You are the light of the world. A city set on a hill cannot be hidden.

MATTHEW 5:14
FIFTH SUNDAY IN ORDINARY TIME
February 9, 2020

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WWW.SACREDHEARTBELLINGHAM.ORG
Sacred Heart Parish, Bellingham ~ February 9, 2020

Sunday, Feb 9, Fifth Sunday in Ordinary Time
8:30 am Mass—Holler Baptism
9:45 am Coffee Hour
9:45 am RE Classes
11:00 am Mass
12:15 pm *No RCIA
6:00 pm EDGE/Life Teen to Newman Mass
5:30 pm Newman Center Confession
6:30 pm Newman Center Mass

Monday, Feb. 10, St. Scholastica
9:00 am Mass
12:00 pm Angelus and Rosary

Tuesday, Feb. 11, Our Lady of Lourdes
9:00 am Mass
10:00 am Book Group—Virgin Time
12:00 pm Angelus and Rosary
1:00 pm Prayer Shawl Group
7:00 pm Tijuana Group Meeting

Wednesday, Feb. 12
10:00 am Faith Formation—Happiness
12:00 pm Angelus and Rosary

Thursday, Feb. 13
8:00 am Adoration, Confession
9:00 am Mass
12:00 pm Angelus and Rosary

Friday, Feb. 14, Ss. Cyril and Methodius
9:00 am Mass
9:45 am Adoration until 8:50 am Saturday

Saturday, Feb. 15, Bl. Virgin Mary
8:00 am Rosary
8:30 am Reposition of the Bl. Sacrament
9:00 am *No Mass
3:30 pm Confession
5:00 pm Vigil Mass

Sunday, Feb 16, Sixth Sunday in Ordinary Time
8:30 am Mass
9:45 am Coffee Hour
9:45 am *No RE Classes
11:00 am Mass
12:15 pm *No RCIA
6:00 pm *No EDGE or Life Teen
5:30 pm Newman Center Confession
6:30 pm Newman Center Mass

Sacred Heart’s Stewardship of Treasure Report
February 1 and 2

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Envelopes (86)</td>
<td>$10,239.89</td>
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<tr>
<td>Loose</td>
<td>$880.76</td>
</tr>
<tr>
<td>Total</td>
<td>$11,120.65</td>
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Scholastica, the sister of Saint Benedict, had been consecrated to God from her earliest years. She was accustomed to visiting her brother once a year. He would come down to meet her at a place on the monastery property, not far outside the gate.

One day she came as usual and her saintly brother went with some of his disciples; they spent the whole day praising God and talking of sacred things. As night fell they had supper together.

Their spiritual conversation went on and the hour grew late. The holy nun said to her brother: “Please do not leave me tonight; let us go on until morning talking about the delights of the spiritual life.” “Sister,” he replied, “what are you saying? I simply cannot stay outside my cell.”

When she heard her brother refuse her request, the holy woman joined her hands on the table, laid her head on them and began to pray. As she raised her head from the table, there were such brilliant flashes of lightning, such great peals of thunder and such a heavy downpour of rain that neither Benedict nor his brethren could stir across the threshold of the place where they had been seated. Sadly he began to complain: “May God forgive you, sister. What have you done?” “Well,” she answered, “I asked you and you would not listen; so I asked my God and he did listen. So now go off, if you can, leave me and return to your monastery.”

Reluctant as he was to stay of his own will, he remained against his will. So it came about that they stayed awake the whole night, engrossed in their conversation about the spiritual life.

It is not surprising that she was more effective than he, since as John says, God is love, it was absolutely right that she could do more, as she loved more.

Three days later, Benedict was in his cell. Looking up to the sky, he saw his sister’s soul leave her body in the form of a dove, and fly up to the secret places of heaven. Rejoicing in her great glory, he thanked almighty God with hymns and words of praise. He then sent his brethren to bring her body to the monastery and lay it in the tomb he had prepared for himself.

Their minds had always been united in God; their bodies were to share a common grave.

—Pope St. Gregory the Great (+ 604)

Mass Intentions

Feb 10 Jon Lamza
Feb 13 Peter & Mary Fong +
Feb 11 Betty King +
Feb 14 Kevin Gribble

The Holy Father’s Prayer Intentions for February

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.
Welcome to Sacred Heart Parish
If you are just visiting, welcome! If you’d like to register at our parish, you can stop in at the parish office across the street, or go to www.shbham.org to get a registration form. You can come in and get a cup of coffee in the office Monday-Friday from 8 am to 4 pm. Our parish staff can help you connect with the parish community in many ways, including St. Vincent de Paul, social justice, homebound ministry, and more.

