to www.svhbham.org to get a registration form. You can come in and get a cup of coffee in the office Monday-Friday from 9 am to 4 pm. Our parish staff can help you connect with the parish community in many ways, including social justice, homebound ministry, St. Vincent de Paul, and more.

PARISH LIFE
Celebrating the Sacred Heart of Jesus Feast Day with us! We will be hosting an Ice Cream Social on Sun., June 30 in the parish hall after the 11 am Mass. Come join us!!

Old Magnificats Wanted! Our Faith Formation director, Lila Ruiz, is willing to recycle your out-of-date Magnificat publications for a project of hers. Just drop them off at the parish office or leave them on the window sill in the entryway of the church. Thank you!

Wednesday Evening Masses at 6 pm will begin July 3 and run until August 21. Father Ross will add the Wednesday evening Mass time to the weekly schedule while the WWU Newman Center is on summer break.

New Bible Study Opportunity: Lila Ruiz will be offering a Bible study in the library during the Sunday coffee hours beginning July 7. Grab a donut and coffee and join her at 8:45 every Sunday for prayer and study!

Adoration: Every Friday through Saturday, Sacred Heart is blessed to have a 24 hour time of Adoration available in the Queen of Peace Chapel. We are currently looking for someone who can commit to a 1 am (early Saturday morning) holy hour. Please call the parish office if you would like to keep watch with Jesus for one hour. And remember that you are always welcome to stop in for any amount of time to pray and visit Our Lord while Adoration takes place.

CCS Refugee Resettlement: We just received word that this program needs a double-sized bed mattress as well as more linens (sheets, comforter, pillows, and pillow cases) for double and twin beds. If you can donate, please call Andrea Cunningham at 360-671-3529 ext 1009, or drop them by at Francis Place, 1122 Cornwall Ave. Thank you for your help!

Prayer Shawl Ministry: Relocates to Hillcrest Chapel during the summer. You are welcome to join them every Tuesday at 1 pm.

The Agape Service Project is seeking volunteers to help with this summer's program. We are looking for people who are interested in helping prepare meals right here at the Sacred Heart kitchen and/or volunteers to help with set up for the weekly food bank in Lynden. If you're interested please visit www.newman.com/Get-involved to find the "Volunteer Interest" link, or contact Melina at agape@wwunewman.com for more information.

Annual Catholic Appeal: Sacred Heart Goal: $64,830. Pledges received to date: $58,015, which is 107% of our goal! Thank you to all who have responded to the needs of our Church in Western Washington through the 2019 Annual Catholic Appeal. It is not too late to return your pledge envelope if you haven't already done so! Please fill out a pledge envelope today or donate online at www.seattlearchdiocese.org/donate. Remember every dollar over the goal will come back to the parish to fund parking lot repairs. Thank you and God bless!

Have you considered volunteering for one of the positions that assist at Mass? Right now Sacred Heart is very much in need of sacristans, ushers, greeters, and Extraordinary Ministers of Holy Communion. Call the parish office at 360-734-2850.

Pray for those in the Military:
HM1 Benjamin Chapin, USN
LT COL Gregory DeMarco
MAJ Tyler Ripley, USAF
CMC Paul McFadden, USN
MT6 David Varner
SGT Luke Bradshaw, US Army
CAPT Jason Taylor
LTCDR Casey Oswald, USN
TSGT John Coder, USAg
AT1 Jon Silver, USN
CAPT Jonathan Brent
SGT Davis Glass, USMC
Jared Santos
James Robinson
MAJ Kiel Gilliland, USAFR
MAJ Sharon Gilliland, USAg
LT Andrew Remien, USN
MCPO Anthony Edward Vega
SGT Chelsea Tovik, US Army
E1 Dylan Bailey, USN
1LT Joe Knutson, USAF
E3 Cole H. Trolinder, US Army
LT CDR Scott Higbee, USCG
SFC Casey Gursley, US Army
LTCOL Andrew Hoffman USAF
PFC John Vincent, USMC
SGT Matthew Mashburn, USMC
A1C Jacob Bean USAF
1 LT Nikolas Karaffa, US Army

Please remember in your prayers those who have died, especially:

Memorial candle burns for:
Bess and Bob Christian
6/24-6/30
**ARCHDIOCESAN EVENTS**

The Cornerstone Catholic Conference will be held October 18-19 at the Tacoma Convention Center! This is an excellent opportunity for Catholics to gather together, to deepen their relationships with God, with each other, and with the world around them. It’s also a great chance to meet our new Coadjutor Archbishop Paul Etienne! For more information or to register, visit WACatholics.org/Cornerstone. Don’t delay! Early bird registration will expire at the end of the month. Early bird pricing is $75 per person and $55 for young adults. Those rates will go up on July 1st, so act now to save up to 40% on your tickets! Clock hours will be available for educators.

