

Confirmation Preparation Explained

Year 1 Sacramental Prep:

In their first year of preparation for the Sacrament of Confirmation, students will continue to participate in the Domestic Church model through Our Lady of the Lake's Explore 4 program. Students will complete 2-3 Explore 4 activities each month, ensuring that one of those is a service credit each month. They need 16 credits for the year. Credit is earned for these activities by completing and submitting the Explore 4 Reflection Form found on the parish website. The reflection should reveal the students understanding of how their activity relates to life in the Church, and where possible, where it relates to that month's Explore 4 Theme. New ideas will be sent out in the first Friday Flock Note of each month. In addition to Explore 4, student will come together via Zoom once a month for a time of community, faith formation, and processing. They will hear a talk on that months Explore 4 topic as it relates to Confirmation, and then split in to small groups to dive deeper and unpack their questions and thoughts alongside peers. If they are unable to attend the live Zoom meeting, a link to that months talk will be sent out, and a one page reflection must be turned in by the following months Zoom meeting. In their first year of Confirmation preparation, they will also need to choose and complete their Sponsor Confirmation Interview Form and write their Saint Biography, which will be discussed as we approach those due dates.

Year 2 Sacramental Prep:

In their second year of preparation for the Sacrament of Confirmation, students will continue to participate in the Domestic Church model through Our Lady of the Lake's Explore 4 program. Students will complete 2-3 Explore 4 activities each month, ensuring that one of those is a service credit each month. They need 16 credits for the year. Credit is earned for these activities by completing and submitting the Explore 4 Reflection Form found on the parish website. The reflection should reveal the students understanding of how their activity relates to life in the Church, and where possible, where it relates to that month's Explore 4 Theme. New ideas will be sent out in the first Friday Flock Note of each month. In addition to Explore 4, student will come together via Zoom once a month for a time of community, faith formation, and processing. They will hear a talk on that months Explore 4 topic as it relates to Confirmation, and then split in to small groups to dive deeper and unpack their questions and thoughts alongside peers. If they are unable to attend the live Zoom meeting, a link to that months talk will be sent out, and a one page reflection must be turned in by the following months Zoom meeting. In their second year of Confirmation preparation, they will also participate in an interview with Fr. Sean Martin, write a letter of Intention to the Bishop, and attend a weekend long retreat.

High School Students Preparing for Confirmation

High school students preparing for Confirmation will attend and complete the same requirements stated above. However, they will be placed in their own small group, so that they are having age appropriate discussion with other students their age. In addition to Explore 4 and the monthly Confirmation Zoom Nights, all high school students will be added to the Youth Group Flock Note. They are highly encouraged to attend our weekly Youth Nights as this will be an enriching place of continued formation and community. High school students who attend Youth Nights at least 3 times a month may count that as a social credit for Explore 4, writing a reflection and submitting it for credit. If you feel your student would benefit from attending RCIA instead of this program, please contact me to discuss your families particular needs and options.