PARISH LIFE

The Knights of Columbus are hosting a breakfast fundraiser for seminarians at Applebee’s on Sat., Feb. 22. Come and help support our seminarians! Tickets are only $10 for a nice breakfast and will be available outside after Mass.

Ash Wednesday is Wed., Feb. 26, and the Mass at Sacred Heart is at 7 am. Assumption’s Ash Wednesday Masses are scheduled for 12:30 pm, and later a bilingual Mass at 7 pm.

Respect Life at the End of Life is a presentation on Catholic teaching about making end-of-life decisions. What does our faith call us to do when those difficult decisions come up? What are ordinary vs. extra-ordinary treatments? Come and learn from expert Sr. Sharon Park, OP, a consultant on biomedical ethical issues and retired director of the Washington State Catholic Conference. Here at Sacred Heart, Thu., Feb. 27 from 10:30-noon. Save the date for this important event!

Young Adults: Starting in February/March, we will have several bi-weekly young adult small groups starting up on different days and times! Please contact aprili@assumption.org if you’re interested in joining or hosting one. These events are for young adults in their 20s and 30s who are seeking growth in Christian fellowship and faith. We plan to engage in various faith-building activities and discussions each week, which will be tailored to the needs of each group.

ARCHDIOCESAN EVENTS

Funeral Services for Archbishop Emeritus Alexander J. Brunett:
St. James Cathedral
Tues., Feb. 11: Viewing from 2-5:30 pm, Vigil at 7 pm
Wed., Feb. 12: Funeral Mass at 11 am

Pallisades Retreat Center: The Surprising Sacrament of Matrimony

Considering Separation or Divorce? Wait—there is an alternative! Retrouvaille has brought healing to tens of thousands of troubled marriages worldwide. For confidential information about Retrouvaille, or to register for the program on the weekend of Feb. 21-23, go to www.helpournmarriage.org or call 206-706-2608.

Rachel’s Corner: I am going to continue releasing my pain and guilt and be free. I had no idea there were options to being free of the burden I was carrying. Relief of your guilt from a past participation in an abortion is a process and, like the testimonial above, the healing can begin by coming on a Rachel’s Vineyard Healing Retreat. The next retreats available are March 6-8 or April 24-26. Call for a compassionate, confidential conversation in English: (206) 920-6413 or Español: (206)-450-7814. Visit us at www.ccsw.org/projectrachel.

8th Annual Seattle Catholic Men’s Conference coming soon! Attention men: do you want to be the man that God has always called you to be? Grow closer to God with powerful speakers like Fr. Robert Spitzer, SJ and Archbishop Paul Etienne. Join us March 21 at St. Stephen the Martyr in Renton! Registration is open at http://www.seattlemensconference.org.

Worldwide Marriage Encounter: Sign up today to attend the next Marriage Encounter weekend at the Sheraton Hotel in Bellevue, April 24-26. Apply at wwwme.org. For more information, call 206-772-2344.

Pray for those in the Military:
HM1 Benjamin Chapin, USN
LT COL Gregory DeMarco
MAJ Tyler Ripley, USAF
CMC Paul McFadden, USN
MT6 David Varner
SGT Luke Bradshaw, US Army
CAPT Jason Taylor
LTC Dr. Casey Oswald, USN
TSGT John Coder, USAF
AT1 Jon Silver, USN
CAPT Jonathan Brent
SGT Davis Glass, USMC
Jared Santos
James Robinson
MAJ Kiel Gilliland, USAF
MAJ Sharon Gilliland, USAF
LT Andrew Remien, USN
MCPO Anthony Edward Vega
SGT Chelsea Torvik, US Army
E1 Dylan Bailey, USN
CAPT Joe Knutson, USAF
1LT Bridgett Knutson, USAF
E3 Cole H. Trolinder, US Army
LT CDR Scott Higbee, USCG
SFC Casey Gursley, US Army
LT COL Andrew Hoffman, USAF
PFC John Vincent, USMC
SGT Mathew Mashburn, USMC
A1C Jacob Bean, USAF
1 LT Nikolas Karaffa, US Army
SGT Nelson Fitzsimmons, US Army
E4 Jacob Townsend, US Navy

Please remember in your prayers those who have died, especially:
Barbara Crowley, Bernice Ledray
Archbp. Alexander Brunett,
Syl Therrien, Roman Wazny,
Jerry Main, Cliff Adams,
Mary Montag, Arlene McClelland,
Carol Weibe, Constance Barnard,
Richard Sullivan, Pat Warren,
Pat Duarte, Meagan Meagher,
Corinne O’Brien, Finn Blaylock,
Rosemary Dahlquist,
Fr. Raymond Heffernan,
Moyna Guinn, and Dale Boudreau.