**St. Joseph’s Parish in Ferndale** invites children from 3 years old to the 5th grade to attend our annual Jesus Day Camp. It runs daily from July 8-12 from 9 am-12 pm. The theme this year is “ROAR.” Our safari celebration will include wild bible adventures, hungry herd snacks, and other animal events such as crafts, games, and songs. Join us for a stampede of smiles and fun! Register online at http://stjosephferndale.org/v2/jesus-day-camp/.

**Marriage Encounter:** Let Jesus multiply the love in your marriage. Strengthen, renew, and rekindle your marriage sacrament by attending a Marriage Encounter Weekend August 9-11 at the Sheraton Hotel in Bellevue. Apply at www.wwme.org. For more information, leave a message at 206-772-2344.

**Rachel's Vineyard—Hope and Healing After Abortion:**

_The Holy Spirit is truly present here. His mercy is the greatest gift to our children and to us as mothers and fathers...he has made us new._  
—Retreat Testimonial

Profound healing is available to women and men who suffer after abortion. Whether it’s been a year or twenty, Rachel’s Vineyard Healing Retreat can transform your life!

**Fall Retreat Schedule:**
August 16-18, Stanwood (English)  
October 25-27, Stanwood (Español)  
November 8-19, Seabeck (English)

Registering for retreats now! You may call us for a compassionate, confidential conversation in English: 206-920-6413 or Español: 206-450-7814. Email us at projectrachel@ccsww.org or visit us online at www.ccsww.org/projectrachel.

**Job Opening:** Francis Place housing facility for homeless adults is hiring! We are interested in someone with at least three years experience and/or education with vulnerable populations in social services or related fields. We have part-time positions available. Please go to www.ccsww.org to submit your resume, cover letter, and application.

**Don’t Forget:** The Camp-Out to End Homelessness is at Cornwall Church June 28-29. For tickets and information visit https://familypromisewhatcom.org/.

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**Middle and High School Youth News**

**We are on our Tijuana Mission Trip this week!** Please keep us in your prayers as we work to be the hands and feet of Christ to our neighbors.

On Sat., July 20 we will host the Stockholder thank-you dinner for everyone who donated to the Tijuana mission trip at 6 pm in the parish hall.

On Wed., July 24 we will have an altar server thank-you party from 12-3 pm at the Westford’s home. Contact April Waldrop; april.waldrop@shbham.org for the address or to RSVP.

**New youth ministry schedule for next year!** Edge (6-8 grade) and Lifeteen (9-12 grade) will meet together from 4-6 pm every Sunday evening at the Assumption School gym. Both groups will eat dinner together and then split off for different locations for their faith formation meetings. Contact April Waldrop for any questions, or if you are interested in being an adult volunteer with the program.

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**ASSUMPTION EVENTS**

**Father Scott's Farewell Party** is Fri., June 28 at 7 pm in the Assumption Gym. All ages are welcome! Beer, wine, and beverages are provided; please bring a snack or dessert to share. Family-friendly dancing to follow.

**Social Justice Corner by a Guest**

In the Feast of Corpus Christi, we celebrate our being fed by the body and blood of the Lord Jesus. And, as we are nourished, we are sent...sent to love and serve the Lord and one another.

In Alice Camille’s reflection for Pentecost, in _Exploring the Sunday Readings_, she writes, “A lot of ‘sending’ goes on in the story of Jesus. First Jesus is sent by his Father to become part of the world. Then Jesus sends his disciples (‘apostles’ literally means ‘the sent’) to bring good news to every corner of the earth. Finally, as Jesus returns to his father, he sends the Holy Spirit to remain with his Church until the end of time...We, too, are among the sent. We’re sent to bring consolation to those who are sad, material assistance to those in need, justice to the oppressed, healing to the sick, knowledge to the ignorant, and hope to the despairing. The Holy Spirit remains our guiding light, leading us on our mission to promote the common good. Since the time of Jesus, divine help always arrives with a human face. Let it be yours.”

The practice of our faith is not reserved just for Sunday mornings. We are strengthened by our sharing in the Eucharist and we are then called to go out and live that, to make a difference in our world. We then return to be strengthened once again. “Share in the Eucharist, be strengthened, go out into the world...repeat.”

These are tall orders and can be overwhelming. By ourselves, you and I cannot do everything, but as a Christian community, locally and globally, we can make a huge difference in our world. How is the Lord calling you? Calling us?

—Carol Gavareski
Be a Witness of Charity

“A LITTLE MERCY MAKES THE WORLD LESS COLD AND MORE JUST.”
—Pope Francis, Angelus, March 17, 2013

How You Can Help

PRAY
Pray for the Holy Father as he reaches out compassionately to make the world less cold and more just, and pray for those suffering around the world who will benefit from this collection.

SHARE
To spread the message of mercy and peace, share this flier with someone who might be interested, and tell others how Pope Francis supports the marginalized.

