SACRED HEART CATHOLIC CHURCH

OUR LORD JESUS CHRIST, KING OF THE UNIVERSE
NOVEMBER 24, 2019

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Bellingham, WA 98225

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OUR LORD JESUS CHRIST, 
KING OF THE UNIVERSE 
November 24, 2019

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WWW.SACREDHEARTBELLINGHAM.ORG
### Mass Intentions

| Nov 25 | Christen Mattix |
| Nov 26 | Dick Banning + |

### The Holy Father’s Prayer Intentions for November 2019

That a spirit of dialogue, encounter, and reconciliation emerge in the Near East, where diverse religious communities share their lives together.

### Thy Kingdom Come

*The coming of the kingdom of God does not allow for observation. There will be no one to say “Look here! Look there!” For the kingdom of God is within us and in our hearts. It is beyond doubt that whoever prays for the coming of the kingdom of God within himself is praying for the kingdom to dawn in him, to bear fruit and reach perfection. For God reigns in every saint, and every saint obeys God’s spiritual laws. The Father is present in him and Christ reigns alongside the Father, as it is said: We will come to him and make our dwelling with him.*

As we continue to move forward, the kingdom of God will reach its perfection in us when the saying in the Apostle is fulfilled, that Christ, his enemies all made subject to him, shall deliver the kingdom to God the Father that God may be all in all.

For this reason let us pray without ceasing, our souls filled by a desire made divine by the Word himself. Let us pray to our Father in heaven: hallowed be thy name; thy kingdom come.

There is something important that we need to understand about the kingdom of God: just as righteousness has no partnership with lawlessness, just as light has nothing in common with darkness, so the kingdom of God and a kingdom of sin cannot co-exist.

So if we want God to reign within us, on no account may sin rule in our mortal body but let us mortify ourselves and be made fruitful by the Spirit. Then we will be a spiritual garden of Eden for God to walk in. God will rule in us with Christ who will be seated in us at the right hand of God until he makes his enemies (who are within us) into his footstool and pours out on us all authority, all power, all strength.

For these things can happen in each one of us, and the last enemy may be destroyed, even death. So that in us Christ says Death, where is your sting? Death, where is your victory? So let our corruptibility be clothed today with holiness and incorruption. Let our mortality be cloaked in the Father’s immortality. With God ruling in us, let us be immersed in the blessings of regeneration and resurrection.

—Origen (+ 253), Discourse on Prayer

### Thanksgiving Day Table Blessing

*For each new morning with its light, For rest and shelter of the night, For health and food, For love and friends, For everything Thy goodness sends.*

—Ralph Waldo Emerson
Welcome to Sacred Heart Parish
If you are just visiting, welcome! If you’d like to register at our parish, you can stop at the parish office across the street, or go to www.shbham.org to get a registration form. You can come in and get a cup of coffee in the office Monday-Friday from 8 am to 4 pm. Our parish staff can help you connect with the parish community in many ways, including St. Vincent de Paul, social justice, homebound ministry, and more.

PARISH LIFE

MIDNIGHT MASS CHOIR: We NEED YOU! Would you like to sing in our Midnight Mass choir? We will be arranging choir music and rehearsals this coming week. Call the office or email Melissa at melissa.johnson@shbham.org to take part, or watch the bulletin for rehearsal times.

The Knights of Columbus would like to send a care package to your loved one who is currently deployed overseas for the US military. The care package will include items such as food, treats, toiletries, and a thank-you card from our members. If you have a loved one you’d like us to send a care package to, please send us their name, deployed mailing address, and any special instructions or suggestions. Also, give us your contact information so we can get in touch with you if we have any questions. If any parishioners would like to donate materials for the care packages, or otherwise help with this service project, we welcome your participation! Please contact Jack King at jack@king-works.com.

Sacred Heart is sponsoring a Giving Tree for local children in need. Just pick a tag, purchase a $20 gift card at WalMart, Fred Meyer, or Target, and place it in the collection basket at Sunday Mass until Dec. 1. Your generosity allows parents to choose the right gift for their child, and saves time. CCS staff time. Contact Cheryl McCarthy with any questions at cherylsmmccarthy@gmail.com.

Francis Place provides permanent supportive housing to adults that have experienced chronic homelessness. Every Thanksgiving we serve our clients a hot family-style meal. We are seeking donations of pre-cooked dishes to be dropped off at Francis Place on Thanksgiving morning. Pies and desserts can be dropped off the day prior. Drop off address: 1122 Cornwall Ave, Bellingham.

Parish-wide Advent Wreath Making will be held on Sun., Dec. 1 in the parish hall at 9:45 am during coffee hour. Anyone who already has an Advent wreath form is invited to bring it to decorate, or there will be forms and candles provided for you. There will also be greenery available, but you are welcome to bring more of your own. We will also provide cookies for the kids to decorate!

