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WWW.SACREDHEARTBELLINGHAM.ORG
We gave a daily instruction on right conduct when the readings were taken from the history of the patriarchs or the maxims of Proverbs. These readings were intended to instruct and train you, so that you might grow accustomed to the ways of our forefathers, entering into their paths and walking in their footsteps, in obedience to God’s commands.

Now the season reminds us that we must speak of the mysteries, setting forth the meaning of the sacraments. If we had thought fit to teach these things to those not yet initiated through baptism, we should be considered traitors rather than teachers. Then, too, the light of the mysteries is of itself more effective where people do not know what to expect than where some instruction has been given beforehand.

Open then your ears. Enjoy the fragrance of eternal life breathed on you by means of the sacraments. We explained this to you as we celebrated the mystery of “the opening” when we said:

Effetha, that is, be opened.

Everyone who was to come for the grace of baptism had to understand what he was to be asked, and must remember what he was to answer. This mystery was celebrated by Christ when he healed the man who was deaf and dumb in the Gospel which we proclaimed to you. After this, the holy of holies was opened up for you; you entered into the sacred place of regeneration. Recall what you were asked; remember what you answered. You renounced the devil and his works, the world and its dissipation and sensuality. Your words are recorded, not on a monument to the dead but in the book of the living.

The Holy Father’s Prayer Intentions for July 2019

The Integrity of Justice

That those who administer justice may work with integrity, and that the injustice which prevails in the world may not have the last word.

—St. Ambrose (+ 397)
Welcome to Sacred Heart Parish
If you are just visiting, welcome! If you’d like to register at our parish, you can stop in at the parish office across the street, or go to www.shhham.org to get a registration form. You can come in and get a cup of coffee in the office Monday-Friday from 9 am to 4 pm. Our parish staff can help you connect with the parish community in many ways, including social justice, homebound ministry, St. Vincent de Paul, and more.

PARISH LIFE

Anniversary and Birthday Party: THANK YOU to all who came to the anniversary and birthday party that we celebrated last Sunday! I’m so grateful for the prayers, gifts, cards, and all those who helped put the event together. Thank you from the bottom of my heart. I am so blessed by all of you and I look forward to the next year together at Sacred Heart. —Father Ross

New Bible Study Opportunity: The next Bible study with Lila Ruiz will be Sun., July 21 at 9:45 am in the library. This week there will be no study time because Lila is hosting coffee hour with the Assumption students.

Catholic Authors Book Group: The next meeting will be Tues., Jul. 16 at 10 am in the parish hall. Our book for July is The World, the Flesh and Father Smith, by Bruce Marshall. Information is available here: https://wordpress.com/posts/sacredheartbookclub.home.blog. Contact Melissa at the parish office with any questions: 360-734-2850 x 301.

Join the Mariners at T-Mobile Park as they host Faith & Family Day on Sat., July 27 at 1:10 pm versus the Detroit Tigers. With special ticket pricing, limited-edition Mariners T-shirts and a postgame concert and player Q&A, this is one event not to be missed. Go to www.mariners.com/faith and enter the code FAITH to get the discounted price! Plus, the first 10,000 fans to enter T-Mobile Park will receive a Mariners beach towel.

SACRED HEART ANNUAL PARISH PICNIC: Sun., Aug. 11, from 12-3 pm (following the 11 am Mass) at Fairhaven Park Pavilion. This year you can either call the parish to RSVP or go online at www.signupgenius.com and use the search bar with melissa.johnson@shhham.org to find our sign up sheet. There you can offer be a clean up volunteer and to bring either a side dish, salad, or dessert. The parish will provide soft drinks, hamburgers, hot dogs, and all the fixings. Bring your sports equipment as well! Let’s celebrate another summer at Sacred Heart!

Daily Mass Schedule Change List: If you would like to be notified by email if there is a change in our daily Mass schedule, please contact Kim in our office at kim.walker@shhham.org or 360-734-2850. If you don’t use email and would like to be notified, telephone Kim and she’ll put you on the call list.

Annual Catholic Appeal Report: Goal: $54,830, Pledges Received: $72,665, Potential Rebate: $17,835. Currently we are at 133% of our goal! Remember: it’s not too late to donate. All funds raised to the goal go toward funding seminarians, Catholic youth, and valuable programs across the Archdiocese. All money raised over our goal in fulfilled pledges will return to the parish in the form of a rebate. Thank you so much for your incredible generosity to your parish and your Archdiocese!

The Agape Service Project: You can drop donations for the migrant workers in the entryway of the church or at the parish office, such as:

- Diapers (Sizes 5 or 6) and wipes
- canned fruit & veggies
- snacks (granola bars, fruit snacks)
- juice (non-refrigerated)
- Cereal
- baby/kids/men’s/women’s clothing.
- hygiene and household products (soap, razors, pads, laundry, dish soap)