GIVE
Please give generously to the collection to be a witness of charity and offer hope to those who suffer around the globe.

The Peter’s Pence Collection has ancient roots that reach all the way back to New Testament times. The early Christians provided material support that the disciples—those preaching the Gospel—could distribute to those in need (see Acts 4:34-35, 11:29). Today, the Peter’s Pence Collection is the way we, as members of the Catholic Church, unite ourselves to the concerns of the Holy Father. Donations to this collection support the charitable works of Pope Francis for the relief of those most in need.

How Pope Francis Invites Us to Make the World Less Cold and More Just

Pope Francis encourages us not to “fall into indifference,” but rather to “become instruments of God’s mercy” (General Audience, November 9, 2016). Each of us is called to be an instrument of God’s mercy and to be a witness of charity. For “it is precisely in the measure to which we open ourselves to others that life becomes fruitful, society regains peace and people recover their full dignity,” Pope Francis teaches us (General Audience, October 26, 2016).

How We Can Join Pope Francis and Be a Witness of Charity

By supporting the Peter’s Pence Collection, you assist the charitable works of Pope Francis. Your generosity witnesses to charity and helps the Holy See reach out compassionately to those who are marginalized.

For example, in the Dioceses of Embere, Harar, and Mek in Ethiopia, people rely exclusively on subsistence farming and nomadic herding. The El Niño weather phenomenon worsened drought conditions in these regions, and the people fear a new famine that could be far worse than the 1984 famine that led to more than a million deaths in Ethiopia. But your support of the collection is helping the Holy Father to bring aid to the affected villages. Your donations have funded food and medicines that give the Ethiopian people a measure of relief and hope. Learn more by visiting www.peterspence.us/opere.
Sea un testigo de la caridad

"UN POCO DE MISERICORDIA HACE AL MUNDO MENOS FRÍO Y MÁS JUSTO."
—Papa Francisco, Ángeles, 17 de marzo del 2013

Cómo puede ayudar:

ORANDO
Ore por el Santo Padre mientras que él ayuda lleno de compasión para hacer un mundo menos frío y más justo y ore por los que sufren alrededor del mundo quienes se beneficiarán con la colecta.

COMPARTIENDO
Difunda el mensaje de misericordia y de paz, comparta este folleto con alguien que pueda estar interesado y cuéntele a los demás cómo el papa Francisco está ayudando a los marginados.

DANDO
Por favor, de generosamente a la Colecta Peter's Pence para ser testigo de la caridad y ofrezca esperanza a aquellos que sufren alrededor del mundo.

Cómo podemos unirnos al papa Francisco y ser testigo de la caridad

Apoyando a la Colecta Peter's Pence, usted ayuda a las obras de caridad del papa Francisco. Su bondad es testigo de la caridad y ayuda a la Santa Sede a llegar con compasión a las personas marginadas.

Por ejemplo, en las Diócesis de Emdeber, Harar, y Meki en Etiopía, la gente depende exclusivamente de la agricultura de subsistencia y del pastoreo nómade. El fenómeno climático de El Niño empeoró las condiciones de la sequía en estas regiones y los pobladores temen una nueva hambruna que pudiese ser peor que la hambruna de 1984, la cual provocó la muerte de un millón de personas en Etiopía. Pero el apoyo que usted le da a la Colecta Peter's Pence está ayudando a Santo Padre a llevar asistencia a los pueblos afectados. Sus donativos han financiado alimentos y medicinas lo cual le da al pueblo etiope una medida de alivio y de esperanza. Infórmese más visitando www.peterspence.va/opere.

Cómo nos invita el papa Francisco a hacer el mundo menos frío y más justo

El papa Francisco nos anima diciendo “no caigamos en la indiferencia”, sino más bien “convirtámmonos en instrumentos de la misericordia de Dios” (Audencia General, 9 de noviembre del 2016). Cada uno de nosotros está llamado a ser un instrumento de la misericordia de Dios y a ser testigo de la caridad. Ya que “es precisamente en la medida en la cual nos abrimos a los demás que la vida se vuelve fecunda, la sociedad vuelve a adquirir la paz y las personas recuperan su plena dignidad”, nos enseña el papa Francisco (Audencia General, 26 de octubre del 2016).

La Colecta Peter's Pence (CPP) tiene raíces muy antiguas que se remontan a los tiempos del Nuevo Testamento. Los primeros cristianos les dieron apoyo material a los discípulos—aquéllos que predicaban el Evangelio—para que ellos lo distribuyeran entre los más necesitados (ver Hechos 4:34-35, 11:29). Hoy, la Colecta Peter's Pence es la manera en la que nosotros, como miembros de la Iglesia Católica, nos unimos a las preocupaciones del Santo Padre. Los donativos a esta colecta financian las obras de caridad del papa Francisco para darles alivio a los más necesitados.