First Friday Movie is Fri., Dec. 6 at 10 am in the parish hall. We will show St. Maria Soledad: Foundress of the Sisters Servants of Mary. This is about a religious order established to serve the sick, especially in their own homes, in the midst of heavy persecution of the Church in Spain. We will have popcorn and refreshments!

Advent Study Groups On Saturdays at 6 pm on Dec. 7th, 14th, and 21st; and Mondays at 10 am on Dec. 2nd, 9th, 16th, and 23rd in the parish library. Join us for family sessions with decorations and treats! Contact Lila Ruiz, PA for Faith Formation, if you’d like more information: lilauruz@shbham.org.

Young Adults in their 20’s and 30’s are invited to the Sacred Heart parish hall at noon on Sun., Dec. 8 for a watercolor tutorial class. All supplies will be provided and no artistic ability or experience is required. Please bring a potluck snack to share.

Called to Serve As Christ Campaign: Thank you for your generosity in caring for your retired priests and women religious! Here is this week’s report:

Campaign Goal: $606,060
Pledge total: $227,687
Gifts: 80
Participation: 13.9%

Pray for those in the Military:

HM1 Benjamin Chapin, USN
LT COL Gregory DeMarco
MAJ Tyler Ripley, USAF
CMC Paul McFadden, USN
MT6 David Varner
SGT Luke Bradshaw, US Army
CAPT Jason Taylor
LTCDR Casey Oswald, USN
TSGT John Coder, USAF
AT1 Jon Silver, USN
CAPT Jonathan Brent
SGT Davis Glass, USMC
Jared Santos
James Robinson
MAJ Kil Gilliland, USAFR
MAJ Sharon Gilliland, USAFR
LT Andrew Remien, USN
MCPO Anthony Edward Vega
SGT Chelsea Torvik, US Army
E1 Dylan Bailey, USN
CAPT Joe Knutson, USAF
1LT Bridgett Knutson, USAF
E3 Cole H. Trolinder, US Army
LT CDR Scott Higbe, USCG
SFJ Casey Gurskey, US Navy
LT COL Andrew Hoffman, USAF
PFC John Vincent, USMC
SGT Matthew Mashburn, USMC
A1C Jacob Bean, USAF
1 LT Nikolaus Karaffa, US Army
SGT Nelson Fitzsimmons, US Army
E4 Jacob Townsend, US Navy

Please remember in your prayers those who have died, especially:


Memorial candle burns for:

Ray Manning
11/24-11/30

Please consider supporting the vendors listed on the back of the bulletin. Their advertising allows us to print the cover page free of charge.
**Young Adult Advent Small Groups**

Sundays from 6:30pm-8pm
December 1, 8, 15, and 22

Young Adults in their 20s and 30s are invited to join us for a 4-week Advent small group series on Sunday evenings. Each week will be potluck snacks and fellowship time followed by an Advent devotional and Scripture study. Contact April Jordan-Hulsey for the location.

**Assumption Events**

**Chess Tournament** Thurs., Dec. 7 at Assumption gym. Open to all K-8th grades. Cost: $10 until Dec. 1, after that date it increases to $20. Sponsored by Boy Scout Troop 4016. Any questions, email Debbie at threefan@aol.com. Register: bellinghamyouthchess.com/tournaments.

**Grief Support Group** every Friday, 1:30-3:30 pm in the Stafford Room. We invite you to join our group as we share our faith in God and fellowship with each other on our healing journey. Contact Michelle Byrnes for more information, 360-319-6366.

**Social Justice Corner**

The WA State Catholic Conference Bishops has authorized all parishes to gather signatures for Parental Notification Initiative I-1004. In October, the Bishops wrote to parishes of their strong support and encouragement for gathering signatures for this Initiative and Fr. Ross has given his approval. I-1004 is a state initiative to institute a “parental notification” law, which requires physicians to notify parents or guardians before performing abortions on minors. The initiative contains reasonable exceptions to protect minors in cases where notification may threaten the safety of a minor or where valid medical exemptions are present. To read the complete text, visit the Secretary of State’s website: https://www.sos.wa.gov. Add your signature to this petition after all Masses on the 2nd and 3rd Sundays of Advent.

Participation in the Cornerstone Catholic Conference last month has sent us back with many rich resources for Social Justice study, prayer and action. One of the most compelling for us was the workshop “Mental Illness: Parishes Helping Families Find Hope,” presented jointly by a mental health nurse and an assistant professor, both of whose family members include a young adult with a mental illness. Several take-away messages from the workshop inspired us:

- Offer hospitality to everyone, regardless of the type of mental illness; this is integral to our call as a Christian community. Forming relationships with those with special needs is especially important to helping them feel valued and a part of the community.
- Create a faith-based support group for those who live with mental illness and their families. Establish a prayer network.
- Offer basic training for parish liturgical leaders on how to deal with practical issues as they may arise.
- Include petitions relating to mental illness in the Prayers of the Faithful, and include illustrations in homilies.
- Partner with National Alliance on Mental Illness (NAMI) and other organizations for resources and use bulletin inserts and make other resources visible to educate parishioners about mental illness.
- Support military veterans with PTSD.