Pray for those in the Military:
HM1 Benjamin Chapin, USN
LT COL Gregory DeMarco
MAJ Tyler Ripley, USAF
CMC Paul McFadden, USN
MT6 David Varner
SGT Luke Bradshaw, US Army
CAPT Jason Taylor
LTCDR Casey Oswald, USN
TSGT John Coder, USAG
AT1 Jon Silver, USN
CAPT Jonathan Brent
SGT Davis Glass, USMC
Jared Santos
James Robinson
MAJ Kiel Gilliland, USAFR
MAJ Sharon Gilliland, USAF
LT Andrew Remien, USN
MCPO Anthony Edward Vega
SGT Chelsea Torvik, US Army
E1 Dylan Bailey, USN
1LT Joe Knutson, USAF
E3 Cole H. Trolinder, US Army
LT CDR Scott Higbee, USCG
SFC Casey Gursley, US Army
LT COL Andrew Hoffman USAF
PFC John Vincent, USMC
SGT Matthew Mashburn, USMC
A1C Jacob Bean USAF
1 LT Nikolas Karaffa, US Army

Please remember in your prayers those who have died, especially:

Memorial candle burns for:
Tony, Mark, and John Pennylegion
7/15-7/21

Please consider supporting the vendors listed on the back of the bulletin. Their advertising allows us to print the cover page free of charge.
ASSUMPTION EVENTS

In connection with the feast of St. Kateri Tekakwitha, patron of environmental causes, the Assumption Care for Creation team has invited David Roberts (facilitator of City of Bellingham Climate Action Plan Task Force) to speak on Sunday June 14 following the 9:30 Mass (about 10:45 am) in the Assumption gym. How could our parish become even more environmentally friendly? What can we do to slow the advance of climate crisis that we and our children are facing? Come and be part of the discussion.

Position Open for a part-time custodian. Hours are 20-25/week during the school year and 10-15/week during the summer. Most of the work hours are in the evening and on weekends with some flexibility. Primary responsibilities are to clean the church, parish offices, and gym. The job description and application are available on the Assumption website at www.assumption.org.

Rosary Makers meet on Saturdays at 1 pm in the Stafford Room at Assumption. For questions, contact Marilee at 360-671-3211.

ARCHDIOCESAN EVENTS

The Cornerstone Catholic Conference will be held October 18-19 at the Tacoma Convention Center. It is a great chance to meet our new Coadjutor Archbishop Paul Etienne! For more information or to register, visit WACatholics.org/Cornerstone. Clock hours will be available for educators.

Marriage Encounter: Speak, Lord, your servant is listening; you have the words of everlasting life. Let Jesus speak to you at the next Marriage Encounter weekend August 9-11 at the Sheraton Hotel in Bellevue. Apply at www.wwme.org. For more information, leave a message at 206-772-2344.

Rachel’s Vineyard—Hope and Healing after Abortion: Believe that God has a plan for your pain. Don’t allow fear, bitterness, anger, depression, and unforgiveness of self or others to take root. Get help from those who have walked the same path.

Give yourself the chance like this participant did. You won’t regret it. Join us at a Rachel’s Vineyard Healing Retreat. We are ready to welcome and walk with you.

Fall Retreat Schedule:
August 16-18, Stanwood (English)
October 25-27, Stanwood (Español)
November 8-9, Seabeck (English)

Registering for retreats now! You may call us for a compassionate, confidential conversation in English: 206-920-5413 or Español: 206-450-7814. Email us at projectrachel@ccsww.org or visit us online at www.ccsww.org/projectrachel.

Youth Ministry Summer Schedule is out and available for you to pick one up in the entryway of the church or in the parish office. Be sure to join us for the summer fun!

CHANGES TO CONFIRMATION AND YOUTH MINISTRY:
The Archdiocese of Seattle is lowering the age for receiving the Sacrament of Confirmation. The preparation for this sacrament for this coming school year will be available to 8–12th graders. The information/registration meeting will take place on Sun., Sept. 15, at 4 pm in the Assumption Gym. Please contact Gina DePalma at gina@assumption.org or 360-733-1380 x 4222 with any questions.

In addition, both Edge and Life Teen will meet on Sundays from 4–6 pm at Assumption. Please contact April Waldrop at april.waldrop@shbham.org or 360-734-2850 x 305 with any questions about youth ministry programs. Thank you!

The Archdiocese of Seattle is happy to announce a new website devoted to marriage and family life. You can find it at marriagefamilylife.seattlearchdiocese.org. There you will find everything from marriage preparation, Natural Family Planning, the domestic church, pornography addiction help, and many more resources. Check it out!

Social Justice Corner by Dan Gamble, Guest

We increase in love by many of the relationships in our life, but none so much as in supreme love of the Father who gave his Son to be our friend. But if anyone has the world’s goods and sees his brother in need, yet closes his heart against him, how does God’s love abide in him? 1 John 3:17-18.

When our youth wanted to do more to engage those in greater need, they courageously met the Esperanza International call to tirelessly bend rebar and dig over 150 feet of 3 foot deep trenches in Tijuana.

They engaged orphaned children who need to know the compassionate love of someone from the outside who might see and hear them. The youth opened their hearts and hands in charity that completely resonated with the answer to the earlier question from 1 John: Little children, let us not love in word or in speech, but in deed and truth. One may point in word or speech to injustice or a wrong, yet fail to love in deed and truth. Knowing that nothing will quench our thirst for present and temporal justice but God’s perfect love can stem the blame and can bring us closer to the most necessary action. This is the action we find in the Eucharist, for Jesus is the savior of the world and every soul. Loving our family can be very trying, but loving the poor or the stranger among us can start with a smile and willingness to meet their need for compassion. This is the deed and truth of God’s love in us. This practice works, for as he becomes love in us, so the poor, the stranger, and our family will be loved.

Thanks be to God for the love of the youth in service which brings us all to greater love!