


# ST. MARY'S CATHOLIC SCHOOL

## AUGUST 2019

LUNCH PRICES PRE-K \$2.85 K-8TH \$3.10 Extra Entrée \$1.50

\*= Baked WG=Whole Grain Ingredients

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12	13	14	15	16
			<p><b>HOT LUNCH</b></p> <p><u>WELCOME BACK SPECIAL</u></p> <p>Golden Ruler Sandwich (Grilled Cheese)</p> <p>Pencil Potatoes (Fries)</p> <p>Assorted Crayons (Veggie Sticks)</p> <p>Back to School Surprise Dessert</p> <p>Meeting New Friends Milk</p> <p><u>ALTERNATE</u></p> <p>Hot Dog</p> <p><u>SALAD OF THE DAY</u></p> <p>Cobb Salad</p>	<p><b>HOT LUNCH</b></p> <p>*Toasted Ravioli</p> <p>Green Beans</p> <p>Fresh Fruit/Seasonal</p> <p>*Cookie</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Chicken Nuggets</p> <p><u>SALAD OF THE DAY</u></p> <p>St. Louis Hill Salad</p>
			<p><b>HOT LUNCH</b></p> <p><u>PASTA DAY</u></p> <p>Spaghetti with Meat Sauce</p> <p>Green Beans</p> <p>Fresh Fruit/Seasonal</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Bosco Breadstick</p> <p><u>SALAD OF THE DAY</u></p> <p>Farm Salad</p>	<p><b>HOT LUNCH</b></p> <p>Nachos and Cheese, WG</p> <p>Lettuce &amp; Tomatoes</p> <p>Fresh Fruit/Seasonal</p> <p>Churro</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Chicken Taco</p> <p><u>SALAD OF THE DAY</u></p> <p>Taco Salad</p>
<p><b>HOT LUNCH</b></p> <p>Mini Corn Dogs with Ketchup</p> <p>Tossed Salad with Lite Ranch</p> <p>Fresh Fruit/Seasonal</p> <p>Cookie</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Meatball Sub</p> <p><u>SALAD OF THE DAY</u></p> <p>Country Salad</p>	<p><b>HOT LUNCH</b></p> <p>Buttered Noodles</p> <p>Cucumber &amp; Tomato Salad</p> <p>Cheese Cubes</p> <p>Fresh Fruit/Seasonal</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Bowtie Pasta Primavera</p> <p><u>SALAD OF THE DAY</u></p> <p>Taco Salad</p>	<p><b>HOT LUNCH</b></p> <p>Pancake Bites</p> <p>Triangle Hash Brown</p> <p>Fresh Fruit/Seasonal</p> <p>Yogurt</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Ham &amp; Cheese Bagel</p> <p><u>SALAD OF THE DAY</u></p> <p>Farm Salad</p>	<p><b>HOT LUNCH</b></p> <p>Chicken Alfredo</p> <p>Lettuce &amp; Carrot Salad</p> <p>Lite Italian Dressing</p> <p>Fresh Fruit/Seasonal</p> <p>*Garlic Breadstick</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Mac &amp; Cheese</p> <p><u>SALAD OF THE DAY</u></p> <p>Chef Salad</p>	<p><b>HOT LUNCH</b></p> <p>*Chicken Patty Sandwich WG</p> <p>*French Fries/Ketchup</p> <p>Fresh Fruit/Seasonal</p> <p>Milk, Fat Free</p> <p><u>ALTERNATE</u></p> <p>Grilled Cheese</p> <p><u>SALAD OF THE DAY</u></p> <p>Spinach Salad</p>

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