Does this area of ministry speak to you? Would you like to get involved? If so, please contact the Social Justice Committee through the parish office.

—Penny Cowan and Carol Gavareski

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CCS APPEAL FOR THE POOR
Our Mission is Mercy

SHELTERS AND HOMELESS SERVICES

HOPE HOUSE
360-671-8702
Hope House is a collaborative effort between CCS, Assumption Catholic Parish and St. Paul’s Episcopal Church. Community social service agencies refer individuals and families to shop free-of-charge at designated times.

CATHOLIC HOUSING SERVICES
Provides permanent housing for homeless and low-income individuals, families and farm workers at five properties in Bellingham:
360-671-3529 Francis Place Apartments (Homeless Adults)
360-738-8234 Mt. Baker Apartments (Low-Income Adults)
360-738-8234 Washington Grocery Building (Low-Income Adults)
360-738-8234 Kateri Court Apartments (Low-Income Adults)
360-594-6495 Villa Santa Fe (Farm Worker)

HOUSING WHATCOM
360-671-3529
Intensive case management and individualized service plans are provided to support stable permanent housing for persons experiencing chronic homelessness who are over 18 years of age.

FAMILY AND YOUTH SERVICES

CATHOLIC ADOPTION SERVICES OF WASHINGTON STATE
206-328-5921 or 877-865-5944
Whether a birth mother decides to parent or place for adoption, CCS provides adoption services throughout Washington State.

CCS NORTHWEST RECOVERY CENTER
360-676-2187
CCS Recovery Center provides a full continuum of outpatient addiction recovery services in Whatcom County for youth and adults and their families.

COMMUNITY MENTAL HEALTH SERVICES
360-676-2164
CCS provides community mental health services to Medicaid eligible children and their families. After an initial assessment and determination of need for ongoing help, core mental health services are available at CCS include individual and/or family counseling/therapy, medication evaluation/management and coordination with primary care physicians, and case management.

CHILDREN’S WRAPAROUND SERVICES
360-676-2164
Services are provided to Medicaid-eligible children and their families with high mental health and other complex needs, using a team-based Wraparound approach.

SENIORS AND PEOPLE WITH DISABILITIES

HOME CARE FOR ELDERS AND PEOPLE WITH DISABILITIES
360-738-6163 or 800-219-0335
CCS provides affordable non-medical assistance to seniors and people with disabilities living in their own home. Training for caregivers is provided in multiple languages, including English, Spanish, Vietnamese, Somali, Russian, Cantonese and Korean. Bilingual staff are available for Spanish, Vietnamese, and Korean.

ADDITIONAL SERVICES

PROJECT RACHEL
1-800-822-HOPE (4673)
206-450-7814 En Español
Provides healing and support in a confidential environment for women and men who have experienced abortion.

RURAL REFUGEE RESETTLEMENT
360-671-3529
CCS is working in conjunction with the USCCB (United States Catholic Conference of Bishops) to support families that are being resettled in Whatcom County. We provide case management services for a ninety day service period. All families that we serve are referred to us by the USCCB.
PARISH-BASED SERVICES

DIALOGUE FOR JUSTICE
DialogueforJustice@ccsww.org
Supports and increases Catholic advocacy to reduce poverty in Washington State at the parish level. Sponsored by the Archdiocese of Seattle and coordinated by Catholic Community Services of Western Washington, the Intercommunity Peace & Justice Center, and the Washington State Catholic Conference.

MINISTRY CORPS
Services available to pastors to increase parish capacity for missionary discipleship through expanded or new outreach and advocacy projects. CCS/CHS Regional Network Builder: Mary Wahl.

PREPARES (PREGNANCY AND PARENTING SUPPORT)
206-737-9264
A partnership with volunteers in local parishes and communities trained to accompany pregnant mothers, fathers and families through the first five years of the child's life.

PROGRAMAS Y SERVICIOS EN ESPAÑOL

Servicios Comunitarios Católicos les ofrece algunos programas y servicios en español, incluyendo los siguientes: Cuido en el hogar para personas mayores y con discapacidades 800-219-0335
Servicios Comunitarios Católicos provee asistencia no medica que es asequible para personas ancianas y aquellos con discapacidades viviendo en sus hogares. Entrenamiento para los cuidadores esta disponible en español. Empleados bilingües en español están disponibles para servir a los latinos.

PROYECTO RACHEL
1-800-822-HOPE (4673)
206-450-7814 En Español
Proyecto Rachel provee sanación y apoyo en un ambiente confidencial para mujeres y hombres que han estado involucrados en un aborto.

Para mas información sobre estos programas y servicios visite nuestro sitio de web www.ccsww.org o llámenos a los numeros de teléfono localizados al reverso de este folleto.