Memorial candle burns for:
Barb Haddad
2/9-2/15

Please consider supporting the vendors listed on the back of the bulletin. Their advertising allows us to print the cover page free of charge.
Sacred Heart Parish is pleased to announce a new way of communicating with parishioners, available beginning February 23rd. Flocknote is a handy phone and desktop app for communicating between ministries, parish events, schedule changes -- and even amazing small group content. Get ready to be connected on February 23rd!

O Jesus and Mary, let my entire consolation in this world be to love you and to suffer for sinners.
—St. Bernadette Soubirous

Did you see the movie Unplanned? It is the story of Abby Johnson and how her abortion facility closed due to 40 Days for Life prayers. A 40 Days for Life campaign will happen this Lent in Bellingham! It will begin with a vigil at Planned Parenthood in Bellingham on Mon., Feb. 24 at 7 pm. Bring a light or candle. For more information and to sign up, go to 40daysforlife.com or call Michelle Lindsey, 360-510-3073.

Please visit the school’s Open House this Sun., Feb. 9 from 2-4 pm! Current school families are invited to bring a friend. Children will participate in a scavenger hunt to find answers to questions around the school. Bring a plate of cookies to share (current families only) and have one of them judged in our first annual Cookie Contest. Prizes will be given for the winners and children can enter a raffle for a $25 Amazon gift card. New family applications are being accepted now, and we will know after March 1st (after current families have re-enrolled) how many spaces are available in each grade. Preschool applications are being accepted through rolling admissions. Applications and tuition information are available online at school.assumption.org.

ASSUMPTION EVENTS

Protecting God’s Children: This is an in-class, 3-hour training for new volunteers and employees. It is designed to teach participants how to keep our ministries, programs, and schools safe. Any volunteers who have previously taken the Called To Protect for Ministries training DO NOT need to take this class. It is required for new employees and volunteers with ongoing unsupervised contact with minors or vulnerable adults. It will be Sat., Mar. 14, 9 am in the school library. Register online at www.virtusonline.org.

I AM LOVE: Frederick Mbalot, PA for Music and Liturgy, will conduct a concert with the Bellingham Chamber Chorale on Sat., Mar. 14 at 7:30 pm and Sun., Mar. 15 at 5 pm at the Church of the Assumption. Tickets are available online at bellinghamchamberchorale.org. Prices are $20 for general admission and $10 for students. The program is based on the theme of love and consists of mostly sacred and some secular choral music. Pianist is Rachel Roulet.

Social Justice Corner

February 8, the feast day of St. Josephine Bakhita, is designated by the Church as an annual “day of prayer and awareness against human trafficking.” Josephine was declared a saint in 2000 and is considered the patron of human trafficking victims. As a child, she was kidnapped and sold into slavery in Sudan and Italy. Once freed, she became a Canossian nun and dedicated her life to sharing her testament of deliverance from slavery and comforting the poor and suffering. At her canonization in 2000, St. John Paul II said, “The history of her life inspires ... the firm resolve to work effectively to free girls and women from oppression and violence.”

Although we may think of slavery as a thing of the past, it unfortunately continues today in the form of human trafficking. Today there are an estimated 25 million victims of labor or sex trafficking worldwide. Defined as the illegal movement of people, it is a serious violation of human rights and is a focus of the peace and justice work of the Church. Vatican Council II stated, "slavery, prostitution, the selling of women and children, and disgraceful working conditions where people are treated as mere tools for profits rather than free and responsible persons are infamies and a supreme dishonor to the creator." Pope Francis declared, “Human trafficking is a crime against humanity.”

Based in Seattle, the Intercommunity Peace and Justice Center is dedicated to eradicating trafficking. They are involved in various anti-trafficking coalitions, provide educational resources and presentations, and are active in legislative advocacy. Learn more at the IPJC website, www.ipjc.org.

—Carol Gavareski